



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON

02 February 2026

Regional Memorandum
No. 83 s. 2026

**ARAL SERIES: SOCIAL-EMOTIONAL LEARNING FOR
REMEDICATION**

To: **Schools Division Superintendents**

1. This Office, through the Human Resource Development Division–National Educators Academy of the Philippines in the Region (HRDD-NEAPR) and the Curriculum and Learning Management Division (CLMD), disseminates the details on the conduct of the **ARAL Series: Master Class on Social-Emotional Learning for Remediation**, to be conducted by **Gokongwei Brothers Foundation (GBF)** on **February 14, 21, and 28, 2026**, at **8:00 a.m.** via **Microsoft Teams**.
2. Target Participants are Key Stage 1 ARAL teachers and tutors. Registration and Pre-test can be accomplished via **bit.ly/m/gbfstemcollabcommunity**. The LAC and other downloadable materials can also be accessed from the same link.
3. Participants can earn up to **15 Continuing Professional Development (CPD) units**, subject to registration with correct information, attendance in all 3 sessions, and submission of required outputs.
4. For questions or queries, please send a message to the **GBF STEM Collab Bestie** Facebook Page: **m.me/stemcollabbestie**.
5. Immediate dissemination of this Memorandum to all concerned is instructed.


ATTY. ALBERTO T. ESCOBARTE, CESO II

 Regional Director 

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Annex A: Official Poster



National
Educators
Academy of the
Philippines



ChildFund
Philippines



ARAL Series: Master Class on
SOCIAL-EMOTIONAL
LEARNING
for REMEDIATION

FREE WEBINAR with CPD Units via MS Teams
February 14, 21, 28, 2026 | 8:00AM

- ✓ PPST ALIGNED 1, 2, 3, 6, 7
- ✓ FREE MATERIALS
- ✓ CERTIFICATES OF PARTICIPATION

February 14, 2026

Strategic SEL: Integrating the ExSELLEnT Framework for Effective Remediation
Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation

February 21, 2026

Classroom SEL: Building Positive Relationships for Remediation
Inclusive Classrooms: Designing Safe and Supportive Remedial Environments

February 28, 2026

Schoolwide SEL: Implementing Policies and Programs to Support Remediation
School & Community SEL: Extending Support for Holistic Learner Recovery



- for first 80K LPTs who:
- registered w/ correct info
 - attended all 3 sessions
 - submitted all valid outputs

GET UPDATES!

bit.ly/m/gbfstemcollabcommunity



PRC Accreditation no. PTR-2020-046-12024

Annex B: Training Matrix and Program Flow – February 14, 2026

February 14, 2026 Strategic SEL: Integrating the ExSELLEnT Framework for Effective Remediation Session Objectives:

- Explain the ExSELLEnT Framework and gain an overview of its competency domains and general competencies.
- Examine how the ExSELLEnT Framework supports and strengthens remediation.
- Reflect on how the ExSELLEnT Framework may be applied to respond to learner needs and guide learner behavior.

February 14, 2026 Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation

- Explain how SEL relates to teacher well-being and emotional readiness in remediation work.
- Examine research-based strategies that support teachers' SEL and strengthen instructional practice for learners needing remediation.
- Reflect on personal SEL strengths and growth areas to better manage the demands of remediation.

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	Registration and Pretest
9:00 AM	9:15 AM	15 minutes	Opening Program Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: Integrating the ExSELLEnT Framework for Effective Remediation
10:15 AM	10:30 AM	15 minutes	Q&A
10:30 AM	11:30 AM	60 minutes	Topic 2: Teacher SEL and Well-Being: Leading with Emotional Readiness in Remediation
11:30 AM	11:45 AM	15 minutes	Q&A
11:45 AM	12:00 PM	15 minutes	Breakout Session Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	Lunch Break
1:00 PM	5:00 PM	240 minutes	Self-paced Workshop Post Test and Output Completion

Day 1 Total Number of Learning Hours: 8 hours

Annex C: Training Matrix and Program Flow – February 21, 2026

February 21, 2026 Classroom SEL: Building Positive Relationships for Remediation Session

Objectives:

- Explain the importance of positive teacher–learner relationships in learning and remediation.
- Describe research-based SEL strategies that promote connection, trust, and engagement among learners, particularly those needing remediation.
- Reflect on current relationship-building behaviors and identify opportunities to strengthen respectful, learner-centered interactions.

February 21, 2026 Inclusive Classrooms: Designing Safe and Supportive Remedial Environments

Session Objectives:

- Explain how safe, inclusive classroom environments support the well-being and engagement of learners needing remediation.
- Describe research-based SEL strategies that strengthen the social and emotional skills of learners who require remediation.
- Reflect on their current classroom climate and identify ways to manage learning experiences and integrate SEL competencies to better support learners in remediation.

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	Registration and Pretest
9:00 AM	9:15 AM	15 minutes	Opening Program Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: Classroom SEL: Building Positive Relationships for Remediation
10:15 AM	10:30 AM	15 minutes	Q&A
10:30 AM	11:30 AM	60 minutes	Topic 2: Inclusive Classrooms: Designing Safe and Supportive Remedial Environments
11:30 AM	11:45 AM	15 minutes	Q&A
11:45 AM	12:00 PM	15 minutes	Breakout Session Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	Lunch Break
1:00 PM	5:00 PM	240 minutes	Self-paced Workshop Post Test and Output Completion

Day 2 Total Number of Learning Hours: 8 hours



Annex D: Training Matrix and Program Flow – February 28, 2026

February 28, 2026 Schoolwide SEL: Implementing Policies and Programs to Support Remediation

Session Objectives:

- Explain the role of SEL in schoolwide systems, policies, and remediation programs.
- Examine research-based approaches for designing policies and programs that promote safe, and learner-centered school climate that supports academic remediation.
- Reflect on existing school structures and identify actionable steps to strengthen SEL more deeply into schoolwide remediation efforts.

February 28, 2026 School & Community SEL: Extending Support for Holistic Learner Recovery Session Objectives:

- Explain how SEL supports remediation efforts when extended beyond the classroom into school-wide and community settings.
- Examine SEL strategies that strengthen collaboration among teachers, families, and community partners to share responsibility for learners needing remediation.
- Reflect on current school and community practices and identify opportunities to build stronger, collective support for learner growth and academic recovery.

TIME START	TIME END	DURATION	ACTIVITY
8:00 AM	9:00 AM	60 minutes	Registration and Pretest
9:00 AM	9:15 AM	15 minutes	Opening Program Teacher Engagement: STEMulator
9:15 AM	10:15 AM	60 minutes	Topic 1: Schoolwide SEL: Implementing Policies and Programs to Support Remediation
10:15 AM	10:30 AM	15 minutes	Q&A
10:30 AM	11:30 AM	60 minutes	Topic 2: School & Community SEL: Extending Support for Holistic Learner Recovery
11:30 AM	11:45 AM	15 minutes	Q&A
11:45 AM	12:00 PM	15 minutes	Breakout Session Workshop Instructions and Post Test Guidelines
12:00 PM	1:00 PM	60 minutes	Lunch Break
1:00 PM	5:00 PM	240 minutes	Self-paced Workshop Post Test and Output Completion

Day 3 Total Number of Learning Hours: 8 hours

Overall Total Number of Learning Hours: 24 hours