



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON

14 July 2023

Regional Memorandum
No.417 s.2023

**CONCENTRATION TRAINING FOR CALABARZON
ATHLETES FOR THE 2023 PALARONG PAMBANSA**

To: **Schools Division Superintendents**

1. To ensure a competitive TEAM CALABARZON for the 2023 Palarong Pambansa on July 31 to August 5, 2023, in Marikina City, a live-in concentration training for Region IV-A CALABARZON athletes shall be conducted on July 17-23, 2023 in different Schools Division Offices.
2. All Division Sports Officers are instructed to bring their athletes in specific events to the designated coach and ensure that the athletes are properly handed over to the said coach.
3. Concerned Schools Division Offices are requested to provide accommodation in their selected schools to those athletes, assistant coaches, and chaperons coming from other divisions and to the whole team. All participants are also advised to bring their own mattresses, beddings, and food utensils.
4. The Official Coaches should prepare a Training Program to serve as reference by the Monitoring Team. The training should develop utmost discipline as expected from athletes. Included therein is the practice of Greetings (saludo or yell) for the Opening Program of the event. A video recording will be provided for such purpose.
5. The Regional Focals for Sports with the Division Sports Officers are directed to conduct the monitoring of the concentration training on July 17-23, 2023, and should take note of issues and concerns in need of immediate attention addressed to the Regional Director.
6. Travel expenses of athletes, coaches, assistant coaches, and chaperons going to and from the training venue shall be charged against local funds subject to the usual accounting and auditing rules and regulations. Food allowances for athletes during the 7-day concentration training will be downloaded to their respective Schools Division Offices.
7. Enclosed hereto are: List of Selected Athletes, Coaches, Assistant Coaches, and Chaperons; List of playing venues; Calendar of Activities Monitoring Team and suggested monitoring template for reference.



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Certificate No. PHP QMS
22 93 0085

8. For more information or queries, you may contact Dr. Eduarda M. Zapanta, Chief Education Supervisor, Human Resource Development Division (HRDD), or Joseph Tito N. Ocampo, designated Regional Sports Officer at mobile numbers 09189918285 and 09954749255 respectively.
9. Immediate dissemination of this Memorandum is highly expected.


ATTY. ALBERTO T. ESCOBARTE, CESO II
 Regional Director 

ROH1/ROH14

**DIFFERENT TRAINING VENUES FOR CONCENTRATION TRAINING OF
CALABARZON ATHLETES TO THE 2023 PALARONG PAMABANSA**

ELEMENTARY LEVEL

EVENTS	VENUES	RESPONSIBLE PERSONS
Arnis Boys	Binangonan Elem. School	DSO, Coaches, Asst. Coaches, Chaperons
Arnis Girls	Binangonan Elem. School	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Boys	Calaca Central School	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Girls	Calaca Central School	DSO, Coaches, Asst. Coaches, Chaperons
Badminton Boys	Lotus Mall Imus	DSO, Coaches, Asst. Coaches, Chaperons
Badminton Girls	Wackers Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
Baseball Boys	Altura Baseball Field, Tanauan City	DSO, Coaches, Asst. Coaches, Chaperons
Basketball Boys	Salawag Covered Court, Dasmarinas City	DSO, Coaches, Asst. Coaches, Chaperons
Chess Boys	Cavite Province Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
Chess Girls	Lipa City Tanauan City	DSO, Coaches, Asst. Coaches, Chaperons
Aerobic Gymnastics	Angono National High School	DSO, Coaches, Asst. Coaches, Chaperons
Gymnastics (MAG)	Jose Rizal Memorial School Calamba	DSO, Coaches, Asst. Coaches, Chaperons
Gymnastics (WAG)	Jose Rizal Memorial School Calamba	DSO, Coaches, Asst. Coaches, Chaperons
Rhythmic Gymnastics	Rizal Province	DSO, Coaches, Asst. Coaches, Chaperons
Sepak Takraw (Boys)	Calaca Central School, Batangas	DSO, Coaches, Asst. Coaches, Chaperons
Softball Girls	Calaca Central School, Batangas	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Boys	Bosai Resort Antipolo City	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Girls	Bosai Resort Antipolo City	DSO, Coaches, Asst. Coaches, Chaperons
Taekwondo Boys	Taytay Taekwondo Gymnasium	DSO, Coaches, Asst. Coaches, Chaperons
Taekwondo Girls	Taytay Taekwondo Gymnasium	DSO, Coaches, Asst. Coaches, Chaperons
Table Tennis Boys	Quezon National High School	DSO, Coaches, Asst. Coaches, Chaperons

Table Tennis Girls	Quezon National High School	DSO, Coaches, Asst. Coaches, Chaperons
Tennis Boys	San Pablo Tennis Court	DSO, Coaches, Asst. Coaches, Chaperons
Tennis Girls	Sta. Rosa Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Volleyball Boys	Bucandala ES Covered Court	DSO, Coaches, Asst. Coaches, Chaperons
Volleyball Girls	Calaca Central School, Batangas	DSO, Coaches, Asst. Coaches, Chaperons

SECONDARY LEVEL

Archery Girls	Sta. Rosa City	DSO, Coaches, Asst. Coaches, Chaperons
Arnis Boys	Binangonan Elem. School	DSO, Coaches, Asst. Coaches, Chaperons
Arnis Girls	Binangonan Elem. School	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Boys	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Girls	Dasmarinas Track Oval	DSO, Coaches, Asst. Coaches, Chaperons
Badminton Boys	Wackers Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
Badminton Girls	Wackers Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
Baseball Boys	Faith Baseball Field, Tanauan City	DSO, Coaches, Asst. Coaches, Chaperons
Basketball Girls	Guardian Angel Academy, San Mateo Rizal	DSO, Coaches, Asst. Coaches, Chaperons
Basketball Girls 3X3	Quezon Province	DSO, Coaches, Asst. Coaches, Chaperons
Billiards Boys	Antipolo	DSO, Coaches, Asst. Coaches, Chaperons
Billiards Girls	Antipolo	DSO, Coaches, Asst. Coaches, Chaperons
Boxing	VR Boxing Promotion and Fitness Center	DSO, Coaches, Asst. Coaches, Chaperons
Chess Girls	Dasmarinas	DSO, Coaches, Asst. Coaches, Chaperons
Football	Imus City	DSO, Coaches, Asst. Coaches, Chaperons
Futsal	San Jose ES, Montalban Rizal	DSO, Coaches, Asst. Coaches, Chaperons
Aerobic Gymnastics	Angono National High School	DSO, Coaches, Asst. Coaches, Chaperons
Gymnastics (MAG)	Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
Gymnastics (WAG)	Jose Rizal Memorial School Calamba	DSO, Coaches, Asst. Coaches, Chaperons

