



ESSD-RM-2025-857

13 November 2025

Regional Memorandum

No.857 s.2025

ADDENDUM TO REGIONAL MEMORANDUM NO. 790, S. 2025

To Schools Division Superintendents

- Relative to Regional Memorandum No. 790, s. 2025¹, this Office, through the Education Support Services Division, announces the additional participants for the Universal Prevention Curriculum (UPC) for Substance Abuse CALABARZON Re-Echo Training of Module 8: Media-Based Prevention Interventions, to be conducted on November 17–21, 2025, at Tagaytay Country Hotel, Tagaytay City, Cavite.
- 2. The list of additional participants is provided in **Annex A**.
- 3. Other provisions in the previous memorandum are still in effect.
- 4. For inquiries and further clarifications, please contact Dr. Pearl Oliveth S. Intia, Medical Officer IV at pearl.intia@deped.gov.ph.
- 5. Immediate dissemination of this Memorandum is desired.

ATTY. ALBERTO T. ESCOBARTE, CESO II

Regional Director

03/ROE8

¹ Universal Prevention Curriculum (UPC) for Substance Abuse in CALABARZON Re-Echo Training of Module 8: Media-Based Prevention Interventions







Address: Gate 2, Karangalan Village, Cainta, Rizal

Telephone No.: 02-8682-2114

Email Address: region4a@deped.gov.ph

Website: depedcalabarzon.ph



ANNEX A. LIST OF ADDITIONAL PARTICIPANTS FOR THE UNIVERSAL PREVENTION CURRICULUM (UPC) FOR SUBSTANCE ABUSE CALABARZON RE-ECHO TRAINING OF MODULE 8: MEDIA-BASED PREVENTION INTERVENTIONS

NAME	DESIGNATION	INCLUSIVE DATES
EDUARDA M. ZAPANTA	ESSD Chief	November 17-21, 2025
PEARL OLIVETH S. INTIA	MO IV	November 17-21, 2025
MA. TERESITA G. CARPIO	Dentist III	November 17-18, 2025
JOHNALEN AIRA S. SOBERANO	ND II	November 17, 2025
DONNA L. LAGO	EPS	November 19-21, 2025
ANGELINE EBAJO	SBFP TA-I	November 17, 2025







10 October 2025

Regional Memorandum

UNIVERSAL PREVENTION CURRICULUM (UPC) FOR SUBSTANCE ABUSE IN CALABARZON RE-ECHO TRAINING OF MODULE 8: MEDIA-BASED PREVENTION INTERVENTIONS

To:

Schools Division Superintendents All others concerned

- The Department of Education Regional Office IV-A CALABARZON through the Education Support Services Division-School Health Section will conduct this Training on November 17-21, 2025 at a venue to be announced on a separate advisory.
- 2. The training goals are to provide an overview and in-depth study of media and their use in substance use prevention campaigns; provide comprehensive overview of persuasion theory; facilitate understanding of how to develop theory-based persuasive anti-drug media campaigns; provide insight into what makes an effective vs an ineffective media campaign and to provide a framework for participants to develop and evaluate their own effective media campaigns to prevent substance use
- 3. Participants are the Schools Division Medical Officers, National Drug Education Program Focal Person, EPS for Values, Registered Guidance Counselor/Guidance Counselor and School Head. They should have completed Curriculum 1 (Introduction to Prevention Science).
- 4. The list of participants and program are attached. Participants are to register before October 30, 2025 (Thursday) via https://bit.ly/R4A-UPC8. Participants are encouraged to wear corporate attire with agency ID and to bring a laptop to be used during the event.
- Travel and other related expenses of participants shall be charged to local funds, while room and board, honoraria of speakers and other related expenses shall be charged to OSEC-4A-25-03562 subject to the usual accounting and auditing







Address: Gate 2, Karangalan Village, Cainta, Rizal

Telephone No.: 02-8682-2114

Email Address: region4a@deped.gov.ph

Website: depedcalabarzon.ph



- 6. For inquiries and further clarifications, please contact Dr. Pearl Oliveth S. Intia, Medical Officer IV at pearl.intia@deped.gov.ph.
- 7. Immediate dissemination and strict compliance with this Memorandum are desired.

