



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
GATE 2, KARANGALAN VILLAGE
1900 CAINTA, RIZAL



10 February 2021

Regional Memorandum

**ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM IN
CALABARZON (PILOT ACTIVITY)**

To **All Schools Division Superintendents**


1. The Commission on Population and Development CALABARZON through the Technical Working Group on Adolescent Pregnancy of which the Department of Education IV A CALABARZON is a member, will conduct a Pilot Online Activity on Adolescent Health and Development Program in selected secondary schools in CALABARZON for Calendar Year 2021.
2. The objective is to impart the right information related to adolescent sexuality through particular demand generation activities such as Teenage Pregnancy Symposium (April-May 2021) and AHD Film Dissemination (October-November 2021).
3. Target are grades 8-10 learners including their respective advisers with a maximum of 100 participants per session and a maximum of 2 hours duration per session. We encourage the Schools Division Offices to reach the minimum goal of 100 participants in their respective Division.
4. The Schools Division Office' Adolescent Health Focal Person in coordination with the respective City/Municipal Population Officer will determine the specific schools and schedule as guided by the attached Program Design and Implementation Plan. The List of Provincial/City/Municipal Population Officers and sample Program are attached for your reference.
5. Electronic certificate of attendance will be awarded by the PopCom 4A upon completion of the program to both learners and advisers.



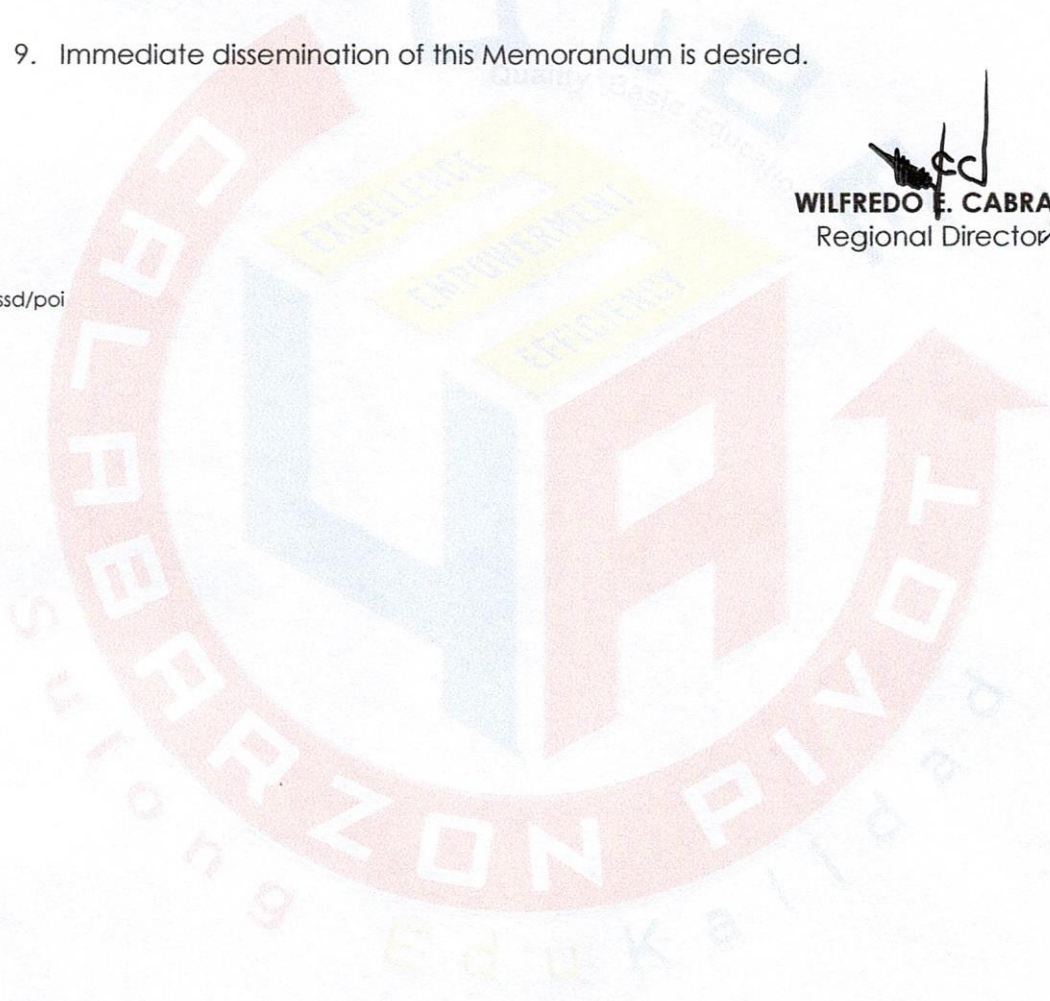
"EXCELLENCE is a CULTURE and QUALITY is a COMMITMENT"

