

Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON




18 October 2023

**Unnumbered Memorandum**

**REQUEST FOR THE PARTICIPATION IN THE ORIENTATION  
ON PSYCHIATRIC FIRST AID (PFA) AND MENTAL HEALTH  
AND PSYCHOSOCIAL SUPPORT (MHPSS) FOR TEENDIG  
NURSES AND THE DEPARTMENT OF EDUCATION'S  
GUIDANCE COUNSELOR**

To **Schools Division Superintendent of Bacoor City, Cavite Province,  
Dasmariñas, General Trias, Imus, Biñan, Cabuyao, Calamba, Laguna,  
San Pablo, San Pedro, Sta. Rosa, Batangas, Batangas City, Lipa,  
Quezon, Rizal Province, and Antipolo City**

1. In reference to the communication letter from the Department of Health Center for Health Development (CALABARZON)<sup>1</sup>, this Office, through the Education Support Services Division, requests the invitees listed by the Department of Health to attend the said orientation on October 23-25, 2023, at the Cocoon Boutique Hotel, Quezon City.
2. This activity aims to promote the mental and psychosocial well-being of adolescents, children, and their caregivers globally.
3. Attached herewith is the list of attendees to the said training.
4. Travel and other related expenses to this activity shall be charged against the local funds subject to usual accounting and auditing rules and regulations.
5. For further information, kindly contact Michael Girard R. Alba via email at [michael.alba@deped.gov.ph](mailto:michael.alba@deped.gov.ph) or [essd.calabarzon@deped.gov.ph](mailto:essd.calabarzon@deped.gov.ph).
6. Immediate dissemination of this Memorandum is desired.

  
**ATTY. ALBERTO T. ESCOBARTE, CESO II**  
Regional Director

<sup>1</sup> Orientation on Psychiatric First Aid (PFA) and Mental Health and Psychosocial Support (MHPSS) for Teendig Nurses and the Department of Education's Guidance Counselor  
03/ROE/RMMN



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Certificate No. PHP QMS  
22 93 0085

<b>SDO</b>	<b>SCHOOL</b>	<b>REPRESENTATIVE</b>
<b>DepEd Region IV-A CALABARZON</b>	Regional Office	Michael Girard R. Alba
		Dr. Pearl Oliveth S. Intia
		Rochelle May M. Nisola
<b>Cavite Province</b>	Bacoor National High School	Johanna Dela Cruz
	Imus National High School	Gloria Dumaguing
	Dasma Integrated High School	Jochelle Mei Austria
	Angelo Loyola Senior High School	Erwiza B. Pelayo
	Gov. Luis A. Ferrer East National High School	Armando Urbiztondo
	Tanza National Comprehensive High School	Justiniano N. Celeste
	Tagaytay City Science National High School-Integrated Senior High School	1 Guidance Counselor Representative
<b>Laguna Province</b>	Cuyab National High School	Charmaine Pili
	Cabuyao Integrated National High School	1 Guidance Counselor Representative
	Col. Lauro Dizon Memorial Integrated High School	Reena Reyes
	Laguna Senior High School	Carmela B. Salvador
	Biñan Integrated High School	Marianne De Guzman
	Kapayapaan Integrated High School	Camille V. Bugayong
	Balibago Integrated High School	Myrna M. Santos
	Novaliches Elementary School	Jeffrey M. Fresco
<b>Batangas Province</b>	Balayan National High School	Maria Thesbe C. Cudiamat
	Bauan Technical Integrated High School	Zena Grace H. Adducul
	Taysan San Jose Integrated High School	Josephine P. Benzon
	Batangas City Integrated High School	Sheena Wella G. Arguelles
	Inosloban-Marawoy Integrated National High School	Naira M. Araño
<b>Rizal Province</b>	Antipolo National High School	Riessa Gonzales
	San Jose National High School (Antipolo)	Rosemarie Rufino
	Angono National High School	Raquel Dela Cruz
	Tanay National High School	Maricel Medrano

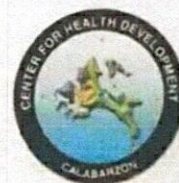


	San Mateo National High School	Julieta G. Omania
	San Jose National High School (Rodriguez)	Mary Jane G. Catanduanes
<b>Quezon Province</b>	Talipan National High School	1 Guidance Counselor Representative
	Dagatan National High School	Bobbie M. Tolentino
	Matandang Sabang National High School	Allelie C. Herrera
	Gumaca National High School	1 Guidance Counselor Representative





Republic of the Philippines  
Department of Health  
**CENTER FOR HEALTH DEVELOPMENT**  
**CaLaBaRZon**  
QMMC Compound, Project 4, Quezon City  
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11 October 2023

**ATTY. ALBERTO T. ESCOBARTE, CESO II**

Assistant Secretary and Officer-in-Charge  
Department of Education – Region IV-A  
Cainta, Rizal

