



Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON  
GATE 2, KARANGALAN VILLAGE  
1900 CAINTA, RIZAL



5 May 2022

**Regional Memorandum**

**ACTIVITIES FOR THE CASCADING OF THE FOUNDATIONAL  
COURSE ON ADOLESCENT HEALTH**

**TO: Schools Division Superintendents**

1. Relative to OUA MEMO 00-0122-0065 "Conduct Of Trainings For Foundational Course On Adolescent Health", the Office of the Undersecretary for Administration (OUA) through the Bureau of Learner Support Services-School Health Division have conducted a series of Online Training for the Foundational Course on Adolescent Health for Regional and Division ARH Coordinators for CALABARZON last February 15-18,2022.
2. The aforementioned training shall be cascaded by the trained Regional and Division Adolescent Reproductive Health (ARH) Focal Person to school personnel, including all guidance counselors in the DepEd offices within the year 2022.
3. In preparation to the cascading of the Foundational Course on Adolescent Health, a Regional Cascade Team is hereby organized to ensure the proper conduct of the Course. The members of the cascade team are the Regional and Division ARH Coordinators who have completed the said Course and agency partners as listed in Enclosure A.
4. The following activities will be undertaken by the Cascade Team as depicted in Enclosure B. Please ensure that the concerned members do not have overlapping activities during the specified dates. This will serve as their practice ground in cascading to the respective schools.
5. For questions and clarifications, you may contact Pearl Oliveth S. Intia MD, Medical Officer IV at [pearl.intia@deped.gov.ph](mailto:pearl.intia@deped.gov.ph).
6. For immediate dissemination and compliance of all concerned.

  
**FRANCIS CESAR B. BRINGAS**  
Regional Director

essd/poi



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**Enclosure A:** Members of the Cascade Team for the Foundational Course on Adolescent Health

<b>Name</b>	<b>Office/Schools Division</b>
Pearl Oliveth S. Intia MD	Regional Office 4A
Neil B. Evangelista	Regional Office 4A
Arline B. Dulin	Antipolo City
Janelle I. San Jose	Bacoor City
Christian Harina	Batangas Province
Iren Soriano	Batangas City
Carmencita K.Juntilla	Binan City
Romel A. Delingon	Cabuyao City
Aileen Joy P. Lozano, RN	Calamba City
Jossarina T. Arias	Cavite City
April Joy A. Rom, RN	Cavite Province
Maria Cricelda Felizardo	Dasmariñas City
Mary Grace E. Javier MD	General Trias City
Jackielyn R. Mararac	Imus City
Ara M. Aguilar RN	Laguna
Ana Marie D. Limbo, RN	Lipa City
Dr. Dante R. Diamante, Jr	Lucena City
Princess Rejano	Quezon
Georgina C. Tubon-Reyes, MD	Rizal
Ammiela Theresa S. Gurrea MD	San Pablo City
Nanette V. Biong	San Pedro City
Venus G. Manalo, RN, MAN	Santa Rosa City
Kathleen Claire C. Mercader	Tanauan City
Lailani T. Omlas	Tayabas city
Harold David	PopCom 4A
Dr Valerie Pascual	CHD 4A

**Enclosure B.** Activities for the Cascading of the Foundational Course on Adolescent Health

<b>Activities</b>	<b>Virtual Links</b>	<b>Objectives</b>
Organizational Meeting and Tasking – May 6, 2022 (Friday) @1-3PM	Google Meet joining info Video call link: <a href="https://meet.google.com/tig-gzor-dmn">https://meet.google.com/tig-gzor-dmn</a>	a.To organize the Cascade Team and respective responsibilities b. To review the course program and presentations
Technical Run Through May 13, 2022 (Friday) 1-3 PM	Online platform TBD	c.To conduct a technical run through of the course to ensure proficiency of each member of the cascade team on the respective task/s

Conduct of Course May 17-20, 2022 8:30 am-12:30pm	Online platform TBD	d. To conduct the Foundational Course on Adolescent Health
Post cascade meeting May 27, 2022 (Friday) 1-3 PM	Google Meet joining info Video call link: <a href="https://meet.google.com/ahd-yjdm-afd">https://meet.google.com/ahd-yjdm-afd</a>	e. To evaluate the conduct of the course