



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
GATE 2, KARANGALAN VILLAGE
1900 CAINTA, RIZAL



1 July 2021

Regional Memorandum

2021 NUTRITION MONTH

To **Schools Division Superintendents**

1. Nutrition Month is celebrated every July by virtue of Section 7 of the Presidential Decree No. 491 or the "Nutrition Act of the Philippines, 25 June 1974" which aims to increase awareness on the importance of proper nutrition.
2. The Department of Education Region IV-A CALABARZON supports the celebration of the 2021 Nutrition Month. This year's theme is "**MALNUTRISYON PATULOY NA LABANAN, FIRST 1000 DAYS TUTUKAN**" which focuses on the first 1000 days of child's life from the mother's womb up to the age of 2, this is the period when the foundations of growth, health, and brain development across the lifespan are established.
3. The Schools Division Offices and Schools are encouraged to promote the 2021 Nutrition Month by sharing and posting of the official theme and posters on the DepEd Tayo pages and conduct of webinars to increase awareness on the first 1000 days of life.
4. Downloadable material such as Nutrition Month Logo and poster are available at bit.ly/NUTRITIONMONTH2021
5. For further information, kindly contact Mr. Neil B. Evangelista, Nutritionist-Dietitian II through mobile at 09472998999 or through email at neil.evangelista@deped.gov.ph.
6. Immediate and widest dissemination of this memorandum is earnestly desired.


FRANCIS CESAR B. BRINGAS
Regional Director 

cc: essd/nbe



"EXCELLENCE is a CULTURE and QUALITY is a COMMITMENT"

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