



Department of Education  
REGION IV-A CALABARZON



08 January 2026

**Regional Memorandum**

No. s.2026

**UNIVERSAL PREVENTION CURRICULUM (UPC) FOR  
SUBSTANCE ABUSE CALABARZON RE-ECHO  
TRAINING OF CURRICULUM 6: WORK-BASED  
PREVENTION INTERVENTIONS**

To: **Schools Division Superintendents  
All Others concerned**

1. The Department of Education Regional Office IV-A CALABARZON through the Education Support Services Division-School Health Section will conduct **Universal Prevention Curriculum (UPC) for Substance Abuse CALABARZON Re-Echo Training of Curriculum 6: Work-Based Prevention Interventions** on January 26- 30, 2026. Venue to be announced through a separate advisory.
2. This aims to:
  - a. provide an overview of the problem of drug use in the workplace;
  - b. help participants understand workplace risk and protective factors for drug use;
  - c. provide the information needed to make the business and societal case for implementing drug abuse prevention in the workplace;
  - d. provide the tools needed to identify and engage key workplace stakeholders in the implementation process;
  - e. provide guidance in the components of evidence-based drug abuse prevention practices as delineated in the United Nations Office of Drugs and Crime (UNODC) International Standards on Drug Use Prevention;
  - f. provide an overview of the steps in program implementation; and
  - g. describe the barriers to workplace prevention implementation and strategies for overcoming those barriers.
3. Participants are the Schools Division Medical Officers, National Drug Education Program Focal Person, EPS for Values, Registered Guidance Counselor/Guidance Counselor and School Head. They should have completed Course 1 (Introduction to Prevention Science) prior to this training. Participants are to register before January 15, 2026 (Thursday) via <https://bit.ly/R4A-UPC6>.



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Certificate No. PHP QMS  
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4. Participants are encouraged to wear corporate attire with agency ID and to bring a laptop to be used during the event.
5. The Program Management Team and the List of Participants, and the Indicative Program of Activities for the training are attached as Annexes respectively.
6. Travel and other related expenses of participants shall be charged to local funds, while room and board, honoraria of speakers and other related expenses shall be charged to OSEC-4A-25-03562 subject to the usual accounting and auditing rules and regulations. Sending offices are requested to augment any fund shortage.
7. For concerns and inquiries, contact Dr. Ma. Teresita G. Carpio, Dentist III of Education Support Services Division (ESSD) via email at [essd.calabarzon@deped.gov.ph](mailto:essd.calabarzon@deped.gov.ph).
8. Immediate dissemination and strict compliance of this Memorandum is desired.

  
**ATTY. ALBERTO T. ESCOBARTE, CESO II**  
Regional Director

Annex A to Universal Prevention Curriculum (UPC) for Substance Abuse Calabarzon  
 Re-Echo Training of Curriculum 6: Work-Based Prevention Interventions

**List of Project Management Team and Participants of Universal Prevention Curriculum (UPC) for Substance Abuse CALABARZON Re-Echo Training of Curriculum 6: Work-Based Prevention Interventions on January 26- 30, 2026**

<b>PROJECT MANAGEMENT TEAM</b>		
<b>NAME</b>	<b>DESIGNATION</b>	<b>FUNCTION</b>
Atty. Alberto T. Escobarte, Ceso II	Executive Head of the Program	Supervises the planning and implementation of the training
Loida N. Nidea	Assistant Executive Head	Oversees the entire program, coordinates all efforts, and focuses on actual training to ensure that the program is implements as planned
Eduarda M. Zapanta	Program Manager	Execute that the program is planned and implemented
Hereberto Jose D. Miranda	SDS Santa Rosa City	
Pearl Oliveth S. Intia, MD	Co-Chairperson Program Proponent	Program Manager: ensure that the program for the day is implemented as planned, manage the activities for the day
Ma. Teresita G. Carpio, DMD	Dentist III, Regional Office	Assistant Program Manager: assist in ensuring that the program for the day is implemented as planned, manage the activities for the day
Perla Vicenta M. De Castro, MD  Venus Manalo, RN	Medical Officer III, SDO Lipa City  Nurse II, SDO Santa Rosa City	Program Committee: Facilitates the management of learning; serves as master of ceremony making sure that all important people and details are acknowledged

