



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



ESSD-RM-2026-182

05 March 2026

Regional Memorandum

No. 182, s. 2026

ANNOUNCEMENT ON THE IMPLEMENTATION OF WINDOW HOURS FOR THE CONDUCT OF RAAM 2026 DUE TO HIGH HEAT INDEX

To: **Schools Division Superintendents**

1. In reference to Regional Memorandum No. 42, s. 2026 and Regional Memorandum No. 126, s. 2026, this Office, through the Education Support Services Division, announces the implementation of Window Hours during the conduct of the 2026 Regional Athletic Association Meet (RAAM) as a precautionary measure in response to the expected high heat index.
2. In view of the expected high heat index during the conduct of 2026 RAAM, all Tournament Directors are hereby reminded that no games or competitions shall be scheduled in the outdoor playing venues from 11:00 A.M. to 2:00 P.M. from March 7-14, 2026.
3. This measure aims to safeguard the health, safety, and well-being of athletes, coaches, technical officials, and other personnel participating in the said event.
4. Furthermore, all delegations are advised to implement precautionary measures by ensuring adequate hydration for athletes, coaches, technical officials, and other personnel participating in the said event and ensure the availability of medical personnel and first aid services in all competition venues.
5. For inquiry, kindly contact Dr. Eduarda M. Zapanta, Chief Education Supervisor, or Dr. Ramil G. Ginete, Regional Sports Officer/Project Development IV at essd.calabarzon@deped.gov.ph.
6. Immediate dissemination and strict compliance with this Memorandum is highly expected.


ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

03/ROE/LCS



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