



Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON



05 January 2026

**Regional Memorandum**  
No.3 s.2026

**SUBMISSION OF NUTRITIONAL STATUS REPORTS  
FOR SCHOOL YEAR 2025-2026**

To **Schools Division Superintendents**

1. Relative to DepEd Memorandum No. 165, s. 2010<sup>1</sup>, this Office, through the Education Support Services Division (ESSD), hereby requests the submission of Nutritional Status (NS) Reports of Elementary and Secondary Learners for School Year (SY) 2025-2026.
2. In view of the above-mentioned Memorandum, the nutritional assessment of learners shall commence in June-July and conclude in February-March of every school year. The ideal measuring tool is a beam balance scale with a height scale.
3. All Schools Division Offices (SDOs) are requested to use the provided template and submit the NS Reports through the following link: <https://tinyurl.com/NSReportSY25-26> on February 27, 2026 for the baseline data, and on May 15, 2026 for the endline data.
4. For inquiries, please contact Dr. Eduarda M. Zapanta, Chief Education Supervisor, or Ms. Johnalen Aira S. Soberano, Nutritionist-Dietitian II of the Education Support Services Division at email address [essd.calabarzon@deped.gov.ph](mailto:essd.calabarzon@deped.gov.ph).
5. Immediate dissemination of this Memorandum is desired.

**ATTY. ALBERTO T. ESCOBARTE, CESO II**  
Regional Director

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<sup>1</sup> Adoption of the 2007 World Health Organization-Child Growth Standards (WHO-CGS)



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DepEd MEMORANDUM  
No. **165**, s. 2010

**ADOPTION OF THE 2007 WORLD HEALTH ORGANIZATION-CHILD  
GROWTH STANDARDS (WHO-CGS)**

To: Regional Directors  
Schools Division/City Superintendents  
Heads, Public and Private Elementary and Secondary Schools

1. The Philippines agreed to adopt the 2007 World Health Organization-Child Growth Standards (WHO-CGS) in the assessment of Filipino school children as affirmed by the National Nutrition Council (NNC) Governing Board (GB) Resolution Nos. 2, s. 2008 and 3, s. 2009. In 2007, the WHO developed an international growth standard for screening, surveillance and monitoring of school children and adolescents. The development of such standards was motivated by the global surge in childhood obesity, and the release of the new CGS for infants, preschool children and adolescents.
2. Starting School Year (SY) 2010-2011, the WHO-CGS shall be used in determining the nutritional status of Filipino school children aged 5-19 years old.
3. The nutritional assessment of elementary and secondary students shall start in June-July and end in February-March of every school year. The school nurses and teachers are fully responsible in the conduct of such assessments, while the school heads are responsible in providing the tools for height and weight-taking. The ideal tool is a beam balance scale with a height scale. In the absence of such tool, bathroom scales may be used for weight and steel tape for height.
4. Reports on the Nutritional Status (NS) of school children shall be submitted on the following period:

	<b>Baseline</b>	<b>Endline</b>
School to District Office	15 <sup>th</sup> day of August	15 <sup>th</sup> day of April
District Office to Division	31 <sup>st</sup> day of August	30 <sup>th</sup> day of April
Division to Regional Office	15 <sup>th</sup> day of September	15 <sup>th</sup> day of May
Regional to HNC DepEd	30 <sup>th</sup> day of September	31 <sup>st</sup> day of May

5. The revised nutritional status forms and the WHO-CGS BMI-for-Age Tables must be used and may be replicated without modification at the school level. Enclosed for ready reference are the BMI-for-Age Tables for Boys and Girls and the NS Report Forms for Elementary and Secondary Levels.
6. Immediate dissemination of this Memorandum is desired.

*Ramon C. Bacani*  
**RAMON C. BACANI**  
Undersecretary  
Officer-in-Charge





Encl.:  
As stated

Reference:  
None

To be indicated in the Perpetual Index  
under the following subjects:

FORMS  
NUTRITION EDUCATION  
REPORTS  
STUDENTS

Rhea/Sheila, DM Adoption of the 2007 WHO  
April 14, 2010