Attn: **MICHAEL GIRARD ALBA**  
Chief Education Support Services  
Department of Education Region IV-A

Dear **Atty. Escobarte**:

The Department of Health Center for Health Development (CALABARZON) will be conducting an orientation on Psychiatric First Aid (PFA) and Mental Health and Psychosocial Support (MHPSS) for TEENDig nurses and the Department of Education's guidance counselor this coming **October 23–25, 2023, at the Cocoon Boutique Hotel, Quezon City.**


The WHO defines mental health as a state of well-being in which an individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively, and is able to make a contribution to his or her community. The youth are at a very unique time in their individual lives. Multiple physical, emotional, and social changes associated with this life stage can make youth particularly vulnerable to mental health problems. Promoting mental and psychosocial well-being early on or among this age group is critical for developing and maintaining social and emotional habits important for mental well-being as they transition into adulthood.

The MHPSS is a key priority that is developed to improve the mental health and psychosocial well-being of children, adolescents, and their caregivers globally. It highlights key activities that enable implementers to bolster mental health services for children and young people in a holistic manner. It is an integral component of public health emergency response that addresses a range of response pillars, including case management, risk communication, community engagement, and the maintenance of safe and accessible essential health services.

In this regard, we would like to invite 2-3 people from your office, and guidance counselors from the selected Teendig sites in CALABARZON as participants. Attached herewith is the list of invitees to the said training.

For inquiries, please contact **Dr. Jaira Evangelista** or **Ms. Charis Jose** at 0956-799-01-59 / 0906567-71-68 or email us at [ahdp.doh4a@gmail.com](mailto:ahdp.doh4a@gmail.com)

Respectfully yours,

  
**ARIEL I. VALENCIA, MD, MPH, CESO III**  
Director IV





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QMMC Compound, Project 4, Quezon City  
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**LIST OF INVITEES:**

<b>DEPARTMENT OF EDUCATION – REGIONAL OFFICE</b>	
1). Michael Girard Alba	
2). Dr. Pearl Oliveth Intia	
3). Ms. Rochelle Nisola	
<b>CAVITE PROVINCE:</b>	<b>NAME OF REPRESENTATIVE:</b>
1). Baco National High School	Ms. Johanna Dela Cruz
2). Imus National High School	Ms. Maileen Roa-Lucas
3). Dasma Integrated High School	Ms. Jochelle Mei Austria
4). Angelo Loyola Senior High School	Ms. Erwiza B. Pelayo
5). Gov. Luis A. Ferrer East National High School	Mr. Armando Urdiztondo
6). Tanza National Comprehensive High School	Mr. Justiniano N. Celeste
7). Tagaytay City Science National High School – Integrated Senior High School	1 Guidance Counselor Representative
<b>LAGUNA PROVINCE:</b>	<b>NAME OF REPRESENTATIVE:</b>
1). Cuyab National High School	Ms. Charmaine Pili
2). Cabuyao Integrated National High School	1 Guidance Counselor Representative
3). Col. Lauro Dizon Memorial Integrated High School	Ms. Reena Reyes
4). Laguna Senior High School	Ms. Carmela B. Salvador
5). Biñan Integrated High School	Ms. Marianne De Guzman
6). Kapayapaan Integrated High School	Ms. Camille V. Bugayong
7). Balibago Integrated High School	Ms. Myrna M. Santos
8). Novaliches Elementary School	Dr. Jeffry M. Fresco
<b>BATANGAS PROVINCE:</b>	<b>NAME OF REPRESENTATIVE:</b>
1). Balayan National High School	Ms. Maria Thesbe C. Cudiamat





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2). Bauan Technical Integrated High School	Ms. Zena Grace H. Adducul
3). Taysan San Jose Integrated High School	Ms. Josephine P. Benzon
4). Batangas City Integrated High School	Ms. Sheena Wella G. Arguelles
5). Inosloban-Marawoy Integrated National High School	Ms. Naira M. Araño
<b>RIZAL PROVINCE:</b>	<b>NAME OF REPRESENTATIVE:</b>
1). Antipolo National High School	Ms. Riessa Gonzales
2). San Jose National High School (Antipolo)	Ms. Rosemarie Rufino
3). Angono National High School	Ms. Raquel Dela Cruz
4). Tanay National High School	Ms. Maricel Medrano
5). San Mateo National High School	Ms. Julieta G. Omania
6). San Jose National High School (Rodriguez)	Ms. Mary Jane G. Catanduanes
<b>QUEZON PROVINCE:</b>	<b>NAME OF REPRESENTATIVE:</b>
1). Talipan National High School	1 Guidance Counselor Representative
2). Dagatan National High School	Mr. Bobbie M. Tolentino
3). Matandang Sabang National High School	Ms. Allelie C. Herrera
4). Gumaca National High School	1 Guidance Counselor Representative