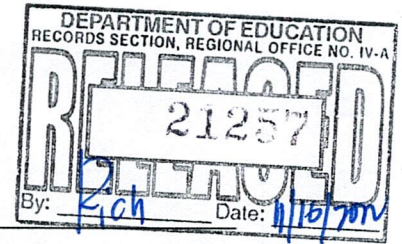




Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON  
GATE 2, KARANGALAN VILLAGE  
1900 CAINTA, RIZAL



13 October 2022

**Regional Memorandum**

No. 669, s. 2022

**FOURTH QUARTER 2022 RESEARCH O'CLOCK**

To **Schools Division Superintendents concerned**  
**Functional Division Chiefs**

1. To continuously promote and strengthen research results and evidence-based decision making, program designing and implementation, plan formulation and adjustments, this Office through the Policy, Planning and Research Division will conduct the Fourth Quarter 2022 Research O'clock on November 17, 2022, 9:00 a.m. – 4:00 p.m. via MS Teams.
2. This activity aims to:
  - a. provide a venue for the region to learn from the different research conducted by the regional researchers; and
  - b. promote open discussions and continuous learning, experience for education leaders, researchers, and learning leaders.
3. The participants in this activity are selected researchers with approved research papers under the 6th Cycle Basic Education Research Fund (BERF), Regional Research Committee (RRC), Senior Education Program Specialists (SEPS) for Planning and Research, and Policy, Planning and Research Division (PPRD) secretariat.
4. Expenses relative to the conduct of this activity will be charged against the Regional Fund and subject to usual government accounting rules and regulations.
5. Please take note of the following reminders to help ensure smooth flow of the activity:
  - for proper identification, please login using this format: SDO/name, example: Cavite/Juan Dela Cruz;
  - participants are requested to join the video conference at 8:30 a.m. to ensure the meeting can start on time;
  - register using this link <https://bit.ly/4thResearchOclocck2022> on or before November 11, 2022, Friday;



**"EXCELLENCE is a CULTURE and QUALITY is a COMMITMENT"**

Trunkline: 02-8682-5773/8684-4914/8647-7487 loc. 470-471

Website: [depedcalabarzon.ph](http://depedcalabarzon.ph)

Document Inquiry : <https://r4a-teadoc.com/inquire>

Facebook: DepEd R-4A Calabarzon

PPRD-RM-2022-669


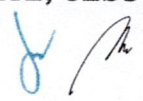




- the secretariat will send the link of the video conference via email on the day before the actual conduct of the activity;
- selected researchers must prepare a 15-minute video (maximum file size of 300 MB) for their presentation and upload it through this link [bit.ly/4thQuarter2022ResearchOclock](https://bit.ly/4thQuarter2022ResearchOclock) not later than November 14, 2022. The file name must follow this format: Surname of the lead proponent SDO.

Example: Dela Cruz\_Cavite

6. Attached are the indicative program, schedule of presentation and the guidelines for the research presentation for your reference.
7. For inquiries, please contact Jumar M. Sadsad of Policy, Planning and Research Division at [jumar.sadsad@deped.gov.ph](mailto:jumar.sadsad@deped.gov.ph) and/or 8682-5773 loc. 470.
8. Immediate and wide dissemination of this Memorandum is earnestly desired.

  
**ATTY. ALBERTO T. ESCOBARTE, CESO II**  
Regional Director 

pprd/jms

### Indicative Program of Activities

Time	Activity	Persons Involved
9:00–9:30 AM	<b>Preliminaries</b> <ul style="list-style-type: none"> <li>National Anthem</li> <li>Prayer</li> <li>CALABARZON March</li> <li>Presentation of Participants</li> <li>Welcome Remarks</li> <li>Statement of Purpose</li> <li>Inspirational Message</li> <li>House Rules</li> </ul>	<b>AVP</b> <b>AVP</b> <b>AVP</b>  <b>JUMAR M. SADSAD</b> Planning Officer III  <b>CHERRYLOU D. REPIA</b> Assistant Regional Director  <b>VIERNALYN M. NAMA</b> Chief, PPRD  <b>ATTY. ALBERTO T. ESCOBARTE, CESO II</b> Regional Director
9:30–10:00 AM	Psychological Stress, Work Stressors and Resilience of Teachers in the New Normal: A Stress Management Program	<b>Maria Fe Taroy</b> SDO Bacoar City  <b>Reactor:</b> <b>Michael Girard R. Alba</b> Chief, FTAD
10:00–10:30 AM	Impact of Parents' Occupation in Facilitating Their Children in Modular Approach	<b>Jake T. Gajardo</b> <b>Lhea L. Regucera</b> <b>Agnes R. Silva</b> SDO Calamba City  <b>Reactor:</b> <b>Eduarda M. Zapanta</b> Chief, ESSD
10:30–10:45 AM	<b>Health Break</b>	
10:45–11:15 AM	Exploring the Roles and Experiences of Guidance Teachers: Basis for Systematizing the Delivery of Guidance Services in Schools	<b>Arlene C. Pureza</b> SDO Batangas City  <b>Reactor:</b> <b>Job S. Zape Jr.</b> Chief, CLMD
11:15–12:00 PM	<b>Open Forum</b>	
12:00NN–1:30 PM	<b>Lunch Break</b>	
1:30–2:00 PM	Teaching in the New Normal: Reflections on the Experiences of Selected Public School Teachers in SDO San Pablo City	<b>Nora M. Calabia</b> <b>Albert T. Saul</b> <b>Heidilyn S. Tolentino</b> SDO San Pablo City  <b>Reactor:</b> <b>Elinio S. Garcia</b> OIC-Chief, QAD
2:00–3:00 PM	<b>Open Forum</b>	



<b>Time</b>	<b>Activity</b>	<b>Persons Involved</b>
3:00-4:00 PM	Closing Program	PPRD

## Guidelines for Online Presentation of Research Studies

### General Reminders

- a. The session moderator will introduce the researchers at the beginning of the forum.
- b. The 15-minute video presentation will be played and focuses on the research results, conclusion and recommendations.
- c. Follow the prescribed outline and content of presentation below:

Outline	Content
Title of the Study (1 slide)	Title of the study, researchers, workstation, Division Office
Introduction/Rationale/Background of the Study (1 slide)	Describe the problem or issue that inspires the researcher/s to conduct the study.
Statement of the Problem (1-2 slides)	Present the statement of the problem.
Theoretical/Conceptual Framework (1 slide)	Present also the theoretical or conceptual framework being used in the study
Methodology and Scope of the Study (1-2 slides)	Present the research design, methodology, respondents, research locale and ethical consideration
Research Findings (1-7 slides)	Present the findings in each specific research question or objective. Use graphic organizers or pictures to support your findings.
Conclusion and Recommendations (1-3 slides)	Short conclusion synthesizing the findings. Specify recommendations based on the findings.
References (1 slide)	In bullet form, present relevant references used in the study.