



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



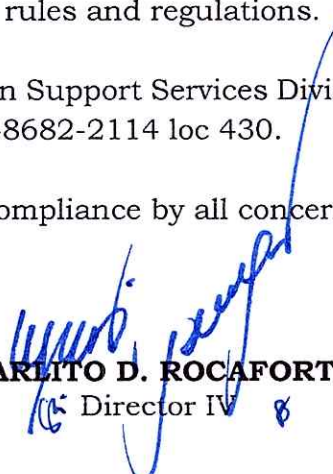
13 July 2026

Regional Memorandum
No. 467 s. 2026

**CALABARZON NUTRITION FORUM FOR
SCHOOL NUTRITION FOCALS**

To **Schools Division Superintendents**

1. In reference to the communication from the National Nutrition Council (NNC) – CALABARZON dated July 8, 2026, this Office through the Education Support Services Division (ESSD) hereby announces the conduct of the CALABARZON Nutrition Forum for Nutrition Focals on July 16, 2026, at St. Giles Hotel, Makati City.
2. The activity aims to convene sixty (60) School Nutrition Focals from the twenty-five (25) Schools Division Offices (SDOs) and City Nutrition Action Officers across CALABARZON to increase the knowledge and awareness of the Philippine Plan of Action for Nutrition (PPAN).
3. The list of expected participants from the Regional Office are five (5) selected ESSD Personnel while from the Schools Division Offices (SDOs) are the twenty-five (25) Medical Officers. Identified participants are required to register via <https://tinyurl.com/CALABARZONNutritionForum>.
4. Travel and related expenses for this activity shall be charged to local funds, subject to usual accounting and auditing rules and regulations.
5. For inquiries, please contact the Education Support Services Division through essd.calabarzon@deped.gov.ph or call 02-8682-2114 loc 430.
6. For immediate dissemination and strict compliance by all concerned.


CARLITO D. ROCAFORT
Director IV

03/ROE8/ROEANE



Address: Gate 2, Karangalan Village, Cainta, Rizal
Tel. No.: 02-8682-2114
Email Address: region4a@deped.gov.ph
Website: depedcalabarzon.ph



Certificate No. PHP QMS
22 93 0085



08 July 2026

DIRECTOR CARLITO D. ROCAFORT, CESO V
Regional Director and Member, Regional Nutrition Committee
Department of Education Calabarzon
Karangalan Village, Cainta, Rizal

Dear **Director Rocafort**:

Greetings from the National Nutrition Council (NNC) - CALABARZON!

We are pleased to inform you of the upcoming **Calabarzon Nutrition Forum for School Nutrition Focals** scheduled on **16 July 2026, Thursday, from 8:00 AM to 5:00 PM** at **St. Giles Hotel, Makati City**. This is in collaboration with the Communicators' Network for Nutrition in Region IV-A (CNN-4A), the regional media arm of the NNC CALABARZON and is composed of provincial and city information officers, along with media practitioners from across the region.

The forum aims to convene **60 School Nutrition Focals from the 25 Schools Division Offices (SDOs) and Provincial and City Nutrition Action Officers** from across Calabarzon. Its objective is to increase the knowledge and awareness among school nutrition focals on the Philippine Plan of Action for Nutrition (PPAN) programs that should be implemented targeting the school children such as School-Based Feeding Program (SBFP), Weekly Iron-Folic Acid Supplementation (WIFA) for female adolescent learners, Gulayan sa Paaralan Project (GPP), WASH in Schools Program (WinS) as well as nutrition education activities to promote good nutrition and prevent and manage overweight and obesity. Among the highlights of the forum will be in-depth discussion on the PPAN 2023–2028 and the Calabarzon Regional Plan of Action for Nutrition (RPAN) 2024–2028. In addition, a Planning Workshop will be conducted to address common issues or challenges encountered and improve the implementation of the abovementioned DepEd-led PPAN interventions.

In this regard, may we be honored by your presence and invite you, as a member of the Regional Nutrition Committee (RNC) to deliver an Inspirational Message during this significant event. Should you be unavailable, we respectfully request for a recorded message instead.

Moreover, we seek your support and assistance in inviting **all Medical Officers III from the 25 SDOs** to attend the forum. In addition, may we request the attendance and participation of the following regional personnel and serve as Resource Persons, namely:

1. Mr. Elino S. Garcia - Education Support Services Division
2. Dr. Pearl Oliveth S. Intia - Medical Officer IV
3. Dr. Ma. Teresita G. Carpio - Dentist III
4. Ms. Johnalen Aira S. Soberano - Nutritionist-Dietitian II
5. Ms. Angeline Ebajo - Technical Assistant I

"Nutrisyong sapat para sa lahat!"