		people and details are acknowledged
Jeremy Christian Innovero, RN Jhunel Saguni, RN	Nurse II, SDO Santa Rosa City Nurse II, SDO Cabuyao City	Registration Committee: attends to the record of registration and attendance
Jhunel Saguni, RN Michaela Formalejo-Zoleta, RN	Nurse II, SDO Cabuyao City Technical Assistant I SDO Quezon	Documentation Committee: Take note of the important details, prepare documentation and accomplishment report
Jeremy Christian Innovero, RN	Nurse II, SDO Santa Rosa City	Responsible for monitoring the digital presentation for each training module.
Mavic Pedrialva Nesmel N. Fabian	ADA III, RO Technical Assistant I RO, SHN	Responsible for preparing certificates of attendance and participation, handling contracts, sending invitations, and managing other documents needed for the training.
Luz E. Osmeña	Quality Assurance Division	Prepares, provides, consolidates and reports QAME results
Ma. Teresita G. Carpio, DMD Perla Vicenta M. De Castro, MD Venus Manalo, RN Jeremy Christian Innovero, RN Jhunel Saguni, RN	School Health and Nutrition Personnel	Medical First Aider
Bishop Little Jones B. Espeleta	Global Master Trainer on Universal Prevention Course Colombo Plan	Resource Speaker

<b>PARTICIPANTS OF UNIVERSAL PREVENTION CURRICULUM (UPC) FOR SUBSTANCE ABUSE CALABARZON RE-ECHO TRAINING OF CURRICULUM 6: WORK-BASED PREVENTION INTERVENTIONS</b>		
Schools Division Medical Officer (1), National Drug Education Program Focal Person(1), EPS for Values (1), Registered Guidance Counselor/Guidance Counselor (1) and School Head (1)	SDO Batangas	5 slots
	SDO Cavite	5 slots
	SDO Laguna	5 slots
	SDO Quezon	5 slots
	SDO Rizal	5 slots
Schools Division Medical Officer (1), National Drug Education Program Focal Person(1) and School Head (1)	SDO Antipolo City	3 slots
	SDO Bacoor City	3 slots
	SDO Batangas City	3 slots
	SDO Binan City	3 slots
	SDO Cabuyao City	3 slots
	SDO Calamba City	3 slots
	SDO Calaca City	3 slots
	SDO Cavite City	3 slots
	SDO Dasmaringas City	3 slots
	SDO General Trias City	3 slots
	SDO Imus City	3 slots
	SDO Lipa City	3 slots
	SDO Lucena City	3 slots
	SDO San Pablo City	3 slots
	SDO San Pedro City	3 slots
	SDO Santa Rosa City	3 slots
	SDO Santo Tomas City	3 slots
	SDO Tanauan City	3 slots
	SDO Tayabas City	3 slots

Annex B to Universal Prevention Curriculum (UPC) for Substance Abuse Calabarzon  
Re-Echo Training of Curriculum 6: Work-Based Prevention Interventions

