

Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



16 June 2026

Regional Memorandum
No.393 s.2026

**RACE AGAINST SUICIDE: A GATEKEEPERS' TRAINING FOR
SUICIDE PREVENTION IN SCHOOLS AND COMMUNITIES**

To: **Schools Division Superintendents**
All Others Concerned

1. The Department of Education Regional Office IV-A CALABARZON, through the Education Support Services Division-School Health Section, disseminates this invitation from the Department of Health-Center for Health Development CALABARZON to participate the RACE Against Suicide: A Gatekeepers' Training for Suicide Prevention in Schools and Communities, on June 22-24, 2026, at Richmonde Hotel Ortigas, San Miguel Ave, Ortigas Center, Pasig.
2. The training aims to equip local leaders, gatekeepers, and other stakeholders with the knowledge and skills necessary to identify warning signs, intervene effectively, and ensure timely access to life-saving care. It further seeks to promote resilient and safe environments within schools and communities, reinforcing the foundations of mental well-being across CALABARZON.
3. The invited participants are one (1) Medical Officer or School Mental Health Coordinator, and one (1) School-Based Registered Guidance Counselor from the Regional Office and each of the 25 Schools Division Offices. Refer to Annex A.
4. Travel and other related expenses of participants shall be charged against local funds, subject to existing government accounting and auditing rules and regulations, while board and lodging expenses shall be shouldered by the Department of Health-Center for Health Development CALABARZON.
5. For concerns and inquiries, you may coordinate with Elino S. Garcia, Chief Education Supervisor of ESSD, or Dr. Pearl Oliveth S. Intia, Medical Officer IV of ESSD-SHN, at the following email addresses: essd.calabarzon@deped.gov.ph. or pearl.intia@deped.gov.ph.
6. Immediate dissemination of and strict compliance with this Memorandum is desired.


CARLITO D. ROCAFORT
Director IV

03/ROE3/ROE/NPF



Address: Gate 2, Karangalan Village, Cainta, Rizal
Telephone No.: 02-8682-2114
Email Address: region4a@deped.gov.ph
Website: depedcalabarzon.ph



Certificate No. PHP QMS
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ANNEX A. LIST OF INVITED PARTICIPANTS TO PARTICIPATE IN THE RACE AGAINST SUICIDE: A GATEKEEPERS' TRAINING FOR SUICIDE PREVENTION IN SCHOOLS AND COMMUNITIES

	Name	Office	Designation
1.	Pearl Oliveth S. Intia, MD	Regional Office	Medical Officer IV
2.	Dianne C. Pomida	Regional Office	Technical Assistant II - SHP
3.	Arian Marie B. Soriano	SDO Antipolo City	Nurse II/SMHP Focal Person
4.	Annaliza A. Magsanoc	SDO Antipolo City	Guidance Counselor II
5.	Junie Mar B. Cariño, RN	SDO Bacoar City	Nurse II/SMHP Focal Person
6.	Johanna D. Dela Cruz	SDO Bacoar City	Guidance Counselor III
7.	Iren C. Soriano	SDO Batangas City	Nurse II/SMHP Focal Person
8.	Sheena Wella G. Arguelles	SDO Batangas City	Guidance Coordinator III
9.	Rodelio M. Alvarez, RN, MAN	SDO Batangas	Nurse II/SMHP Focal Person
10.	Angelou M. Cordero, RGC, RPm	SDO Batangas	Guidance Counselor II
11.	Marivic S. Villanueva, MD	SDO Biñan City	Medical Officer III
12.	Sharmaine Kayle N. Añonuevo	SDO Biñan City	Nurse II/SMHP Coordinator
13.	Elaine Lindsay C. Feliciano, RN, MD	SDO Cabuyao City	Medical Officer III
14.	Gilbert C. Bagsic, PhD, RN	SDO Cabuyao City	NurseII/SMHP Focal Person
15.	Marivic G. Garibay, RMT, MD	SDO Calaca City	Medical Officer III
16.	Mark Anthony M. Caag, RN	SDO Calaca City	Nurse II
17.	Jaztine T. Caraos, MD	SDO Calamba City	Medical Officer III
18.	Arlene L. Miranda, RN	SDO Calamba City	Nurse II/SMHP Focal Person
19.	Lina Lorraine S. Levardo-Waniwan, MD	SDO Carmona City	Medical Officer III
20.	Erika Mae P. Hipolito, RN	SDO Carmona City	Nurse II
21.	Jan Michael N. Dolorfino	SDO Cavite City	Nurse II/SMHP Focal Person
22.	Kristina Rose G. Carlos	SDO Cavite City	RGC, RPm, CMHT Guidance Coordinator III
23.	Abbie Grace M. Olea, MD	SDO Cavite	Medical Officer III
24.	Rio G. Gan	SDO Cavite	Guidance Coordinator III
25.	Victor Roman S. Peji, RN	SDO Dasmariñas City	Nurse II
26.	Ma. Remedios C. Dela Cruz	SDO Dasmariñas City	Nurse II
27.	Cristina L. Dimag, RN	SDO General Trias City	Nurse II/SMHP Co-Coordinator

