



13 November 2024

**Regional Memorandum**  
No. 823, s. 2024

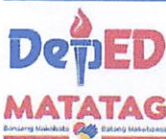
**CONDUCT OF THE GROUPWORK MANAGEMENT IN  
EMPOWERING SCHOOLS THROUGH EFFECTIVE  
TECHNICAL ASSISTANCE FOR MENTAL  
HEALTH AND SUICIDE PREVENTION  
PROTOCOLS IN SCHOOL-BASED  
MANAGEMENT**

To: **Schools Division Superintendents**

1. In reference to Republic Act No. 11036<sup>1</sup> and Regional Memorandum No. 812, s. 2024<sup>2</sup>, this Office, through the Field Technical Assistance Division in collaboration with the Education Support Services Division, will conduct the aforementioned subject on **December 9-11, 2024**. The venue will be announced on a separate issuance.
2. This activity aims to empower schools to proactively manage mental health concerns, ultimately enhancing safety and well-being of all students through effective Technical Assistance for Mental Health and Suicide Prevention Protocols in School-Based Management.
3. The participants in this activity are the 23 School Mental Health Coordinator, 23 School Disaster Risk Reduction and Management Focal Person, and 23 Registered Guidance Counselors/Designate. The participating schools shall strictly institute measures to increase engaged time-on-task and ensure compliance during the conduct of this activity. All participants must pre-register through this link: <https://bit.ly/FTADESSDSuicidePreventionProtocols>.
4. See attached list of Technical Working Group, Number of participants per Schools Division Office, and program of activities for reference.
5. Travel and other related expenses of the Regional Office Personnel and other members of the Technical Working Group shall be charged against OSEC-4A-2024-2878, while for the participants, it shall be charged against their local funds, subject to the usual accounting and auditing rules and regulations of the Department.

<sup>1</sup> Mental Health Act

<sup>2</sup> Standard Operating Procedures in Preventing Suicidal Situations with Learners




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Certificate No. PHP QMS  
22 93 0085

6. For further details, you may contact the Chief of the Field Technical Assistance Division and Regional Learner Rights and Protection Focal, Mr. Michael Girard R. Alba via email at [michael.alba@deped.gov.ph](mailto:michael.alba@deped.gov.ph) or Ms. Rochelle May M. Nisola via email at [rochellemay.nisola@deped.gov.ph](mailto:rochellemay.nisola@deped.gov.ph).
7. Immediate dissemination and strict compliance of this Memorandum is desired.

**ATTY. ALBERTO T. ESCOBARTE, CESO II**

 Regional Director

*Alberto T. Escobarte*

ROF/RMMN

**Annex A: List of Technical Working Group**

<b>NAME</b>	<b>DESIGNATION</b>	<b>PLACE OF ASSIGNMENT</b>
Eduarda M. Zapanta	Chief, ESSD	Regional Office
Michael Girard R. Alba	Chief, FTAD	
Ramil Ginete	Project Development Officer IV	
Pearl Oliveth Intia	Medical Officer IV	
Engr. Jamaica Rolloque	Engineer IV	
Andrea Maybel Abrencillo	EPS, FTAD	
Eugenio Adrao	EPS, FTAD	
Wilbert C. Ulpindo	Project Development Officer II	
Donna Gel Rumbaoa	Administrative Assistant I	
Rochelle May M. Nisola	Technical Assistant II – Learner Rights and Protection	
Jonahlyn Dela Cruz	Technical Assistant II – School Mental Health Program	
Ed-Gideon Anonuevo	Technical Assistant I – School Mental Health Program	SDO Quezon Province
Michaela Formalejo	Technical Assistant I – School Mental Health Program	
Bryan Bucud	Administrative Support II – Learner Rights and Protection	SDO Rizal Province
Danny Boy Ramiscal	Guidance Designate	SDO Batangas Province

**ANNEX B: NO. OF PARTICIPANTS PER SCHOOLS DIVISION OFFICE**

NO. OF PAX	SCHOOLS DIVISION OFFICE
3	<b>RIZAL PROVINCE</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>ANTIPOLO CITY</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>CAVITE PROVINCE</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>BATANGAS PROVINCE</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>IMUS CITY</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>LAGUNA PROVINCE</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>TANAUAN CITY</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>LIPA CITY</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>TAYABAS CITY</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>QUEZON PROVINCE</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management
3	<b>BACOR CITY</b> - 1 School Mental Health Coordinator - 1 Guidance Counselor/Designate - 1 School Disaster Risk Reduction Management