**INDICATIVE PROGRAM OF ACTIVITIES**

**Universal Prevention Curriculum (UPC) Regional Roll-out  
Curriculum 6: Work-Based Prevention Interventions**

**Day 1: January 26, 2026**

<b>Time</b>	<b>Activity/Content</b>	<b>Persons Involved</b>
8:00 am – 9:00 am	Arrival, AM Snack, Settling In	<b>Secretariat</b>
9:30 am – 10:30 am	Registration	
10:30 am – 12:00 noon	Opening Program National Anthem Opening Prayer Bagong Pilipinas Hymn DepEd Quality Policy Statement CALABARZON March  Welcome Remarks  Acknowledgement of Participants  Inspirational Messages	<b>Mr. Jhunel Q. Saguni</b> Nurse II SDO Cabuyao City  <b>Ms. Mica H. Zoleta</b> Technical Assistant I SDO Quezon Province  <b>Loida N. Nidea</b> Assistant Regional Director DepEd Region IV-A CALABARZON  <b>Eduarda M. Zapanta</b> Chief Education Supervisor Education Support Services Division  <b>Atty. Alberto T. Escobarte,</b> <b>CESO II</b> Regional Director DepEd Region IV-A CALABARZON  <b>Georgina Ann H. Yang</b> Assistant Secretary for Operations DepEd Central Office
12:00 noon – 1:00 pm	Lunch Break	
1:00 pm – 1:30 pm	Pre-Test	
<b>Module 1: Training Introduction</b>		<b>Rev. Little Jones B. Espeleta</b>
1:30 pm – 1:45 pm	Why this Training?	
1:45 pm – 2:00 pm	Large-group exercise: Training Expectations	

2:00 pm – 2:45 pm	Small-group exercise: What kinds of workplaces and workers do you have in your community?	
<b>Module 2: The Role of the Workplace in Prevention</b>		<b>Rev. Little Jones B. Espeleta</b>
2:45 pm – 3:00 pm	Introduction to Module 2	
3:00 pm – 3:15 pm	PM Snacks	
3:00 pm – 3:30 pm	Presentation: Workplace, society and prevention	
3:30 pm – 3:45 pm	Large-group exercise: Workplaces in your community	
3:45 pm – 4:30 pm	Small-group exercise: How do workplaces affect substance use?	
4:30 pm – 5:00 pm	Presentation and discussion: Interaction of personal characteristics and the workplace environment.	

**Day 2: January 27, 2026**

<b>Time</b>	<b>Activity/Content</b>	<b>Persons Involved</b>
<b>Continuation of Module 2: The Role of the Workplace in Prevention</b>		<b>Rev. Little Jones B. Espeleta</b>
8:00 am – 8:30 am	Management of Learning	<b>Cavite Cluster</b>
8:30 am – 9:00 am	Large-group discussion: Substance use impact on workers	
9:00 am – 9:15 am	Presentation: Workplace characteristics and substance use	
9:15 am – 9:30 am	Presentation: Workplace prevention characteristics	
9:30 am – 10:00 am	Small-group exercise: Stressors and preventive factors	
	Summary and reflections Module 2 evaluation and wrap-up	
10:00 am – 10:15 am	AM Snacks	
<b>Module 3: Why the Workplace is An Important Setting for Substance Use Prevention Programs</b>		<b>Rev. Little Jones B. Espeleta</b>
10:15 am – 10:30 am	Introduction to Module 3	
10:30 am – 11:00 am	Presentation and discussion: Substance use among working adults: Prevalence and costs	
10:45 am – 11:00 am	Presentation and discussion: Negative impact	
11:00 am – 12:00 noon	Small-group exercise: Impact of substance use on your community workplaces	

12:00 noon- 1:00 pm	Lunch	
1:00 pm – 2:00 pm	Presentation and discussion: The “business case” for substance use prevention (continued)	
2:00 pm – 4:45 pm	Small-group exercise: Business case for prevention	
4:45 pm – 5:00 pm	Summary and reflections Module 3 evaluation	