Rhythmic Gymnastics	Rizal Province	DSO, Coaches, Asst. Coaches, Chaperons
Sepak Takraw Girls	Quezon Province	DSO, Coaches, Asst. Coaches, Chaperons
Softball	City of Dasmaringas Open Field	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Boys	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Girls	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Taekwondo Boys	Taytay Taekwondo Gymnasium	DSO, Coaches, Asst. Coaches, Chaperons
Taekwondo Girls	Taytay Taekwondo Gymnasium	DSO, Coaches, Asst. Coaches, Chaperons
Table Tennis Boys	Dela Salle Lipa	DSO, Coaches, Asst. Coaches, Chaperons
Table Tennis Girls	Dela Salle Lipa	DSO, Coaches, Asst. Coaches, Chaperons
Tennis Boys	Lucena City Tennis Court	DSO, Coaches, Asst. Coaches, Chaperons
Tennis Girls	Lucena City Tennis Court	DSO, Coaches, Asst. Coaches, Chaperons
Volleyball Boys	Dela Salle Lipa	DSO, Coaches, Asst. Coaches, Chaperons
Volleyball Girls	California Academy Antipolo City	DSO, Coaches, Asst. Coaches, Chaperons
Wushu Boys	Sta. Rosa Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Wushu Girls	Sta. Rosa Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Wrestling Boys	Cabuyao Athletics Basic School	DSO, Coaches, Asst. Coaches, Chaperons
Wrestling Girls	Sta. Rosa Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons

DEMONSTRATION SPORTS

ELEMENTARY LEVEL

Dance Sport	Lucena City	DSO, Coaches, Asst. Coaches, Chaperons
Pencak Silat Boys	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Pencak Silat Girls	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons

SECONDARY LEVEL

Dance Sport	Quezon Province	DSO, Coaches, Asst. Coaches, Chaperons
Pencak Silat Boys	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons
Pencak Silat Girls	Laguna Sports Complex	DSO, Coaches, Asst. Coaches, Chaperons

STUDENTS WITH SPECIAL NEEDS

Athletics Boys (VI)	Dasmarinas Track Oval	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Girls (VI)	Quezon Province	DSO, Coaches, Asst. Coaches, Chaperons
Goal Ball (VI)	LAGUNA	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Boys (ID) 15 yrs. Old below	Batangas	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Girls (ID) 15 yrs. Old below	Lucena	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Boys (ID) 16 yrs. Old above	Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
Athletics Girls (ID) 16 yrs. Old above	Dasmarinas	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Boys (ID)	Imus	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Girls (ID)	Rizal	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Boys (OH)	Laguna	DSO, Coaches, Asst. Coaches, Chaperons
Swimming Girls (OH)	Sta. Rosa	DSO, Coaches, Asst. Coaches, Chaperons
BOCCE	Batangas	DSO, Coaches, Asst. Coaches, Chaperons

Department of Education
Region IV-A CALABARZON
Gate 2 Karangalan Village, Cainta, Rizal

LIST OF ATHLETES, COACHES, ASST. COACHES AND CHAPERONS
FOR THE 2023 PALARONG PAMBANSA

ELEMENTARY LEVEL

Arnis (Boys)

	Designation	Name	Division
1	Athlete	Emil DC. Loteyro Jr.	Rizal
2	Athlete	Rafael C. Lorenzo	Rizal
3	Athlete	Gabriel P. Labong	Rizal
4	Coach	Jaypee O. Cruz	Rizal

Arnis (Girls)

	Designation	Name	Division
5	Athlete	Rhian Nyra A. Emnace	Rizal
6	Athlete	Arianna L. Sayson	Rizal
7	Athlete	Ezrah Micah V. Parquez	Rizal
8	Coach	Rea A. Emnace	Rizal
9	Chaperon	Michelle R. Guanlao	Rizal

Athletics (Boys)

	Designation	Name	Division
10	Athlete	Marky Cariño	Dasmariñas City
11	Athlete	Josh Aikhen Tejada	Rizal
12	Athlete	Kiervin Shad Origenes	Lucena City
13	Athlete	John Joshua A. Carbayar	Batangas Province
14	Athlete	Ziljhan Carlo D. Gad	Batangas Province
15	Athlete	Iaolo Yachigo S. Rubio	Santa Rosa City
16	Athlete	Lourenz Mane	Batangas Province
17	Athlete	Kristhan Xyriel Lameyra	Batangas Province
18	Athlete	Rain Patriarca	Rizal
19	Athlete	Mark Jhay-Zhie Poblete	Batangas Province
20	Coach	Dennis Luna	Batangas Province
21	Asst. Coach	Sharah Mae A. Diamante	Dasmariñas City

Athletics (Girls)

	Designation	Name	Division
22	Athlete	Althea Jane Dote	Batangas Province
23	Athlete	Gabriela May Soriano	Batangas Province
24	Athlete	Stephanie Perez	Batangas Province
25	Athlete	Chantal Jay Saulog	Imus City
26	Athlete	Loraine Cendana	Dasmariñas City
27	Athlete	Jade Mariz Abraham	Cavite Province
28	Athlete	Sofhia Muros	Rizal
29	Coach	Rhayven Ron C. Carandang	Batangas Province
30	Asst. Coach	Wennson Tumale	Rizal
31	Chaperon	Louie Mae Evasco	Cavite Province

Badminton (Boys)			
	Designation	Name	Division
32	Athlete	Vladimiere Jharred U. Fullosa	San Pablo City
33	Athlete	Prince Mourey DC. Reyes	Santa Rosa City
34	Athlete	Evan Czar P. Calda	Imus City
35	Athlete	Mark Zyrus Lazarte	Imus City
36	Coach	Jamica N. Aydalla	Imus City
Badminton (Girls)			
	Designation	Name	Division
37	Athlete	Liezel Audrey A. Fernandez	Imus City
38	Athlete	Jazmine Vinz D. Herrera	Rizal
39	Athlete	Roshie Mae N. Quierez	Santa Rosa City
40	Athlete	Rhoanne Cloe S. Sabarillo	Santa Rosa City
41	Coach	Joella R. De Vera	Santa Rosa City
42	Chaperon	Russel B. Maduro	Rizal
Baseball (Boys)			
	Designation	Name	Division
43	Athlete	Prinz Dariel T. Amutan	Tanauan City
44	Athlete	Vincent Jay M. Boringot	Tanauan City
45	Athlete	Sean Ethan V. Castillo	Tanauan City
46	Athlete	Rafaell Joseph T. Eligio	Tanauan City
47	Athlete	Emmanuel G. Estrella	Tanauan City
48	Athlete	Khian Raven S. Hernandez	Tanauan City
49	Athlete	Jerwyn V. Maala	Tanauan City
50	Athlete	Jandel T. Manabat	Tanauan City
51	Athlete	Marcus Joven B. Manaig	Tanauan City
52	Athlete	Christov Leyr E. Martinez	Tanauan City
53	Athlete	Richard Kristofer M. Mendoza	Tanauan City
54	Athlete	Arken R. Vispo	Tanauan City
55	Coach	Rosalina Natanauan	Tanauan City
56	Asst. Coach	Danica May D. Mirandilla	Tanauan City
Basketball			
	Designation	Name	Division
57	Athlete	Kyle Rafael Beronio	Dasmariñas City
58	Athlete	Jerald Bolor	Dasmariñas City
59	Athlete	RonRon Ryan Bunda	Dasmariñas City
60	Athlete	Kriston Emmanuel Candare	Dasmariñas City
61	Athlete	Samuel Nomso Esomchi	Dasmariñas City
62	Athlete	Josiah Jaden Gallo	Dasmariñas City
63	Athlete	Lance Skyler Guanzon	Dasmariñas City
64	Athlete	Sean Yuseff Kentzie	Dasmariñas City
65	Athlete	Dylan Remus Lim	Dasmariñas City
66	Athlete	Edigardo Mangahas II	Dasmariñas City
67	Athlete	Kershey Clart Mataro	Dasmariñas City
68	Athlete	Arwin Unguria	Dasmariñas City
69	Coach	Jeffrey R. Kentzie	Dasmariñas City
70	Asst. Coach	Alfie C. Guance	Dasmariñas City