<b>3</b>	<b>CALAMBA CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>CAVITE CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>LUCENA CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>STO. TOMAS CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>SAN PEDRO CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>SAN PABLO CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>STA. ROSA CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>BIÑAN CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>DASMARIÑAS CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>CABUYAO CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>BATANGAS CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselors/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>
<b>3</b>	<b>GENERAL TRIAS CITY</b> <ul style="list-style-type: none"> <li>- 1 School Mental Health Coordinator</li> <li>- 1 Guidance Counselor/Designate</li> <li>- 1 School Disaster Risk Reduction Management</li> </ul>

**ANNEX C: PROGRAM OF ACTIVITIES**

<b>December 9, 2024</b>		
<b>Time</b>	<b>Topic</b>	<b>Persons Involved</b>
8:00 am – 9:00 am	Registration	<b>Eugenio S. Adrao</b> <i>Education Program Supervisor</i>  <b>Rochelle May M. Nisola,</b> <b>RSW</b> <i>Technical Assistant II-LRP</i>
9:00 am – 9:15 am	Preliminaries	<b>Donna Gel V. Rumbaoa</b> <i>Administrative Assistant I</i>
9:15 am – 9:20 am	Introduction of Participants	<b>Andrea Mabel E. Abrencillo</b> <i>Education Program Supervisor</i>
9:20 am – 9:30 am	Statement of Purpose / Welcome Remarks	<b>Michael Girard R. Alba</b> <i>Chief Education Supervisor</i> <i>FTAD</i>
9:30 am – 9:35 am	Agenda / Program of Activities	<b>Andrea Mabel E. Abrencillo</b> <i>Education Program Supervisor</i>
9:35 am – 9:55 am	Inspirational Messages	<b>Atty. Alberto T. Escobarte,</b> <b>CESO II</b> <i>Regional Director</i>  <b>Loida N. Nidea</b> <i>Assistant Regional Director</i>
9:55 am – 10:25 am	The Rationale of the Activity	<b>Eduarda M. Zapanta</b> <i>Chief Education Supervisor,</i> <i>ESSD</i>
10:25 am – 12:00 nn	DRRM Protocols on Mental Health and Suicide Prevention	<b>Wilbert Ulpindo</b> <i>PDO II, ESSD</i>
12:00 nn – 1:00 pm	Lunch Break	
1:00 pm – 2:30 pm	Development of Effective Mental Health Prevention Programs in Schools Operations	<b>Dra. Pearl Oliveth Intia</b> <i>Medical Officer IV</i>
2:30 pm – 4:00 pm	Infrastructure Management Prevention Protocols on Mental Health and Suicide	<b>Engr. Jamaica Rolloque</b> <i>Engr. IV, ESSD</i>
4:00 pm – 5:00 pm	Establishing Partnership and Linkages in Schools Operations on Mental Health and Suicide Management Protocols	<b>Dr. Ramil Ginete</b> <i>PDO IV, ESSD</i>
<b>December 10, 2024</b>		
8:00 am – 8:30 am	Management of Learning	<b>Liezl Alcalá</b> <i>Administrative Support II – LRP</i> <i>SDO Quezon Province</i>  <b>Bryan Bucud</b> <i>Administrative Support II – LRP</i> <i>SDO Rizal Province</i>

8:31 am – 10:30 am	Suicide Prevention Management Protocols	<b>Michael Girard R. Alba, Rpm</b> <i>Chief Education Supervisor</i>
10:30 am– 12:00 nn	Articulation of Mental Health Education in the Curriculum	<b>Representative from CLMD</b>
12:01 nn – 1:00 pm	Lunch	
1:01 pm -3:00 pm	Practical skills and tools for implementing mental health management strategies	<b>Marvin Vicente, RPsy</b> <i>SEPS, SDO Cabuyao City</i>
3:00 pm – 4:00 pm	Workshop 1	
4:00 pm – 5:00 pm	OPEN FORUM	
<b>December 11, 2024</b>		
8:00 am – 8:30 am	Management of Learning	<b>Liezl Alcala</b> <i>Administrative Support II – LRP</i> <i>SDO Quezon Province</i>  <b>Bryan Bucud</b> <i>Administrative Support II – LRP</i> <i>SDO Rizal Province</i>
8:31 am – 9:30 am	Quality Assurance on School Programs and Projects	<b>Representative from QAD</b>
9:30 am – 12:00 nn	Mental Health and Psychosocial Response Protocols	<b>Psychologist (PAP)</b>
12:01 nn – 1:00 pm	Lunch	
1:01 pm -2:30 pm	Stress Debriefing and Self Care	<b>Jolina P. Mernado</b> <i>Project Development Officer I</i> <i>SDO Bacoar City</i>
2:30 pm – 3:00 pm	Closing Program	<b>FTAD</b>