ATTY. ALBERTO T. ESCOBARTE, CESO II

Regional Director

03/R0E3

Enclosure 1: LIST OF PROJECT MANAGEMENT TEAM AND PARTICIPANTS UNIVERSAL PREVENTION CURRICULUM (UPC) FOR SUBSTANCE ABUSE IN CALABARZON RE-ECHO TRAINING OF COURSE 8: MEDIA-BASED PREVENTION INTERVENTIONS November 17-21, 2025

Pearl Oliveth S. Intia MD (Overall Coordinator)	Medical Officer IV, Regional Office	Project Management Team
Venus Manalo (Program Committee)	Nurse II, SDO Santa Rosa City	
Jeremy Christian Innovero (Registration Committee)	Nurse II, SDO Santa Rosa City	
Perla Vicenta M. De Castro MD (Program Committee)	Medical Officer III, SDO Lipa City	
Jhunel Saguni (Program and Registration Committee)	SDO Cabuyao City	
Michaela Formalejo (Documentation Committee)	Technical Assistant I SDO Quezon	
Bishop Little Jones B. Espeleta	Global Master Trainer on Universal Prevention Course Colombo Plan	Resource Speaker
Schools Division Medical Officer (1), National Drug	SDO Batangas	5 slots
Education Program Focal	SDO Cavite	5 slots
Person(1), EPS for Values (1), Registered Guidance	SDO Laguna	5 slots
Counselor/Guidance Counselor (1) and School	SDO Quezon	5 slots
Head (1)	SDO Rizal	5 slots
Schools Division Medical Officer (1), National Drug	SDO Antipolo City	3 slots
Education Program Focal	SDO Bacoor City	3 slots
Person(1) and School Head (1)	SDO Batangas City	3 slots
	SDO Binan City	3 slots
	SDO Cabuyao City	3 slots
	SDO Calamba City	3 slots
	SDO Cavite City	3 slots

<u> </u>		
	SD Calaca City	3 slots
	SDO Dasmarinas City	3 slots
	SDO General Trias City	3 slots
	SDO Imus City	3 slots
	SDO Lipa City	3 slots
	SDO Lucena City	3 slots
	SDO San Pablo City	3 slots
	SDO San Pedro City	3 slots
	SDO Santa Rosa City	3 slots
	SDO Santo Tomas City	3 slots
	SDO Tanauan City	3 slots
	SDO Tayabas City	3 slots

Enclosure 2:

INDICATIVE PROGRAM OF ACTIVITIES

UPC Regional Roll-out Course 8: Media-Based Prevention Interventions

Day 1: November 17, 2025

Time	Activity/Content	Persons Involved
8:00 – 10:00 am	Registration	Secretariat
10:00 am - 10:30 am	AM Break	
10:30 am - 12:00 noon	Opening Program MOL Opening Remarks Introduction of Participants	Mr. Jhunel Saguni Ms. Mica Habito
12:00 noon – 1:00 pm	Lunch Break	
Module 1- Training In	troduction	
1:00 pm – 1:15 pm	Pre-Test	Reverend Little Jones B. Espeleta
1:15 pm - 1:30 pm	Presentation: Training Materials	
1:30 pm - 1:45 pm	Module 1: Why this Training?	
1:45 pm – 2:00 pm	Large Group Exercise: Training Expectations	
2:00 pm- 3:00 pm	Large Group Discussion: Examples of Persuasion Media	
3:00 pm - 4:30 pm	Small-group Exercise: Substance Use problems for media interventions	
4:30 pm - 4:45 pm	Summary and Reflections	
4:45 pm – 5:00 pm	Wrap-up and Module 2 Evaluation	

Day 2: November 18, 2025

Time	Activity/Content	Persons Involved
8:00 am - 8:15 am	MOL	SDO In-Charge
Module 2- Introduction to	Media and Their Use in Prevent	ion
8:15 am – 8:30 am	Introduction to Module 2	Reverend Little Jones B. Espeleta
8:30 am – 8:45 am	Presentation: Why use the media in substance use prevention	
8:45 am - 9:00 am	Presentation and discussion: UNODC Internationsl Standards on Drug Use Prevention: Media Campaigns	
9:00 am - 9:15 am	Presentation and discussion: Three successful campaigns	
9:15 am - 9:30 am	AM Break	
9:30 am – 10:00 am	Presentation and discussion: Research on past campaigns: What works/what doesn't work	
10:00 am - 10:30 am	Large-group discussion: Scare tactics almost always fail	
10:30 am - 11:15 am	Large-group discussion: Why do they fail?	
11:15 am - 12:00 noon	Small-group exercise: Revising the ads	
12:00 noon – 1:00 pm	Lunch Break	
Module 3 – The Nature of Audiences	Media and Theories of How the	Media Affects
1:00 pm – 1:20 pm	Introduction to Module 3	Reverend Little Jones B. Espeleta
1:20 pm – 1:35 pm	Presentation: Media-based prevention and the community	
1:35 pm – 1:55 pm	Presentation and discussion: Theories and approaches that guide effective media messages	