Chess (Boys)			
	Designation	Name	Division
71	Athlete	Jaymiel Piel	Cavite Province
72	Athlete	Jerald Mariano	Santa Rosa City
73	Coach	Angelita R. Alba	Cavite Province
Chess (Girls)			
	Designation	Name	Division
74	Athlete	Kena Areld Galleguez	Lipa City
75	Athlete	Glaiza Celine Romero	Tanauan City
76	Coach	Argel Joseph M. Garcia	Tanauan City
77	Chaperon	Lorelyn S. Macasaet	Lipa City
Aerobic Gymnastics			
	Designation	Name	Division
78	Athlete	Sean Samuel Arce	Quezon
79	Athlete	Adonna Rose Dadulla	Rizal
80	Athlete	Harcin Layco	Cavite City
81	Athlete	Lindon Jake Dadulla	Rizal
82	Coach	Rosemarie T. Dadulla	Rizal
Men's Artistic Gymnastics (MAG)			
	Designation	Name	Division
83	Athlete	Mark Jacob Villamar	Calamba City
84	Athlete	Denz Gabriele Erasga	Calamba City
85	Athlete	John Benedict Lazona	Calamba City
86	Coach	Marilou E. Culla	Calamba City
Rhythmic Gymnastics (RG)			
	Designation	Name	Division
87	Athlete	Shemeer Millicent Reyes	Rizal
88	Athlete	Sapphira Maybelle Manayon	Rizal
89	Athlete	Jelsie Andriana Trinidad	Rizal
90	Coach	Victoria B. Reyes	Rizal
Women's Artistic Gymnastics (WAG)			
	Designation	Name	Division
91	Athlete	Kaye Margarette Mitra	Santa Rosa City
92	Athlete	Sharylle Sky Maranan	Calamba City
93	Athlete	Jewel Rich Dagohoy	Rizal
94	Coach	Marichu V. Regente	Calamba City
95	Chaperon	Michelle A. Tatlonghari	Santa Rosa City
Sepak Takraw			
	Designation	Name	Division
96	Athlete	Symon Yuki Bangayan	Batangas Province
97	Athlete	Prince Rey Baybay	Batangas Province
98	Athlete	Jerwin Mendoza Jr.	Batangas Province
99	Athlete	Khiane James Miranda	Batangas Province
100	Coach	Maria M. Peña	Batangas Province

Softball (Girls)			
	Designation	Name	Division
101	Athlete	Micaela B. Bruce	Batangas Province
102	Athlete	Bianca Mae D. Cabrera	Batangas Province
103	Athlete	Maria Patrice D. Cabrera	Batangas Province
104	Athlete	Cherry Ann B. De Leon	Batangas Province
105	Athlete	Ciesia Ann B. De Leon	Batangas Province
106	Athlete	Jellian Vonn C. Del Mundo	Batangas Province
107	Athlete	Akiesha Klie S. Encarnacion	Batangas Province
108	Athlete	Ma. Ellery S. Encarnacion	Batangas Province
109	Athlete	Brijette M. Martinez	Batangas Province
110	Athlete	Alexa Joy P. Roquero	Batangas Province
111	Athlete	Ann Nicole V. Solis	Batangas Province
112	Athlete	Johanna E. Villamor	Batangas Province
113	Coach	Pedro D. Sagun	Batangas Province
114	Asst. Coach	Rosemarie C. Del Mundo	Batangas Province
115	Chaperon	Evelyn D. De Leon	Batangas Province
Swimming (Boys)			
	Designation	Name	Division
116	Athlete	Christoffe Boletche	Antipolo City
117	Athlete	Hugh Alberto Parto	Batangas City
118	Athlete	Richard Neilson Navo	Cavite City
119	Athlete	Lance Jacob Bautista	Cavite Province
120	Athlete	Franz Cedric Macalinao	Rizal
121	Athlete	Ethan Kyle Apigo	Rizal
122	Athlete	Jose Isaiah Camomot III	Rizal
123	Coach	Mary Jane C. Flores	Cavite City
Swimming (Girls)			
	Designation	Name	Division
124	Athlete	Eryza Renoa May Buisson	Rizal
125	Athlete	Alliyah Lei Obregon	Imus City
126	Athlete	Ashleyezza Palermo	Dasmariñas City
127	Athlete	Rhyanna Marie Aguila	Dasmariñas City
128	Athlete	Eliza Janna De Kam	Lucena City
129	Coach	Catherine Espante	Rizal
Table Tennis (Boys)			
	Designation	Name	Division
130	Athlete	Nazlem John Marin	Cavite Province
131	Athlete	Liam Zion Cabalu	Quezon
132	Athlete	Christ Kian Alcoy	Batangas Province
133	Athlete	Zian Alcoy	Batangas Province
134	Coach	Linie B. Estrope	Quezon
Table Tennis (Girls)			
	Designation	Name	Division
135	Athlete	Margareth Jane Peralta	Santa Rosa City
136	Athlete	Bianca Torzar	Quezon
137	Athlete	Angela Raine Eguia	Batangas Province
138	Athlete	Sophia Beatriz Almanzor	Batangas Province
139	Coach	Ma. Claricel Liwag	Quezon
140	Chaperon	Christine Bernadette Jolongbayan	Batangas Province

Taekwondo (Boys)			
	Designation	Name	Division
141	Athlete	Jhon Carlo Alipposso	Rizal
142	Athlete	Quinlan Pedraza	Cavite Province
143	Athlete	Lews Therin Telamon Simbulan	Santa Rosa City
144	Athlete	Damien Azlan Marcella	Rizal
145	Athlete	Clint Harron Magracia	Quezon
146	Athlete	Reijes Mcheil Landicho	Quezon
147	Coach	Arnold Acasio	Rizal
Taekwondo (Girls)			
	Designation	Name	Division
148	Athlete	Samantha Shane Refugio	Cavite Province
149	Athlete	Ellisha Rose Cerillo	Imus City
150	Athlete	Cheska Paula Banawa	Sto. Tomas City
151	Athlete	Reeve Margaux Roxas	Batangas Province
152	Athlete	Chandra Calista Florendo	Rizal
153	Athlete	Antonette Aloha Gelizon	Quezon
154	Coach	Joseph Mendoza	Rizal
155	Chaperon	Jessa D. Asugui	Batangas Province
Tennis (Boys)			
	Designation	Name	Division
156	Athlete	Aljhon Rombawa	San Pablo City
157	Athlete	Jan Caleb Villeno	San Pablo City
158	Athlete	Raven Licayan	Imus City
159	Athlete	John Rafael Tamayo	Imus City
160	Coach	Prisilla Aquivido	San Pablo City
Tennis (Girls)			
	Designation	Name	Division
161	Athlete	Christela Lamera	Santa Rosa City
162	Athlete	Julliene Kylie Cautivo	Santa Rosa City
163	Athlete	Jillian Faith Malimban	Cavite
164	Athlete	Alicia Nicole Enitorio	Cavite
165	Coach	Grace Remegio	Santa Rosa City
166	Chaperon	Myla Enitorio	Cavite Province

