

Republic of the Philippines
Department of Education
REGION IV-A CALABARZON



15 April 2025

Regional Memorandum

No.311 s.2025

**INVITATION TO PARTICIPATE IN THE TRAINING THE
TRAINERS FOR PARA SPORTS**

To: **Schools Division Superintendents**

1. Relative to the invitation from the Philippine Sports Association for the Differently Abled (PHILSPADA) and the Philippine Paralympic Committee (PPC) titled *Invitation to Participate in Training the Trainers for Para Sports*, scheduled from April 28-30, 2025, at Cavite State University, Indang, Cavite, each Schools Division Office, through School Heads and Division Sports Officers, may send participants who are coaches, trainers, P.E. teachers, and SNED teachers promoting inclusion and enhancing para sports.
2. Para Sports Disciplines to be covered are as follows:
 - Para Athletics: Running, throwing, and jumping events
 - Para Swimming
 - Para Table Tennis
 - Bocce
 - Sitting Volleyball
 - Wheelchair Basketball
3. The training is free, but travel expenses of participants going to and from Indang, Cavite, shall be charged against local funds, subject to its availability and the usual accounting and auditing rules and regulations. The food (breakfast and dinner) and accommodation of participants shall be charged to the participants.
4. It is also highly reiterated that the participants who will attend the invitation shall be voluntary in nature, subject to the 30-day flexible option for teachers.
5. For more information or queries, you may contact Ms. Rowena of PHILSPADA through email at philspadanpcphilippines14@gmail.com or through mobile number at 09465380457.





Address: Gate 2, Karangalan Village, Cainta, Rizal
Telephone No.: 02-8682-2114
Email Address: region4a@deped.gov.ph
Website: depedcalabarzon.ph



Certificate No. PHP QMS
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6. For the information and guidance of all concerned.


LOIDA N. NIDEA
Assistant Regional Director
Officer-In-Charge
Office of the Regional Director 

03/ROE12

April 8, 2025

ATTY. ALBERTO T. ESCOBARTE, Ceso II

Regional Director
Region IV-A CALABARZON

Attention: Joseph "Tito" N. Ocampo – Regional Sports Officers

Subject: Invitation to Participate in Training the Trainers (TTT) for Para Sports

Dear Atty. Escobarte,

Greetings from the Philippine Sports Association for the Differently Abled (PHILSPADA) and the Philippine Paralympic Committee (PPC)!

In line with the call for empowerment of persons with disability, we are happy to extend this invitation to your LGU the opportunity to participate in Training the Trainers (TTT) - South Luzon Leg, a seminar workshop focused on breaking barriers and promoting inclusion through para sports. This TTT aims to equip trainers, coaches, and educators with the necessary knowledge and skills to effectively engage and support individuals with disabilities in para sports activities in your respective communities.

Below are important details about the TTT:

Date:	April 28-30, 2025 – 8:00AM to 5:00PM
Venue:	Cavite State University
Address:	Indang, Cavite
Para sports for discourse:	Para Athletics; Para Swimming; Para Table Tennis; Boccia; Wheelchair Basketball; Sitting Volleyball

We strongly encourage you to nominate **suitable candidates** (Coaches, P.E. Teachers, Sports Coordinators and the like) who are passionate about promoting inclusion and have a vested interest in enhancing para sports programs in your area. Please scan the QR code to register

Please note that this training is free, but **TRANSPORTATION, ACCOMMODATION, AND FOOD OUTSIDE OF TRAINING WILL BE YOUR RESPONSIBILITY**. For additional information or assistance, you may email us at philspadanpcphilippines14@gmail.com or call/message Ms. Rowena at 09465380457.

Thank you so much in advance for your support and we look forward to your active participation in this meaningful endeavor.