**Day 3: January 28, 2026**

<b>Time</b>	<b>Activity/Content</b>	<b>Persons Involved</b>
<b>Module 4: Key Components of Workplace Substance Use Prevention Policies</b>		<b>Rev. Little Jones B. Espeleta</b>
8:00 am – 8:30 am	Management of Learning	<b>Laguna Cluster</b>
8:30 am – 8:45 am	Introduction to Module 4	
8:45 am – 9:10 am	Presentation and discussion: Substance use prevention in the workplace: Definitions	
9:10 am – 9:25 am	Large-group discussion: Substance use as health and safety issue	
9:25 am – 10:10 am	Presentation: What is a substance use prevention policy?	
10:10 am – 10:25 am	AM Snacks	
10:25 am – 11:10 am	Small-group exercise: Policies addressing every worker	
11:10 am – 12:00 noon	Large-group role play exercise: Applying UNODC principles	
12:00 noon – 1:00 pm	Lunch	
1:00 pm – 1:45 pm	Small-group exercise: Workplace policy critiquing	
1:45 pm – 2:45 pm	Presentation and discussion: Drug testing	
2:45 pm – 3:00 pm	Summary and reflections Module 4 Evaluation	
<b>Module 5: Overview of UNODC International Standards Evidence-Based Prevention Programs</b>		<b>Rev. Little Jones B. Espeleta</b>
3:00 pm – 3:15 pm	Introduction to Module 5	
3:15 pm – 3:45 pm	Presentation and discussion: Evidence-based practice for the workplace: Definitions	
3:45 pm – 5:00 pm	Large-group discussion: UNODC evidence-based workplace prevention	

**Day 4: January 29, 2026**

<b>Time</b>	<b>Activity/Content</b>	<b>Persons Involved</b>
<b><i>Continuation of Module 5: Overview of UNODC International Standards Evidence-Based Prevention Programs</i></b>		<b>Rev. Little Jones B. Espeleta</b>
8:00 am – 8:30 am	Management of Learning	<b>Batangas Cluster</b>
8:30 am – 9:15 am	Presentation and discussion: Examples of EB interventions	
9:15 am – 10:00 am	Small-group exercise: Review of evidence-based programs	
10:00 am – 10:15 am	Summary and reflections	
10:15 am	Module 5 evaluation	
<b><i>Module 6: Implementing and Adapting Workplace-Based Programs</i></b>		<b>Rev. Little Jones B. Espeleta</b>
10:15 am – 10:30 am	Introduction to Module 6	
10:30 am – 11:15 am	Presentation and discussion: Program implementation steps	
11:15 am – 12:00 noon	Presentation: Adaptation and fidelity	
12:00 noon – 1:00 pm	Lunch	
1:00 pm – 1:45 pm	Small-group exercise: Brainstorming fidelity	
1:45 pm – 2:15 pm	Presentation: Stigma and other barriers to implementation	
2:15 pm – 2:45 pm	Large-group discussion: Overcoming stigma and other barriers	
2:45 pm – 3:15 pm	Presentation: Monitoring and Evaluation	
3:15 pm – 3:45 pm	Presentation and discussion: Logic model/conceptual framework	
3:45 pm – 5:00 pm	Summary and reflections Module 6 evaluation	

**Day 5: January 23, 2026**

<b>Time</b>	<b>Activity/Content</b>	<b>Persons Involved</b>
<b><i>Module 7: Review of Workplace-Based Prevention Interventions: Application to Practice</i></b>		<b>Rev. Little Jones B. Espeleta</b>
8:00 am – 8:30 am	Management of Learning	<b>Rizal Cluster</b>
8:30 am – 8:45 am	Introduction to Module 7 and review of exercise	
8:45 am – 9:45 am	Small-group exercise: Country or Community Workplace Prevention Plan	

9:45 am- 10:30 am	Large-group discussion: Review of plans, approaches to overcoming barriers, and general Q & A session	
10:30 am – 11:00 am	Post-test	
11:00 am – 12:00 noon	Presentation and Critiquing of SDO Action Plans	<b>Program Management Team</b>
12:00 noon – 1:00 pm	Lunch Break	
1:00 pm – 3:00 pm	Continuation of Presentation and Critiquing of SDO Action Plans	<b>Program Management Team</b>
3:00 pm – 5:00 pm	Closing Program	<b>Program Management Team</b>
	Synthesis and Impressions	<b>Selected UPC Participants</b>
	Challenge	<b>Dr. Ma. Teresita G. Carpio</b> Regional Supervising Dentist Region IV-A CALABARZON
	Acceptance of the Challenge	<b>Selected UPC Participant</b>
	Closing Remarks	<b>Eduarda M. Zapanta</b> Chief Education Supervisor Education Support Services Division
	Awarding of Certificates	<b>Program Management Team</b>
	Homeward Bound	