Volleyball (Boys)			
	Designation	Name	Division
167	Athlete	Floyd Bradley G. Abordo	Imus City
168	Athlete	Justin R. Alarcon	Imus City
169	Athlete	Gian Carlo Balasbas	Imus City
170	Athlete	Gerwin V. Bonete	Imus City
171	Athlete	Gian Carlo Buagayan	Imus City
172	Athlete	Dave Eillor Camia	Imus City
173	Athlete	Stanley A. Castronuevo	Imus City
174	Athlete	Armand D. Frani	Imus City
175	Athlete	Ezio Ervin V. Gabucan	Imus City
176	Athlete	Jonathan Azriel Macalinao	Imus City
177	Athlete	Karl Stephen A. Mauleon	Imus City
178	Athlete	Lawrence C. Valenzuela	Imus City
179	Coach	Darwin C. Frias	Imus City
180	Asst. Coach	Christopher Brian T. Buco	Imus City
Volleyball (Girls)			
	Designation	Name	Division
181	Athlete	Maxime Claudette Remo	Batangas Province
182	Athlete	Princess Perez	Batangas Province
183	Athlete	Jeniefer Lee Quindoza	Batangas Province
184	Athlete	Zianthal Faith Alday	Batangas Province
185	Athlete	Vheniz Rhyanne Umali	Batangas Province
186	Athlete	Kylene Villacastin	Batangas Province
187	Athlete	Irish Nicole Porlay	Batangas Province
188	Athlete	Angel Jhenica Marquez	Batangas Province
189	Athlete	Loraine Andrea Mendoza	Batangas Province
190	Athlete	Kate Irish Panganiban	Batangas Province
191	Athlete	Trixie Macaraig	Batangas Province
192	Athlete	Christine Ahne Bho	Batangas Province
193	Coach	Marlon A. Viaro	Batangas Province
194	Asst. Coach	Thelma Robles	Batangas Province
195	Chaperon	Edna H. Peña	Batangas Province

Department of Education
Region IV-A CALABARZON
 Gate 2 Karangalan Village, Cainta, Rizal

LIST OF ATHLETES, COACHES, ASST. COACHES AND CHAPERONS
FOR THE 2023 PALARONG PAMBANSA

SECONDARY LEVEL

Archery (Girls)

	Designation	Name	Division
1	Athlete	Yesha Michiko Tamayo	Santa Rosa City
2	Coach	Rudy EbaJan	Santa Rosa City
3	Chaperon	Madel Fanoga	Santa Rosa City

Arnis (Boys)

4	Athlete	Ian Carlo Beniza	Rizal
5	Athlete	Liomar Aggabao	Rizal
6	Athlete	Jhon Christopher Aggabao	Rizal
7	Athlete	Angelito Aggabao	Rizal
8	Athlete	Emmanuel Pantan	Rizal
9	Coach	Emil Loteyro	Rizal

Arnis (Girls)

10	Athlete	Melody Legaspi	Rizal
11	Athlete	Jana Lorraine Quintilla	Rizal
12	Athlete	Angelyn Aggabao	Rizal
13	Athlete	Rianne Nisha Pagunsan	Rizal
14	Athlete	Princess Shyra Nicole Derecho	Dasmariñas City
15	Coach	Ma. Vanessa Solayao	Rizal
16	Chaperon	Blenda Abigail Senerador	Dasmariñas City

Athletics (Boys)

17	Athlete	Rain Mabelin	Dasmariñas City
18	Athlete	Jerico Cadag	Dasmariñas City
19	Athlete	Joshua Caacbay	Dasmariñas City
20	Athlete	Carlos Miguel Nacario	Batangas Province
21	Athlete	Giean Roenel Abregunda	Batangas Province
22	Athlete	Zhian Lex Castillo	Batangas Province
23	Athlete	John Aljay Raz	Batangas Province
24	Athlete	Airon John Arañez	Batangas Province
25	Athlete	Nico Clamor	General Trias City
26	Athlete	Orlando Gomez Jr.	Imus City
27	Athlete	Prince Philip Canja	Imus City
28	Athlete	Bernard Ramos	Laguna
29	Athlete	Vergilio Ramos Jr.	Laguna
30	Athlete	John Kyle Batulan	Laguna
31	Athlete	Lander Josh Arban	Laguna
32	Athlete	Joshua Medina	Laguna
33	Athlete	Richard Amponin	Lucena City
34	Athlete	Ian Llaneras	Quezon
35	Athlete	John Dave Tumangan	Rizal
36	Athlete	Matthew Luis Angeles	Rizal
37	Athlete	Mark henry Astillero	Rizal
38	Athlete	Joeross Simangan	Rizal
39	Athlete	Dave Balingit	Santa Rosa City
40	Athlete	John Christopher Maestro	Santa Rosa City
41	Athlete	Danniel Escarez	Batangas City
42	Athlete	James Harvey Neusena	
43	Coach	Geron Serrano	Laguna
44	Asst. Coach	Lycel Panganiban	Batangas Province

Athletics (Girls)

	Designation	Name	Division
45	Athlete	Pauline Angela Alvarez	Batangas Province
46	Athlete	Shane Irish Cortas	Batangas Province
47	Athlete	Krisleen Shane Santiago	Dasmariñas City
48	Athlete	Minuel Joy Viral	Biñan City
49	Athlete	Sophia Sia	Biñan City
50	Athlete	Loraine Audrey Batalla	Calamba City
51	Athlete	Jamica Santiago	Dasmariñas City
52	Athlete	Princes Jane Uriarte	Dasmariñas City
53	Athlete	Maria Encar Pelone	Dasmariñas City
54	Athlete	Jonalyn Halasan	Imus City
55	Athlete	Evita Ruth Belloso	Laguna
56	Athlete	Shyrylle Mae Cosejo	Quezon
57	Athlete	Ashley Mecel Tabad	Rizal
58	Athlete	Daniella Colleen Andrada	Rizal
59	Athlete	Gennah Malapit	Rizal
60	Athlete	Allyssa Junio	Rizal
61	Athlete	Princess Iglesias	Rizal
62	Coach	Leolito Dinco	Dasmariñas City
63	Asst. Coach	Richard Furuc	Rizal
64	Chaperon	Jonalyn C. Sol	Dasmariñas City

Badminton (Boys)

	Designation	Name	Division
65	Athlete	Michael Anthony Eugenio	Imus City
66	Athlete	Shan Clar	Santa Rosa City
67	Athlete	John Benedict Gam	Santa Rosa City
68	Athlete	Joshua Martinez	Santa Rosa City
69	Coach	Ace E. Noceja	Santa Rosa City

Badminton (Girls)

	Designation	Name	Division
70	Athlete	Althea Dawn Ocampo	Santa Rosa City
71	Athlete	Anielka Maeve Paz	Biñan City
72	Athlete	Althea Princess Hernandez	Santa Rosa City
73	Athlete	Andrea Princess Hernandez	Santa Rosa City
74	Coach	Geron F. Chavez	Santa Rosa City
75	Chaperon	Airene D. Calma	Santa Rosa City