Telephone: (63-2) 8367-4665				Facebook: www.facebook.com/NNCRegion4A	
Website: www.nnc.gov.ph/regional-offices/luzon/region-iv-a-calabarzon				Email: calabarzon@nnc.gov.ph	
Telefax: OED: (63-2) 8843-5818 DED: 8818-7398 • 8892-4271 AD: 8816-4239 CASHIER: 8843-5834					
FMD: (632) 8843-5856 NPPD: 8843-1337 NSD: 8843-5824 NIED: 8843-0142					
www.nnc.gov.ph	info@nnc.gov.ph	www.facebook.com/nncofficial	www.youtube.com/NationalNutritionCouncilOfficialPhilippines	www.twitter.com/nncofficialph	





Attached is the Programme for your information and reference. We kindly request your delegates' confirmation of attendance on or before 14 July 2026 through this confirmation slip:
https://bit.ly/Confirm_2026NutritionForum

Our staff, Ms. Theresa A. Rivas will coordinate closely with your office regarding this matter. For any concerns or clarifications, please feel free to reach us at (02) 8367-4465 or via email at calabarzon@nnc.gov.ph.

Thank you very much for your continued commitment and initiatives toward ensuring *Nutrisyong Sapat Para sa Lahat!*

Very truly yours,

LOURDES BULANTE-ORONGAN, RND, MDM
Regional Nutrition Program Coordinator
National Nutrition Council Calabarzon

"Nutrisyong sapat para sa lahat!"

Telephone: (63-2) 8367-4665 Facebook: www.facebook.com/NNCRegion4A

Website: www.nnc.gov.ph/regional-offices/luzon/region-iv-a-calabarzon Email: calabarzon@nnc.gov.ph

Telefax: OED: (63-2) 8843-5818 DED: 8818-7398 • 8892-4271 AD: 8816-4239 CASHIER: 8843-5834

FMD: (632) 8843-5856 NPPD: 8843-1337 NSD: 8843-5824 NIED: 8843-0142

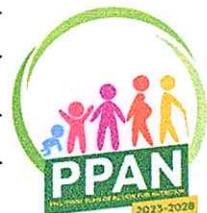
www.nnc.gov.ph info@nnc.gov.ph

www.facebook.com/First1000DaysPH

www.facebook.com/nncofficial

www.twitter.com/nncofficialph

www.youtube.com/NationalNutritionCouncilOfficialPhilippines





Calabarzon Nutrition Forum for School Nutrition Focals

16 July 2026 | 8:00 AM - 5:00 PM | St. Giles Makati Hotel, Makati City

Time	Activity	Person-in-Charge
8:00 AM	Registration	National Nutrition Council (NNC) CALABARZON Secretariat
8:30	I. Opening Preliminaries 1. Prayer 2. Philippine National Anthem 3. NNC Hymn 4. Acknowledgement of Guests and Participants	
9:00	Opening Remarks and Overview of the Nutrition Forum	
9:20	Inspirational Message	
	II. Technical Sessions	
9:40	Session 1: The Philippine Plan of Action for Nutrition (PPAN) 2023-2028 and Calabarzon Regional Plan of Action for Nutrition (RPAN) 2024-2028	Ms. Theresa A. Rivas, RND, MPH Nutrition Officer III NNC CALABARZON
10:10	Session 2: Nutrition Situation of School Children in Calabarzon Over the Years	Ms. Johnalen Aira S. Soberano Nutritionist-Dietitian II DepEd CALABARZON
10:30	Session 3: Weekly Iron Folic Acid (WIFA) Supplementation Program: Guidelines, implementation Updates, Monitoring and Compliance	Dr. Pearl Oliveth S. Intia Medical Officer IV DepEd CALABARZON
10:50	Session 4: School-Based Feeding Program (SBFP): Implementation Updates, Roles of School Focals, Documentation and Best Practices	ND II Ms. Johnalen Aira S. Soberano
11:10	Session 5: Nutrition Assessment: Height and Weight Measurement, Nutritional Status Classification, Data Recording and Reporting	Dr. Ma. Teresita G. Carpio Dentist III DepEd CALABARZON
11:30	Session 6: Gulayan sa Paaralan Program (GPP): Strengthening School Gardens to Support Nutrition and Feeding Programs	ND II Ms. Johnalen Aira S. Soberano
11:50	Open Forum	
12:00 NN	Lunch	
1:00 PM	Session 7: WinS (Water, Sanitation, and Hygiene in Schools): Promoting Healthy Environments to Improve Nutrition Outcomes	MO IV Dr. Pearl Oliveth S. Intia
1:20	Session 8: Nutrition Education: Integrating Healthy Eating, Nutrition Promotion, and Behavior Change Activities in Schools	ND II Ms. Johnalen Aira S. Soberano
1:40	Open Forum	



Time	Activity	Person-in-Charge
	III. Workshop	
2:00	Mechanics of the Planning Workshop	Ms. Kyla C. Guarda, RND Nutrition Officer II NNC CALABARZON
2:30	Workshop Proper: Identifying Implementation Challenges and Formulation of Action Plans for Strengthening Implementation of WIFA, SBFP, Nutrition Assessment, GPP, WinS, and Nutrition Education Breakout Sessions	SDOs and LGUs
3:30	Presentation of Workshop Outputs	Select Participants
4:00	Pledge of Commitment	
4:30	Synthesis and Ways Forward	Ms. Anne Nicole S. Gonzales, RND Project Development Officer I NNC CALABARZON

Master of Ceremony

*Communicators' Nutrition for Nutrition
in Region IV-A*