





SSD-RM-2025-372

14 May 2025

## Regional Memorandum

No. 372 s. 2025

# KEY REMINDERS AND GUIDELINES FOR CALABARZON DELEGATION TO THE 2025 PALARONG PAMBANSA IN LAOAG, ILOCOS NORTE

REGION IV-A CALABARZON

To: Schools Division Superintendents Heads of Delegation, Coaches, and Athletes All Others Concerned

- In line with the Region IV-A CALABARZON's participation in the 2025 Palarong Pambansa to be held in Laoag, Ilocos Norte, this serves to outline the key updates, schedules, and reminders for all concerned.
- 2. The official billeting schools of Calabarzon delegates will be at City of Batac National High School, Catalino Acosta Memorial Elementary School, and Hilario Valdez Memorial Elementary School.
- 3. All delegates are advised to bring the following personal essentials: tumblers, a bed sheet, a comforter, a neck finger pillow, or any pillow. The folding mats will be provided by the Local Government of Batac and the DepEd CO. Also, bring mosquito repellants for protection and handy rechargeable fans.
- 4. Delegates staying outside official billeting quarters must have submitted notarized Deeds of Undertaking through their Division Sports Officers, assuming full responsibility for their delegates' safety and welfare.
- 5. Meals will be provided within billeting schools for all official delegates. Food reimbursements, including outside food deliveries, will not be honored.
- 6. Additional delegates beyond the official number approved by the Central Office cannot be accommodated due to budgetary constraints.
- 7. Trainers and other DepEd officials may visit athletes in the billeting areas upon presentation of valid IDs and are subject to security protocols set by the organizing committee.
- 8. An orientation for all delegates will be conducted at City of Batac National High School, covering important guidelines and billeting concerns.
- 9. Please refer to the attached document for other relevant reminders and protocols.





Address: Gate 2, Karangalan Village, Cainta, Rizal

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Website: depedcalabarzon.ph



- 10. For further information or inquiries, kindly reach out to Dr. Eduarda M. Zapanta, Chief Education Supervisor, or Joseph Tito N. Ocampo, Regional Sports Officer at essd.calabarzon@deped.gov.ph.
- 11. Immediate dissemination and compliance with this Memorandum are highly expected.

ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

#### Attachment:

# FOR 2025 Palarong Pambansa Region IV-A CALABARZON Delegation

Key Activities, Safety Guidelines, and Reminders

P Batac, Ilocos Norte | 🗓 May 2025

# $\overline{\ensuremath{\mathbf{y}}}$ I. Key Events and Activities

### **Opening Parade**

- i May 24, 2025 3:00 PM
  - · 20 marshals per region provided by Host SDO
  - · Water stations along the parade route
  - SDO moniker bearers (in sports attire) will lead each delegation

### VIP Holding Area

- ¶ Ilocos Norte Centennial Arena
  - · For Heads of Delegation, SDSs, ASDSs
  - · With refreshments, entertainment, and ushering support

### **Opening Program**

- May 24, 2025 7:30 PM to 9:00 PM
- 💡 Ferdinand E. Marcos Memorial Stadium
  - Marshals and ushers to maintain crowd discipline
  - Allowed: 250 athletes/coaches per region (excluding Top Management)
  - Final list of parade participants to follow

#### Governor's Reception

- i May 25, 2025 7:00 PM
- Paoay Sand Dunes

### Welcome Program at Billeting Schools

Theme: Piesta ti Away (Pista sa Nayon)

### Highlights:

- Cultural Show
- Pasala
- · Laro ng Lahi
- Kakanin Bar (Ilokano Delicacies)
- Street Food Stations

#### Closing Program

### ii May 31, 2025 - Time TBA

## Paoay Church

- Mandatory for all DepEd RO Officials, SDSs, ASDSs
- Pax per region: To be announced

# II. Travel and Billeting Details

- Advance Party Departure: May 13, 2025 (7 Committee Chairpersons)
- Remaining Members Departure: May 19, 2025
- Arrival in Batac: May 20, 2025

### Official Billeting Quarters

- City of Batac National High School
- Catalino Acosta Memorial Elementary School
- · Hilario Valdez Memorial Elementary School
  - Report to the main billeting school for orientation and room assignments upon arrival.

### O III. DRRM, Safety, and Security Guidelines

## Upon Arrival

- · Familiarize with exits, clinic, security & evacuation areas
- · Secure belongings and gadgets
- · Use the buddy system
- Always wear ID

### During the Event

- · Stay alert for pests and hazards
- · Athletes must be accompanied outside quarters
- Strict curfew: 10:00 PM (no entry/exit thereafter)

## **A** Emergency Situations

### In case of an Earthquake:

- · Drop, Cover, Hold
- Proceed to evacuation area
- · Contact delegation head

#### In case of Fire:

- · Stay calm
- · Sound alarm / alert others
- Evacuate to designated area

#### Medical Emergency Contact:

📞 0925 549 2593 – Batac Medical Committee

#### Security/DRRM Concerns:

**&** 0917 854 2321 – Batac DRRM Office

# IV. Health and Medical Reminders

- Secure and submit medical clearance from a government physician
- Bring medications, water bottles, umbrellas, loose light-colored clothing, and sunblock
- · Avoid direct sun exposure; stay cool and hydrated
- Watch for heat exhaustion (confusion, lethargy, LBM, etc.)
- Observe hygiene: handwashing/disinfection
- Boost immunity: healthy food, sleep 6-7 hours, avoid sweets, salty/fatty food
- Avoid smoking, vaping, and alcohol (Refer to DO 13, s. 2017)
- Consult your delegation's school health physician for early symptoms

★ Let us uphold discipline, safety, and excellence as we represent
 CALABARZON in the 2025 Palarong Pambansa.

For queries, contact: essd.calabarzon@deped.gov.ph