Baseball

	Designation	Name	Division
76			
77	Athlete	Liam Alexei O. De Vera	Tanauan City
78	Athlete	Jethro Angelo G. Piamonte	Tanauan City
79	Athlete	Yuan Miguel Sumague	Tanauan City
80	Athlete	Ken Benedict M. Madrid	Tanauan City
81	Athlete	Dustin Andrei A. Guong	Tanauan City
82	Athlete	Barry Gabriel A. Oñas	Tanauan City
83	Athlete	Aldred Lance M. Salazar	Tanauan City
84	Athlete	Jahniel Andrew Platon	Tanauan City
85	Athlete	Roan Vrix M. Terrible	Tanauan City
86	Athlete	Zedric Ashley Gabriel Sison	Tanauan City
87	Athlete	Prince Luis E. Villanueva	Tanauan City
88	Athlete	Adam Ayman O. Saniano	Tanauan City
89	Coach	Jessie V. Natanauan	Tanauan City
90	Asst. Coach	John Gabriel G. Contreras	Tanauan City

Basketball (Girls)

	Designation	Name	Division
90	Athlete	Danielle May L. Santos	Rizal
91	Athlete	Simone Nicole Moldero	Rizal
92	Athlete	Jenny Gapido	Rizal
93	Athlete	Kaye Zie Sangre	Rizal
94	Athlete	Maria Isabel Domingo	Rizal
95	Athlete	Alyssa Nicole Pacheco	Rizal
96	Athlete	Pauline Amalin	Rizal
97	Athlete	Erinli Nicole Catequista	Rizal
98	Athlete	Trisha Isabelle Catequista	Rizal
99	Athlete	Dyna Vhenice Fernando	Rizal
100	Athlete	Hannah Beatrice Del Rosario	Rizal
101	Athlete	Rhoda Janes Nodora	Rizal
102	Coach	Marlon P. Adolfo	Rizal
103	Chaperon	Abbie Andrea T. Arrobang	Rizal

Basketball 3x3 (Girls)

	Designation	Name	Division
104	Athlete	Alkeizha Alpajora	Quezon
105	Athlete	Krizza Mae Bellen	Quezon
106	Athlete	Monalisa Nopia	Quezon
107	Athlete	Daphnie Joy Regalaro	Quezon
108	Coach	Cris Genesis D. Escudero	Quezon
109	Chaperon	Siony A. Lat	Quezon

Billiard (Boys)

	Designation	Name	Division
110	Athlete	Albert James Manas	Antipolo City
111	Athlete	Gabriel Fronda	Batangas City
112	Coach	Manuel D. Balod Jr,	Antipolo City

Billiard (Girls)

	Designation	Name	Division
113	Athlete	Cheeya Mai Navarro	Antipolo City
114	Athlete	Mhay Anne Joy Escama	Quezon
115	Coach	Ferdinand C. Gondraneos	Antipolo City
116	Chaperon	Kateleen Therese Dela Cruz	Quezon

Boxing (Boys)

	Designation	Name	Division
117	Athlete	Achiles John Calanza	Batangas City
118	Athlete	Mark Justin Medez	Batangas City
119	Athlete	Francin Cachuela	Batangas Province
120	Athlete	Joram Roleda	Biñan City
121	Athlete	Diory Boy Sixta	Biñan City
122	Athlete	Marc Cedric Bulfa	Lucena City
123	Athlete	Clark Vicera	Lucena City
124	Athlete	Mark Faustino Rosales	Lucena City
125	Athlete	Winie Boyones	Santa Rosa City
126	Athlete	Lowell Alolod	Santa Rosa City
127	Coach	Joveth Racsag	Lucena City
128	Asst. Coach	Gerald Tacujan	Biñan City

Chess (Boys)

	Designation	Name	Division
129	Athlete	Mark Jay Bacojo	Dasmariñas City
130	Athlete	Rigil Kent Rosell Pahamtang	Lipa City
131	Coach	Jennifer Gutierrez	Dasmariñas City

Chess (Girls)

	Designation	Name	Division
132	Athlete	Franchesca Largo	Santa Rosa City
133	Athlete	Jerlyn Mae San Diego	Dasmariñas City
134	Coach	Eleazar G. Gutierrez	Dasmariñas City
135	Chaperon	Mercy A. Macuto	Santa Rosa City

Football (Boys)

	Designation	Name	Division
136	Athlete	Jason John Salavante	Imus City
137	Athlete	Miguel Javier Manolo Bengson	Imus City
138	Athlete	Joshua Anthony Yee	Imus City
139	Athlete	Rafael Airon Benedict Ganzon	Imus City
140	Athlete	Viggo Louis Herce	Imus City
141	Athlete	Alonso Lucas Aguilar	Imus City
142	Athlete	Ralph Matthew Gregorio	Imus City
143	Athlete	Prince Arthur Reyes	Imus City
144	Athlete	Raphael Anton Barretto	Imus City
145	Athlete	Jian Vinz Caraig	Imus City
146	Athlete	Miguel Naiara Reyes	Imus City
147	Athlete	Justine Luke Rabe	Imus City
148	Athlete	Ethan Nikolas Catada	Imus City
149	Athlete	Ruiz Alceo Ocampo	Imus City
150	Athlete	Matteo Rafael Mercado	Imus City
151	Athlete	Orlando Raul Bernardo	Imus City
152	Athlete	Ishitaro Mori	Imus City
153	Coach	Nii Aryee Ayi	Imus City
154	Asst. Coach	Bernadine Rose Santos Yamamoto	Imus City

Futsal (Girls)

	Designation	Name	Division
155	Athlete	Jannaly Cruz	Rizal
156	Athlete	Martha Jamela Enriquez	Rizal
157	Athlete	Vanessa Jhoy Ignacio	Rizal
158	Athlete	Ma. Angelica Maje	Rizal
159	Athlete	Jade Bernadeth Marzan	Rizal
160	Athlete	Dy Ann Miranda	Rizal
161	Athlete	Danica Morla	Rizal
162	Athlete	Marjolyn Murillo	Rizal
163	Athlete	Regine Murillo	Rizal
164	Athlete	Trixie Mae Sagun	Rizal
165	Athlete	Liean Claire Trinidad	Rizal
166	Coach	Gillen Manlapaz	Rizal
167	Chaperon	Mara De Guzman	Rizal

Aerobic Gymnastics (Boys & Girls)

	Designation	Name	Division
168	Athlete	Dustin Kim Villafuerte	Rizal
169	Athlete	Mark John Orca	Quezon
170	Athlete	Jillian Sanchez	Quezon
171	Athlete	Airam Dawn Dadulla	Rizal
172	Coach	Ray Jay T. Dipasupil	Quezon
173	Chaperon	Jay-Ann Lugapo	Rizal

Men's Artistic Gymnastics (MAG)

	Designation	Name	Division
174	Athlete	Jheydie Navarro	Santa Rosa City
175	Athlete	Mark Lance Villamar	Calamba City
176	Athlete	Sheldon Lord Dela Cruz	Rizal
177	Coach	Marvin Dizon	Santa Rosa City

Rhythmic Gymnastics (RG)

	Designation	Name	Division
178	Athlete	Trisha Mae Montifalcon	Rizal
179	Athlete	Cristalin Zoe Valencia	Rizal
180	Athlete	Fatima Mia Coronado	Rizal
181	Coach	Marilou J. Vitor	Rizal

Women's Artistic Gymnastics (WAG)

	Designation	Name	Division
182	Athlete	Althea Marie Balitbit	Calamba City
183	Athlete	Jia Mae Cabatingan	Rizal
184	Athlete	Shenead Fuaso	Calamba City
185	Coach	Christine Joy Calatin	Calamba City
186	Chaperon	Portia Cordova	Rizal