28.	Melanie P. Cruz	SDO General Trias City	RGC
29.	Mark Leonard S. Aguitez	SDO Imus City	Nurse II/SMHP Focal Person
30.	Aleen C. Gara	SDO Imus City	Guidance Counselor I
31.	Ana Teresa C Gatbonton,RN	SDO Laguna	Nurse II/SMHP Focal Person
32.	Abigail O. Viar	SDO Laguna	Guidance Counselor II
33.	Perla Vicenta M. De Castro	SDO Lipa City	Medical Officer III
34.	Clara Catherine Alcain	SDO Lipa City	Nurse II/SMHP Focal Person
35.	Janel A. Romasanta	SDO Lucena City	Medical Officer III
36.	Angelica Nullan	SDO Lucena City	RGC
37.	Katrina Thea C. Reyes	SDO Quezon	Nurse II/SMHP Focal Person
38.	Ansherina F. Dollesin, RGC	SDO Quezon	RGC
39.	Loisa Andrea C. Balane, RN	SDO Rizal	Nurse II
40.	Ma. Christal Joy B. Flores, RGC	SDO Rizal	Guidance Counselor II
41.	Alquin B. Panergayo, RN	SDO San Pablo City	Nurse II
42.	Najie M. Ubaña, RGC	SDO San Pablo City	Guidance Counselor II
43.	Mary Vianney R. Zapa, MD	SDO San Pedro City	Medical Officer III
44.	Cynthia M. Marca, RGC	SDO San Pedro City	RGC
45.	Kathleen Grace N. Maniago, MD	SDO Santa Rosa City	Medical Officer III
46.	Jesulita A. de la Cruz, RGC, LPT	SDO Santa Rosa City	Guidance Counselor II
47.	Marianne H. Alcober, MD	SDO Santo Tomas City	Medical Officer III
48.	Gladys C. Maligaya, RN MAN	SDO Santo Tomas City	Nurse II
49.	Dexter V. Vierendeza	SDO Tanauan City	Medical Officer III
50.	Katrina Celine T. Obligar, RGC	SDO Tanauan City	Guidance Counselor II
51.	Alelie A. Padillo	SDO Tayabas City	Nurse II/SMHP Focal Person
52.	Marinessa Villamater	SDO Tayabas City	RGC



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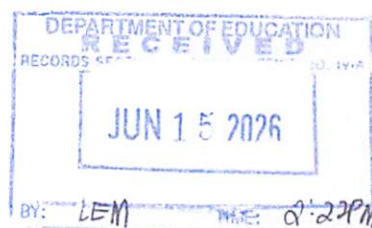


June 9, 2026

DR. CARLITO D. ROCAFORT, CESO III
Regional Director
Department of Education Region IV-A CALABARZON

Dear **Director Rocafort**:

Greetings of good health!



The Department of Health Center for Health Development IV-CALABARZON, through its Mental Health Program, is honored to invite your agency to participate in the **RACE Against Suicide: A Gatekeepers' Training for Suicide Prevention in Schools and Communities**, on **June 22 - 24, 2026**, at **Richmonde Hotel Ortigas, San Miguel Ave, Ortigas Center, Pasig**. The rising tide of suicide cases in the aftermath of the COVID-19 pandemic presents a critical public health challenge that demands immediate and decisive action.

Suicide remains a leading cause of death nationwide, exposing gaps in awareness, early detection, and accessible mental health support. Many vulnerable individuals continue to suffer in silence, hindered by stigma, limited services, and an insufficient number of trained responders.

This training is a vital opportunity to equip local leaders, gatekeepers, and other stakeholders with the knowledge and skills necessary to identify warning signs, intervene effectively, and ensure timely access to life-saving care. It advances our shared commitment to fostering resilient and safe environments within schools and communities, reinforcing the foundations of mental well-being across CALABARZON.

In view of this, we respectfully invite **Dr. Pearl Oliveth S. Intia** and **Fifty-two (52)** DepEd Personnel including **Medical Officers, Mental Health Focal, and Registered Guidance Counselors** from different School Division Offices to participate in this training. Their participation and commitment are essential in strengthening school-based mental health promotion, suicide prevention, early identification of at-risk learners, and timely referral mechanisms, thereby contributing to the creation of safe, supportive, and mentally healthy learning environments.



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Participants shall be entitled to board and lodging chargeable against the DPC-HPSD-NCD Mental Health Program, subject to the usual accounting and auditing rules and regulations. Travel expenses of participants shall be charged against their respective sending agencies, subject to the availability of funds and existing government accounting and auditing rules and regulations.

For further information or assistance, please contact the **Mental Health Program Secretariat** at **0976-239-3183** or email mentalhealth4acalabarzon@gmail.com. Together, let us stand united in safeguarding the lives and futures of our communities.

Sincerely,

VOLTAIRE S. GUADALUPE, MD, MPH, MAHPS
Director IV