



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON

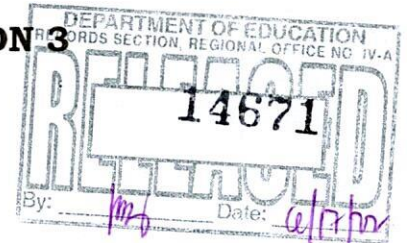


03 June 2022

Regional Memorandum

2022 KUMUSTA CALABARZON! SEASON 3

To **Schools Division Superintendents**
All teaching and non-teaching personnel
All Learners



1. In view of the continued state of public health emergency brought about by the COVID-19 pandemic, and in response to the preparedness, response, and recovery actions needed for the continuity of public service in the Education Sector, this Office through the Education Support Services Division and the Public Affairs Unit, in collaboration with the Information and Communication Technology Unit and Schools Division Offices, will conduct the 60-minute interactive talk show, entitled: "Kumusta CALABARZON!" live streamed in the Facebook social media platform of the Region DepEd Tayo CALABARZON and DepEd R-4A CALABARZON.
2. Each livestream is automatically cross-posted to the official social media pages of the 22 Schools Division to ensure maximum reach of the program.
3. At the end of the season 3, the participants shall be able to:
 - a. Understand the importance of continued COVID-19 mitigation in the workplace as we transition to the new normal;
 - b. Identify important life skills to survive in the pandemic (financial health, mental and physical health); and
 - c. Know how specific school health programs (Wash in Schools and Adolescent Reproductive Health) are being implemented during pandemic.
4. All DepEd CALABARZON employees are enjoined to participate while parents, learners and other stakeholders are invited. This shall be aired monthly from 10:00 am to 11:00 am. An open forum after the presentation will be conducted to answer questions from the virtual audience.
5. For questions and clarifications, you may contact Pearl Oliveth S. Intia MD, Medical Officer IV at pearl.intia@deped.gov.ph.



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6. For information and compliance of all concerned.


FRANCIS CESAR B. BRINGAS

Regional Director 

cc: essd/poi

Enclosure A. Program Management Team

Overall Chair: Eduarda M. Zapanta, ESSD
 Chair: Pearl Oliveth S. Intia, ESSD
 Co-Chair: Wilbert C. Ulpindo, ESSD
 Members: Neil B. Evangelista, ESSD
 Ariel M. Azuelo, PAU
 Ma. Joan Paula D. Dino, PAU
 Rey M. Valenzuela, ICT
 Melvin D. Punzalan, ICT
 Mark Anthony T. Espiritu, ICT
 Ephraim L. Gibas, ICT

Enclosure B. Matrix / Program of Activities

DATE	ACTIVITY	Resource Person
Season 3	Technical Run 9-10 am Livestreaming 10-11 am	ICT and PAU
1st episode May 23, 2022	CoVid pa din? Kapit lang kapatid, Resbakuna pa din! (Current Status, Trends and Mitigation of COVID-19?)	Mr. John Bobbie M. Roca Nurse IV, Head Regional Epidemiology Surveillance Unit, DoH 4A, QMMC Compound, P, Tuazon Street, Quezon City 09175709202
2nd episode June 20, 2022	How to Massively WinS it (Stories on the WinS MOOC Journey)	SDO Bacoor City
3rd episode July 18, 2022	Let's Move EAT (Eating and Exercising properly)	Marla Frances Mallari, PhD Associate Professor and Chair of the Department of Sports Science at the University of the Philippines Diliman College of Human Kinetics.
4th episode August 22, 2022	Hey Hey, are you still OK (Talk on Mental Wellness)	
5th episode September 19, 2022	Bata Bata, wag ka muna mag-Bata (Usapang Komprehensibo sa Adolescent Reproductive Health)	SDO Cavite
6th episode October 24, 2022	Ipon Ipon, then What (Investment 101)	