Sepak Takraw (Girls)

	Designation	Name	Division
187	Athlete	Trisha Mae Maniebo	Quezon
188	Athlete	Cynthia Poleene Onia	Quezon
189	Athlete	Janelle Ramirez	Quezon
190	Athlete	Maria Jhoella Rivera	Quezon
191	Athlete	Charlene Mae Ramirez	Quezon
192	Coach	Orlando Maledao	Quezon
193	Chaperon	Camille P. Credo	Quezon

Softball (Girls)

	Designation	Name	Division
194	Athlete	Aliyah Nhicole Abarentos	Dasmariñas City
195	Athlete	Mary Grace Dennise Arguna	Dasmariñas City
196	Athlete	Yunela Roberts Bartolome	Dasmariñas City
197	Athlete	Angela Louise Dela Cruz	Dasmariñas City
198	Athlete	Shenna Mae Europa	Dasmariñas City
199	Athlete	Francheska Gerbano	Dasmariñas City
200	Athlete	Tiffany Labargan	Dasmariñas City
201	Athlete	Leyne Mei Sangcap	Dasmariñas City
202	Athlete	Estefhany Torrado	Dasmariñas City
203	Athlete	Suji Yang	Dasmariñas City
204	Athlete	Christel Mae Zafra	Dasmariñas City
205	Athlete	Ryza Mae Zafra	Dasmariñas City
206	Coach	Veince Alvarez	Dasmariñas City
207	Asst. Coach	April Kim Alcala	Dasmariñas City

Swimming (Boys)

	Designation	Name	Division
208	Athlete	Matthew Thomas Alumbres	Imus City
209	Athlete	Peter Cyrus Dean	Lucena City
210	Athlete	Marcus Johannes De Kam	Lucena City
211	Athlete	Kaela Bryce Garzon	Rizal
212	Athlete	Jamesray Mishael Ajido	Antipolo City
213	Athlete	Kevin Arguzon	Dasmariñas City
214	Athlete	Rafael Cyron Ole	Quezon
215	Athlete	Julian Louwers De Kam	Lucena City
216	Athlete	Edrol Rain Tumulto	Rizal
217	Athlete	Joart Calderon	Lipa City
218	Athlete	Kensaku Hatazawa	Dasmariñas City
219	Athlete	John Marocenel Alagon	Rizal
220	Athlete	Ashby Jayce Canlas	Lucena City
221	Athlete	Franz Isaac Ubaldo	Laguna
222	Athlete	Gilbert Rodevic Gonzalvo	Lipa City
223	Athlete	Lleyton Allen Rara	Lipa City
224	Athlete	Luke Amber Matthew Arano	Antipolo City
225	Athlete	Guile Shaimond Rey Coliyat	Batangas City

226	Athlete	Eric Jacob Umali	Lipa City
227	Athlete	Jason Clark Mabilog	Rizal
228	Athlete	Matthew Cameron Dasig	General Trias City
229	Athlete	Zahjeed Isaac Sarmiento	Lucena City
230	Athlete	Carlito Oliver Diaz	Antipolo City
231	Athlete	Ethan Yuri Dulin	Antipolo City
232	Athlete	Alejandro Carandang	Imus City
233	Athlete	Renielle Jan Mikos Trinidad	Lucena City
234	Athlete	Jamen Rafael Bersamin	Antipolo City
235	Athlete	Miguel Ian Cagulangan	Santa Rosa City
236	Athlete	Marthe Ryan Macanpanpa	Laguna
237	Athlete	Brent Dave Cadelino	Rizal
238	Coach	William Verzo	Lucena City

Swimming (Girls)

	Designation	Name	Division
239	Athlete	Micaela Jasmine Mojdeh	Biñan City
240	Athlete	Ishaelle Mae Villa	Cavite Province
241	Athlete	Maria Francesca Barretto	Antipolo City
242	Athlete	Shairinne Floriano	Antipolo City
243	Athlete	Alarie Somuelo	Dasmariñas City
244	Athlete	Renavive Rontessa Subida	Dasmariñas City
245	Athlete	Daniella Anne Gregorio	Lipa City
246	Athlete	Jada Corrine Cruz	Rizal
247	Athlete	Shania Joy Baraquiel	Cavite City
248	Athlete	Raina Samantha Leyran	Dasmariñas City
249	Athlete	Kaniezia Reign Malijan	Imus City
250	Athlete	Zia Noele Ranjo	Calamba City
251	Athlete	Rhetz Andaya	Dasmariñas City
252	Athlete	Angela Pasang	Laguna
253	Athlete	Rio Rafaelle Balbuena	Antipolo City
254	Athlete	Reign Margaret Magnaye	Laguna
255	Athlete	Francheska Ysabelle Alterado	Lucena City
256	Athlete	Lei Allesa Bergonio	Lipa City
257	Athlete	Shinloah Yve San Diego	San Pedro City
258	Athlete	Ayena Jed Calvario	Imus City
259	Athlete	Reneilly Jeanne Trinidad	Lucena City
260	Athlete	Alyssa Nicole Caro	Lipa City
261	Athlete	Beverly Grace Mendoza	Antipolo City
262	Athlete	Nikola Atienza	Lipa City
263	Athlete	Hannah Magale	Cavite Province
264	Coach	Galanito Gonzales	Biñan City
265	Chaperon	Baby Grace Galban	Cavite Province

Table Tennis (Boys)

	Designation	Name	Division
266	Athlete	Augustuss Conrad Mendez	Antipolo City
267	Athlete	Carl Benjamin Delos Reyes	Lipa City
268	Athlete	Laurence Lee Cuaycong	Laguna
269	Athlete	Keiji Redor	Laguna
270	Coach	Ronnel Latag	Lipa City

Table Tennis (Girls)

	Designation	Name	Division
271	Athlete	Cate Jazztyne Sarmiento	Lipa City
272	Athlete	Samantha Bandojo	Santa Rosa City
273	Athlete	Aliana Paula Areza	Laguna
274	Athlete	Ma. Ana Therese Gumobao	Laguna
275	Coach	Jayson Trofeo	Lipa City
276	Chaperon	Machelle B. Rebong	Santa Rosa City

Taekwondo (Boys)

	Designation	Name	Division
277	Athlete	Chris Daniel Barrozo	Dasmariñas City
278	Athlete	Raymond Palmares	Rizal
279	Athlete	Jherson Labugen	Cavite Province
280	Athlete	Veneile Jakob Hachaso	Lucena City
281	Athlete	Melbourne Johnroyce Jerome Lustado	Rizal
282	Athlete	Monsur Peregrino	Batangas Province
283	Athlete	Achilles Casanova	San Pablo City
284	Athlete	Al Sobere II	Dasmariñas City
285	Athlete	Daniel Angelo Buñag	Lucena City
286	Athlete	John Vergel Reyes	Dasmariñas City
287	Coach	Eric Go	Rizal

Taekwondo (Girls)

	Designation	Name	Division
288	Athlete	Myla Versales	Rizal
289	Athlete	Nierrah Jane Aguelo	Dasmariñas City
290	Athlete	Blythe Rojan De Jesus	Batangas Province
291	Athlete	Ma. Iralene Valderamos	Tayabas City
292	Athlete	Ynna Daniella Monterey	Rizal
293	Athlete	Louann Amanda Evasco	Imus City
294	Athlete	Erin Joyce Basilio	Antipolo City
295	Athlete	Izzy Malvas	Rizal
296	Athlete	Asheleigh Dayniel Dispo	Lucena City
297	Athlete	Anizah Noelle Cabero	Dasmariñas City
298	Coach	Alejandro Jose	Rizal
299	Chaperon	Marinel Acosta	Dasmariñas City