1:55 pm – 2:10 pm	Individual exercise: Setting the stage for message construction	
2:10 pm – 2:25 pm	Large-group discussion: Setting the stage for message construction	
2:25 pm - 2:40 pm	PM Break	
2:40 pm – 3:20 pm	Presentation and discussion: Theories and approaches that guide effective media messages (continued)	
3:20 pm – 4:00 pm	Small-group Exercise: Gain- or loss-framed ads	
4:00 pm – 5:00 pm	Presentation and discussion: Analyzing the audience to target the message	

Day 3: November 19, 2025

Time	Activity/Content	Persons Involved
8:00 am - 8:15 am	MOL	SDO In-Charge
Module 3 - The Nature o	f Media and Theories of How the	Media Affects
Audiences (continuation		
8:15 am - 9:00 am	Small-group exercise: Developing	Reverend Little
	a campaign message	Jones B. Espeleta
9:00 am - 9:20 am	Presentation and discussion:	
	Reinforcement or associationism	
9:20 am - 9:35 am	AM Break	
9:35 am - 10:20 am	Small-group exercise: Designing	
	a poster	
10:20 am - 10:35 am	Reflections and Module 3	1
	evaluation	
Module 4- Practical App	lication of Theories of Persuasion	in Substance Use
Prevention		
10:35 am - 10:50 am	Introduction to Module 4	Reverend Little
		Jones B. Espeleta
10:50 am - 11:10 am	Presentation: Classic approaches	
	to persuasion	

•		
11:10 am - 11:30 am	Presentation and Discussion: Creating messages that conform to the formula	
11:30 am - 12:00 noon	Large-group discussion: Audience and message	
12:00 noon – 1:00 pm	Lunch Break	
1:00 pm – 1:15 pm	Presentation and discussion: Overcoming resistance	
1:15 pm – 2:00 pm	Small-group exercise: Understanding counter-arguing	
2:00 pm – 2:20 pm	Reflections and Module 4 Evaluation	
2:20 pm - 2:35 pm	PM Break	
Module 5- The Two-Step	Flow of Communication and Pare	ntal Impact
2:35 pm – 3:00 pm	Introduction to Module 5	Pearl Oliveth S. Intia MD
3:00 pm – 3:20 pm	Presentation: Two-Step Flow of Communication Model	
3:20 pm – 3:45 pm	Presentation and Discussion: Parental Influence on Children's Substance Use: Current research	
3:45 pm – 4:15 pm	Small-group exercise: Opinion leader communication	
4:15 pm – 5:00 pm	Reflections and Module 5 Evaluation	

Day 4: November 20, 2025

Time	Activity/Content	Persons Involved
8:00 am - 8:15 am	MOL	SDO In-Charge
Module 6 – Pre- and Pos Intervantions	t-Evaluation of Effects of Media-B	ased Prevention
8:15 am - 8:30 am	Introduction to Module 6	Ms. Venus Manalo
8:30 am - 8:45 am	Presentation and discussion: Processes involved in evaluation of a media program	
8:45 am – 9:15 am	Presentation and discussion: Baseline measures of the problem	
9:15 am - 9:30 am	AM Break	
9:30 am - 9:40 am	Presentation: Process assess ment of implementation	
9:40 am – 10:10 am	Presentation and discussion: Outcome assessment	
10:10 am - 10:25 am	Presentation: Common research designs for media	
10:25 am - 10:45 am	Presentation and discussion: Campaign implementation assessment	
10:45 am - 11:15 am	Small-group exercise: Measuring the Two-Step Flow Model	
11:15 am - 12:00 noon	Reflections and Module 6 Evaluation	
12:00 noon – 1:00 pm	Lunch Break	
Module 7 - Review of M Practice	edia-Based Prevention Intervention	ns: Application to
1:00 pm -1:15 pm	Introduction to Module 7 and review of exercise	Perla de Castro MD
1:15 pm – 2:15 pm	Small-group exercise: Development of a media-based prevention campaign to integrate learning from this introductory curriculum	
2:15 pm - 2:45 pm	Large-group discussion: Review of plans, approaches to	

	overcoming barriers, and general Q & A session	
2:45 pm – 3:00 pm	PM Break	
3:00 pm – 5:00 pm	Overall training evaluations	

Day 5: November 21, 2025

Time	Activity/Content	Persons Involved
8:00 am - 8:15 am	MOL	SDO In-Charge
8:15 am - 8:30 am	Post-test and Training Evaluation	
8:30 am – 10:15 am	Preparation and Finalization of SDO Action Plan	
10:15 am - 10:30 am	AM Break	
10:30 am – 12:00 noon	Presentation and Critiquing of SDO Action Plan	
12:00 noon – 1:00 pm	Lunch Break	
1:00 pm – 3:00 pm	Presentation and Critiquing of SDO Action Plan (Continuation)	
3:00 pm – 3:15 pm	PM Break	
3:15 pm – 5:00 pm	Closing Program	PMT