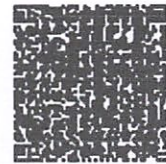


Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



ESSD-RM-2025-741

8 October 2025

Regional Memorandum

No. 741 s. 2025

**COMMEMORATION OF SCHOOL-BASED MENTAL HEALTH
OBSERVANCES 2025**

To: **Assistant Regional Director**
All Functional Division Chiefs, Section and Unit Heads
Schools Division Superintendents
All others concerned

1. Relative to DepEd OM-OUGOPS-2025-03-05776¹, this Office through the Education Support Services Division-School Health Section disseminates this information in commemoration of the World Mental Health Day (WMHD) on October 10, 2025 with the theme "Access to Services: Mental Health in Catastrophes and Disasters."
2. The Regional Office Personnel, Schools Division Offices and schools are encouraged to lead/conduct school-based activities as enumerated in the above mentioned Memorandum, throughout the whole month of October, as practicable.
3. For October 10, 2025, Offices and schools are to wear green and to support the #hearAndHereWithU2025 social media initiatives by pledging support by promoting suicide prevention and mental health awareness through a Facebook Display Picture (DP) blast by accessing <https://twibbo.nz/ro4awmhd2025>.
4. For inquiries and further clarifications, please contact Dr. Pearl Oliveth S. Intia, Medical Officer IV at pearl.intia@deped.gov.ph.
5. Immediate dissemination and strict compliance with this Memorandum are desired.


ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

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¹ Commemoration of School-Based Mental Health Observances 2025