Tennis (Boys)

	Designation	Name	Division
300	Athlete	Kean Sebastian Enriquez	Imus City
301	Athlete	Reign Maravilla	Dasmariñas City
302	Athlete	Prince Patrick Salvacion	Lucena City
303	Athlete	Prince Luis Salvacion	Lucena City
304	Coach	Renato Contado	Lucena City

Tennis (Girls)

	Designation	Name	Division
305	Athlete	Nina Angeline Alcala	Lucena City
306	Athlete	Avegail Joy Ansay	Santa Rosa City
307	Athlete	Melody Francine Dizon	Santa Rosa City
308	Athlete	Shaira Gil Silva	Santa Rosa City
309	Coach	Flordeliza Valderama	Lucena City
310	Chaperon	Joan M. Olaybal	Santa Rosa City

Volleyball (Boys)

	Designation	Name	Division
311	Athlete	John Carlos Benedict Bustamante	Lipa City
312	Athlete	Lance Kirby Carurucan	Lipa City
313	Athlete	Jeremi Pierre Cuenca	Lipa City
314	Athlete	Kris Gabriel Hernandez	Lipa City
315	Athlete	John Mark Ignacio	Lipa City
316	Athlete	Carl Joseph Leon Maranan	Lipa City
317	Athlete	Carl Jersey Perez	Lipa City
318	Athlete	Patrick Jade Reyes	Lipa City
319	Athlete	Maru Adrian Robles	Lipa City
320	Athlete	Nico Angelo Savadera	Lipa City
321	Athlete	John Francis Vergara	Lipa City
322	Coach	Pedro M. Perez Jr.	Lipa City
323	Asst. Coach	Val Bautista	Lipa City

Volleyball (Girls)

	Designation	Name	Division
324	Athlete	Mhonnieceka Joyce Soliven	Antipolo City
325	Athlete	Jenalyn Umayam	Antipolo City
326	Athlete	Maxene Lia Nicole Lotivio	Antipolo City
327	Athlete	Casiey Monique Dongallo	Antipolo City
328	Athlete	Gracen Shamel Fernandez	Antipolo City
329	Athlete	Kizzie Madriaga	Antipolo City
330	Athlete	Frianna Jhezi Narei Villaret	Antipolo City
331	Coach	Obet E. Vital	Antipolo City
332	Asst. Coach	Allan T. Mendoza Jr.	Antipolo City
333	Chaperon	Jelaicca Faye Gajero	Antipolo City

Wrestling (Boys)

	Designation	Name	Division
334	Athlete	Viel Bartolome	Cabuyao City
335	Athlete	James Ivan Esguerra	Antipolo City
336	Athlete	John Ryan Estante	Antipolo City
337	Athlete	John Rafael Gomez	Santa Rosa City
338	Athlete	John Matthew Elizalde	Cabuyao City
339	Athlete	Ain Win Ulnagan	Santa Rosa City
340	Athlete	Russel Flores	Cabuyao City
341	Athlete	Uzziah Asher Gulay	Santa Rosa City
342	Coach	Johnlyn Aban	Santa Rosa City

Wrestling (Girls)

	Designation	Name	Division
343	Athlete	Princess Joeryn Barrameda	Lucena City
344	Athlete	Jhea Mae Aban	Santa Rosa City
345	Athlete	Frenszy Cabodil	Cabuyao City
346	Athlete	Ashley Mae Bagafuro	Antipolo City
347	Athlete	Camile Batolinao	Lucena City
348	Athlete	JC Rose Estante	Antipolo City
349	Athlete	Michelle Belitor	Cabuyao City
350	Athlete	Marlyn Babor	Santa Rosa City
351	Coach	Jomar Sy	Cabuyao City
352	Chaperon	Ma. Zenia Bolanoz	Antipolo City

Wushu (Boys)

	Designation	Name	Division
353	Athlete	Jeffrey Boro	Quezon
354	Athlete	Reniel Abrencillo	Cavite Province
355	Athlete	Wystketh Rhyss Maranan	Santa Rosa City
356	Athlete	Gyne Kurle Bartolazo	Santa Rosa City
357	Athlete	Don Martin Pingol	Santa Rosa City
358	Athlete	Carl Angelo Eguid	Rizal
359	Coach	Joemel Dancalan	Santa Rosa City

Wushu (Girls)

	Designation	Name	Division
360	Athlete	Franzine Nuñez	Quezon
361	Athlete	Jesica Ebreo	Lucena City
362	Athlete	Roxanne Cabildo	Rizal
363	Athlete	Jackelyn Ardales	Rizal
364	Coach	Marienella Anne Aldea	Rizal
365	Chaperon	Diana Rose Querubin	Rizal

Department of Education
Region IV-A CALABARZON
 Gate 2 Karangalan Village, Cainta, Rizal

DEMO SPORTS

ELEMENTARY LEVEL

Dancesport

	Designation	Name	Division
1	Athlete	Rafael Sinohin	Lucena City
2	Athlete	Ayesha Paula Macawili	Lucena City
3	Athlete	Gian Zandro Hernandez	Lucena City
4	Athlete	Karroll Christianne Alladel	Lucena City
5	Coach	Caryl Jean Gacola	Lucena City

SECONDARY LEVEL

Dancesport

	Designation	Name	Division
6	Athlete	Renz Ezekiel Ramos	Quezon
7	Athlete	Niovie Malabanan	Quezon
8	Athlete	Yael Angelo Manugo	Lucena City
9	Athlete	Rhian Oliver	Lucena City
10	Coach	Berlinda Paroan	Quezon
11	Asst. Coach	Christopher Alex Abella	Lucena City

Pencak Silat (Boys)

	Designation	Name	Division
12	Athlete	John Carlo Orella	Cabuyao City
13	Athlete	Raniel Joshua Macaraig	Batangas Province
14	Athlete	Emmanuel Tristan Alorro	Santa Rosa City
15	Athlete	Ken Russel Tojino	Rizal
16	Athlete	Yosef Lorence Gatdula	Laguna
17	Coach	Aristotle Norman Mercado	Laguna

Pencak Silat (Girls)

	Designation	Name	Division
18	Athlete	Kiana Yvon Dariagan	Cabuyao City
19	Athlete	Arian Joyce Ofalsa	Quezon
20	Athlete	Kram Airam Carpio	Laguna
21	Athlete	Roselyn Andallon	Batangas Province
22	Athlete	Aiceil Ayque	Quezon
23	Chaperon	Joy M. Zurbano	Quezon

Department of Education
Region IV-A CALABARZON
Gate 2 Karangalan Village, Cainta, Rizal

LIST OF ATHLETES, COACHES AND ASST. COACHES
FOR THE 2023 PARAGAMES

a. VISUALLY IMPAIRED (VI) *

Event	No.	Designation	Name	Division
Athletics Boys	1	Athlete	Greco Mendoza	Cavite City
	2	Athlete	Vince Hugo	Lucena City
	3	Athlete	Glenmor Barrantes	Quezon
	4	Coach	Yolanda Remo	Lucena City

