



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



ESSD-RM-2026-251

13 April 2026

Regional Memorandum
No. 251 s. 2026

CONDUCT OF CALABARZON REGIONAL CASCADE FOR SCHOOL HEALTH PERSONNEL

To **Schools Division Superintendents**

1. The Department of Education Regional Office, through the Education Support Services Division-School Health Section, will conduct a series of CALABARZON Regional Cascade for School Health Personnel at 2:00 pm through this link <https://tinyurl.com/CALABARZON-REGIONAL-CASCADE>.
2. This activity aims to ensure timely updates, address issues, and provide an avenue for clarifications.
3. Participants are the School Health Personnel from the 25 Schools Division Offices, and to signify the attendance on this link <https://tinyurl.com/CALABARZON-CASCADE-ATTENDANCE>
4. For April 16, 2026, the Regional Cascade agenda are as follows;
 - a. re-echo of BLSS-SHD Cascade;
 - b. discuss updates on:
 1. Submission of Annual Accomplishment data reports on School Health-Related Programs, Projects, and Activities for SY 2025-2026;
 2. Learner's Support Center Mapping;
 3. Oplan Kalusugan sa DepEd programs, i.e., Medical, Dental, and Nursing Services and School-Based Feeding Program;
 - c. presentation of Mental Health Referral System of SDO Batangas, Rizal, and Cavite Province;
 - d. schedule of CALABARZON Regional Cascade to School Health Personnel.
5. Enclosure A is the schedule of the Regional Cascades relative to OM-OUGOPS-2025-04-07938¹. A separate addendum will be issued for the Regional Cascades agenda.
6. For concerns and inquiries, kindly contact Eduarda M. Zapanta, ESSD Chief Education Supervisor, or Dr. Pearl Oliveth S. Intia, Medical Officer IV of ESSD-SHN, at the email address essd.calabarzon@deped.gov.ph or pearl.intia@deped.gov.ph
7. Immediate dissemination and strict compliance of this Memorandum is desired.


CARLITO D. ROCAORT
Director IV

¹ Schedules and Participation in BLSS Online Cascade Sessions for FY 2026 03/ROE3/DCP



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Enclosure A. DATES FOR SERIES OF CALABARZON REGIONAL CASCADE FOR SCHOOL HEALTH PERSONNEL RELATIVE TO SCHEDULE OF BLSS ONLINE CASCADE.

| Dates of BLSS Online Cascade | Dates of Regional Cascade |
|--|--|
| January 13, 2026 | - |
| January 27, 2026 | - |
| February 10, 2026 | February 20, 2026 (CONDUCTED) |
| February 24, 2026 (Not conducted) | |
| March 10, 2026 | April 16, 2026 |
| March 24, 2026 | |
| April 7, 2026 (Not conducted) | |
| April 21, 2026 | May 14, 2026 |
| May 5, 2026 | |
| May 19, 2026 | June 10, 2026 |
| June 2, 2026 | |
| June 16, 2026 | July 9, 2026 |
| June 30, 2026 | |
| July 14, 2026 | August 6, 2026 |
| July 28, 2026 | |
| August 11, 2026 | September 3, 2026 |
| August 25, 2026 | |
| September 8, 2026 | October 1, 2026 |
| September 22, 2026 | |
| October 6, 2026 | October 29, 2026 |
| October 20, 2026 | |
| November 3, 2026 | November 26, 2026 |
| November 17, 2026 | |
| December 1, 2026 | - |
| December 15, 2026 | |
| December 29, 2026 | |

Annex A. Program Matrix of CALABARZON REGIONAL CASCADE FOR SCHOOL HEALTH PERSONNEL
on April 16, 2026, at 2:00 PM

| Time | Activity | Responsible Person |
|---|---|---|
| 1:45 PM | Virtual link opens | Dianne C. Pomida Technical Assistant II – SHP SHS- ESSD |
| 2:00 to 2:10 PM | <ul style="list-style-type: none"> • Preliminaries Opening Prayer • Attendance Check per SDO and RO • Photo Opportunity • Approval of Proposed Agenda | |
| 2:00 to 2:10 PM | Opening Remarks | Pearl Oliveth S. Intia Medical Officer IV, SHS-ESSD |
| 2:10 to 2:30 PM | <ul style="list-style-type: none"> • RE-ECHO of 2nd BLSS Cascade • Updates on Submission of Annual Accomplishment data Reports on School Health-Related Programs for SY 2025-2026 | Nesmel Anne P. Fabian Technical Assistant I- SHP SHS-ESSD |
| 2:30 to 2:40 PM | Updates on Learner’s Support Center Mapping | Dianne C. Pomida Technical Assistant II – SHP SHS-ESSD |
| 2:40 to 2:50 PM | <ul style="list-style-type: none"> • Wash-In-Schools Recognition Award and Seal of Excellence Nominees Submission • Updates on School-based Deworming and Immunization | Pearl Oliveth S. Intia Medical Officer IV, SHS-ESSD |
| 2:50 to 3:00 PM | Updates on Dental Services | Ma. Teresita G. Carpio, DMD Dentist III – SHS- ESSD |
| 3:00 to 3:10 PM | Updates on School-Based Feeding Program | Johnalen Aira S. Soberano Nutritionist-Dietitian II, SHS-ESSD |
| 3:10 to 3:40 PM | Presentation of Mental Health Referral System by Selected SDOs: <ul style="list-style-type: none"> • SDO Batangas • SDO Cavite • SDO Rizal | SDO Batangas SDO Cavite SDO Rizal |
| 3:40 to 3:50 PM | Open Forum Key Agreements and Synthesis | Nesmel Anne P. Fabian Technical Assistant I- SHP SHS-ESSD |
| 3:50 to 4:00 PM | Closing Remarks | Eduarda M. Zapanta Chief, ESSD |
| 4:00 PM | Closing Prayer | Mica Zoleta Technical Assistant I- SHP SDO Quezon |
| Dianne C. Pomida Technical Assistant II - SHP Emcee | | |
| Mica Zoleta Technical Assistant I -Documentation | | |