Sincerely yours,


GODOFREDO 'GOODY' CUSTODIO
Secretary General



MEMBER



Rm. 101 Building E., Philsports Complex, Meralco Ave. Pasig City 1600, Philippines
philspadanpcphilippines14@gmail.com

Project Brief: Training the Trainers (T3) for Para Sports – South Luzon Leg

Event Dates: April 28-30, 2025

Location: Cavite State University, Indang, Cavite

Organizers:

- PHILSPADA/PPC (Philippine Sports Association for the Differently-abled / Philippine Paralympic Committee)
- Cavite State University

Rationale:

The Philippine Sports Association for the Differently Abled (PHILSPADA) together with the Philippine Paralympic Committee is expanding its program of Training the Trainers (TTT) for different para sports across the country because of its far-reaching benefits to include the following:

- **Awareness and Advocacy:** By increasing awareness of para sports through widespread training initiatives, PHILSPADA/PPC aims to promote inclusivity and challenge societal perceptions of disability. Educating coaches, trainers, and communities about the capabilities and achievements of para-athletes can combat stigma and discrimination, fostering a culture of acceptance and respect for persons with disabilities. This, in turn, may encourage more individuals with disabilities to pursue sports and lead active lifestyles, positively impacting their physical and mental well-being.
- **Capacity Building:** The primary goal of TTT is to equip coaches and trainers with the necessary knowledge, skills, and resources to effectively train athletes with disabilities. Through comprehensive training modules, participants will learn about para sports classification system which is unique to para-sports, disability sensitivity and adaptive coaching techniques and equipment, injury prevention, and inclusive practices tailored to para sports. This capacity-building initiative not only enhances the competence of trainers but also fosters a supportive environment for athletes with disabilities to thrive.
- **Talent Identification and Development:** With a larger pool of trained coaches and trainers spread across different regions, PHILSPADA/PPC can facilitate talent identification and development programs at the grassroots level. Local coaches who understand the unique needs and potential of athletes with disabilities can better nurture talent within their communities. This decentralized approach to talent scouting can uncover hidden gems and cultivate a pipeline of para-athletes representing diverse backgrounds and regions.
- **Regional Participation and Representation:** By empowering coaches and trainers in various parts of the Philippines, PHILSPADA/PPC promotes regional participation and representation in para sports events. Athletes from underserved areas may have historically faced barriers to access and opportunity. However, with trained local coaches, these athletes can receive quality coaching and support within their own communities, leveling the playing field and encourage increased participation of para-athletes in the local and international competitions.
- In essence, PHILSPADA/PPC's initiative to conduct TTT for para sports across different regions of the Philippines is not merely about training coaches; it is about fostering inclusion, empowerment, and excellence within the para sports ecosystem. By investing in capacity building and awareness-raising efforts, the PHILSPADA/PPC lays the groundwork for a more inclusive and equitable sporting landscape where athletes of all abilities can thrive and succeed.

Key Activities

- Lectures & Technical Sessions
- Discussions
- Hands-on Coaching & Practical Training
- Inclusion in PHILSPADA/PPC database of trainers

Target Participants: 200 pax

Para Sports Disciplines to be Covered

- Para Athletics: Running, Throwing, and Jumping events
- Para Swimming
- Para Table Tennis
- Boccia
- Sitting Volleyball
- Wheelchair Basketball

Expected Outcomes

Trained Trainers: 200 participants will be equipped with the skills and knowledge necessary to lead para sports training programs in their communities.

Increased Awareness & Access to Para Sports: The training will increase the number of qualified para sports trainers in South Luzon, fostering greater access and opportunity for athletes with disabilities.

Strengthened Regional Networks: Creation of a network of para sports professionals who can collaborate, share best practices, and sustain the development of para sports in their regions.

Sustainable Para Sports Programs: The trained trainers will be empowered to develop and implement sustainable para sports programs in their respective regions, fostering long-term growth and participation in para sports.

Monitoring & Evaluation

Feedback Surveys: Collect feedback from participants to evaluate the effectiveness of the training and gather suggestions for future programs.

Follow-up Support: Provide ongoing support and resources for the trained trainers to ensure they can effectively implement the knowledge gained during the training.

Conclusion

The Training the Trainers (T3) for Para Sports – South Luzon Leg is a vital step towards developing a robust and inclusive para sports ecosystem in the region. By training local coaches and sports officials, this program aims to create a sustainable impact on the lives of athletes with disabilities, enhancing their opportunities for participation, competition, and personal growth. With the collaboration of PHILSPADA/PPC, CavSU and Cavite LGU, this initiative will promote sports for all, ensuring that no one is left behind.