Event	No.	Designation	Name	Division
Athletics Girls	5	Athlete	Chesley Jewel Maestro	Quezon
	6	Athlete	Edwina Aquino	Santa Rosa City
	7	Athlete	Jenny Rose Dequiña	Lucena City
	8	Coach	Darwin A. Cabile	Quezon
	9	Asst. Coach	Divine Grace Matillano	Lucena City

Event	No.	Designation	Name	Division
Goal Ball	10	Athlete	Hernan Ilagan	Laguna
	11	Athlete	Jakielyn Lelis	Laguna
	12	Athlete	John Louise Remo	Quezon
	13	Athlete	Avril Lerene Lorena	Quezon
	14	Coach	Leonila R. Baguisa	Laguna

b. INTELLECTUALLY DISABLED (ID) *

Event	No.	Designation	Name	Division
Athletics 15 yrs. Old and below Boys	15	Athlete	Jeremie Bujo	Laguna
	16	Athlete	Sidney Eduard Camson	Batangas Province
	17	Athlete	John Cedrick Catibog	Batangas Province
	18	Athlete	Clarence Kyld Mallorca	Rizal
	19	Athlete	John Cedric Abrio	Dasmariñas City
	20	Coach	Saeryl Mueco	Batangas Province
	21	Chaperon	Susan Lougelyn Villaruel	Dasmariñas City

Event	No.	Designation	Name	Division
Athletics 15 yrs. Old and below Girls	22	Athlete	Reena Rayven Gequillo	Cavite Province
	23	Athlete	Irish Llanes	Quezon
	24	Athlete	Angel Lomio	Tanauan City
	25	Coach	Juliet Jaca	Lucena City

Event	No.	Designation	Name	Division
Athletics 16-25 yrs. Old Boys	26	Athlete	Luis Gabriel Estabas	Santa Rosa City
	27	Athlete	Michael Bolor	Santa Rosa City
	28	Athlete	John Edward Saria	Cavite City
	29	Athlete	Lawrence Javier	Laguna
	30	Athlete	Kerwin Cadocoy	Cavite City
	31	Coach	Ellaine Relato	Santa Rosa City
	32	Chaperon	Grace Roselle Danao	Cavite City

Event	No.	Designation	Name	Division
Athletics 16-25 yrs. Old Girls	33	Athlete	Alexis Flores	Dasmariñas City
	34	Athlete	Christine Joy Gonzales	Quezon
	35	Athlete	Jackierose Orpilla	Cavite Province
	36	Athlete	Ericka Havana	Cavite Province
	37	Athlete	Grace Joy Manalo	Dasmariñas City
	38	Coach	Cheryll C. Boncato	Dasmariñas City
	39	Chaperon	Noemi Lazo	Cavite Province

Event	No.	Designation	Name	Division
Bocce	40	Athlete	Aeron Rabino	Batangas Province
	41	Athlete	Bernard Ivine Reyes	Batangas Province
	42	Athlete	Kisshalie Ariola	Batangas Province
	43	Athlete	Beatrice Gwenn Duque	Batangas Province
	44	Coach	Path L. Erracho	Dasmariñas City
	45	Chaperon	Marlene Desepeida	Batangas Province

Event	No.	Designation	Name	Division
Swimming Boys	46	Athlete	James Brendon Merced	Imus City
	47	Athlete	John Mell Bautista	Laguna
	48	Coach	Raul S. Falogme	Imus City

Event	No.	Designation	Name	Division
Swimming Girls	49	Athlete	Elyssa Loraine Atienza	Rizal
	50	Athlete	Ma. Patriz Nicole Principe	Rizal
	51	Coach	Mary Rose A. Aydalia	Rizal

c. ORTHOPEDICALLY HANDICAPPED (OH) *

Event	No.	Designation	Name	Division
Athletics/ Swimming Boys	52	Athlete	Justine Oliveros	Laguna
	53	Athlete	Chester Albert Rabanal	Santa Rosa City
	54	Coach	Bernadith Miras	Laguna

Event	No.	Designation	Name	Division
Athletics/ Swimming Girls	55	Athlete	Angel Alvarez	Santa Rosa City
	56	Coach	Easter Ruth G. Nacis	Santa Rosa City

Enclosure 3 to Regional Memorandum No. _____ s. 2023

**LIST OF MONITORING OFFICIALS.FOR CONCENTRATION TRAINING
JULY 17-23, 2023**

	Name	Division
1.	Eduarda M. Zapanta	Regional Office
2.	Pacita Q. Lungcay	Regional Office
3.	Joseph Tito N. Ocampo	Regional Office
4.	Arnel T. Buena	Antipolo City
5.	Gina A. Manas	Bacoor City
6.	Jimmy J. Morillo	Batangas Province
7.	Nicolas A. Asi	Batangas City
8.	Gertrude A. Anunciacion	Biñan City
9.	Marianne A. Velasco	Cabuyao City
10.	Joel I. Libranda	Calamba City
11.	Gregoria S. Atas	Cavite Province
12.	Justin Vic R. Lampas	Cavite City
13.	Michael M. De Guzman	Dasmariñas
14.	Chereyna R. Guantia	General Trias City
15.	Marciano V. Valles	Imus City
16.	Judith V. Clemente	Laguna
17.	Roland Diaz	Lipa City
18.	Joey L. Jader	Lucena City
19.	Joan Alejaida R. Mauhay	Quezon
20.	Benito L. Picones	Rizal
21.	Lerma M. Baldonado	San Pablo City
22.	Marites R. Martinez	San Pedro City
23.	Mario V. Zantua	Santa Rosa City
24.	Florentino Lara	Sto. Tomas City
25.	Julius Rhyann M. Quine	Tanauan City
26.	Maria Corazon Borbon	Tayabas City
27.	Merlita O. Sayago	Antipolo City
28.	Movita A. Cruzat	Batangas Province
29.	Rosalina H. Panganiban	Batangas City
30.	Philip D. Cruz	Cabuyao City
31.	Enelyn T. Badillo	Calamba City
32.	Anna Marie S. Aranzanzo	Cavite Province
33.	Sheila D. Lee	Cavite City
34.	Jessie A. Layugan	Dasmariñas City
35.	Ma. Heidi Alaine V. Tahir	General Trias City
36.	Adora G. Del Mundo	Imus City
37.	Roderica R. Camacho	Laguna
38.	Maria Fe C. Bautista	Lipa City
39.	Rowela M. Caperina	Lucena City
40.	Joan Alejaida R. Mauhay	Quezon
41.	Araceli C. Tejada	Rizal
42.	Criselda D. Moresca	San Pablo City
43.	Nida S. Santos	San Pedro City
44.	Maribel M. De Vera	Santa Rosa City
45.	Angelita D. Razon	Sto. Tomas City
46.	Evelyn Fano	Tanauan City

**SUGGESTED MONITORING TEMPLATE FOR
CONCENTRATION TRAINING ON JULY 17-23, 2023**

Event : _____

SDO: _____

Level: _____

Date of Monitoring: _____

Target Competencies or Skills to be developed	Training and Drills conducted in enhancing the skills or competencies	Identified Gaps	Intervention/ Assistance Provided

Issues and concerns: _____

Recommendation / Remarks: _____

Prepared by: _____

Name and Signature

Designation: _____

Monitored by: _____

Name and Signature

Designation: _____