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6. A quarterly report on these activities will be shared by PopCom CALABARZON to DepEd CALABARZON.
7. Attached are the program of activities for your reference:
 - 7.1 Online Adolescent Health Program Program Matrix and Timeline
 - 7.2 Teenage Pregnancy Program
 - 7.3 AHD Film Dissemination Program
8. For questions/clarifications, Pearl Oliveth S. Intia MD, Medical Officer IV can be reached at 0917 9110690.
9. Immediate dissemination of this Memorandum is desired.


WILFREDO E. CABRAL
Regional Director

essd/poi





POPCOM
Empowering Filipino Families

PROGRAM OF ACTIVITIES

Form No. POA-R04-FM020

Version No. 01

Effective: March 1, 2018

Title of Activity: **AHD Film Dissemination Activity**

Dates:

Venue:

1. Objectives of the Activity

- 1.1. To engage the facilitators and educators on the reproductive health issues of the adolescents.
- 1.2. To deepen the understanding about adolescents and the underlying causes of teenage pregnancy, early sexual debut, HIV/AIDS, and maternal deaths through film showing.

2. Program of Activities

Time	Topic/Activity	Responsible Person
10:00-10:15 am	Opening Session a. Registration b. Opening Prayer c. National Anthem d. Acknowledgement of the Participants e. Welcome/Opening Message	Secretariat
10:15-10:45 am	Presentation of the Incidence of Teen Pregnancy and Region IV-CALABARZON and the Results of Young Adult Fertility and Sexuality Survey (YAFSS) 4	Facilitator
10:45-11:30 am	Film Showing Focus Group Discussion Lecture	Facilitator
11:30-12:00 nn	Closing Message <i>Home Sweet Home</i>	



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PROGRAM OF ACTIVITIES

Form No. POA-RO4-FM020

Version No. 01

Effective: March 1, 2018

Title of Activity: **Teenage Pregnancy Symposium**

Date:

Venue:

1. Objectives of the Activity

- 1.1. To enable the participants to be aware of the risks in teenage pregnancy
- 1.2. To equip the adolescents to have responsible choices on their sexuality

2. Program of Activities

Time	Topic/Activity	Responsible Person
10:00-10:15 am	Opening Session a. Registration b. Opening Prayer c. National Anthem d. Acknowledgement of the Participants e. Welcome/Opening Message	Secretariat
10:15-10:45 am	Presentation of the Incidence of Teen Pregnancy and Region IV-CALABARZON and the Results of Young Adult Fertility and Sexuality Survey (YAFSS) 4	Facilitator
10:45-11:30 am	Teen Choice	Facilitator
11:30-12:00 nn	Open Forum (Tanong na hindi matanong-tanong) Closing Message <i>Home Sweet Home</i>	Facilitator



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POPCOM-CALABARZON

COMMISSION ON POPULATION AND DEVELOPMENT
Empowering Filipino Families

PILOT OF ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM ACTIVITIES IN CALABARZON
PROGRAM DESIGN

Activity	Description and Objective	Program Flow	Target Audience	Duration	Remarks	Target Date	Reporting
Teenage Pregnancy Symposium	This symposium discusses the teenage pregnancy situation using the relevant data available, reasons why adolescents are engaged into too early sex and the consequences of teenage pregnancy. This activity reached hundreds of adolescent to address issues and for them to educated on the risk of teenage pregnancy.	<ul style="list-style-type: none"> - Presentation of Teenage Pregnancy Incidence in the Region - Teen Choice - Open Forum (Tanong na di Matanong-tanong) 	Adolescents and Advisers (Grades 8 – 10) Minimum of 100 per SDO	2 Hours	For Grade 8 maximum of 2 hours per session online	April – May 2021	Quarterly
AHD Film Dissemination	AHD Film Dissemination is designed to help facilitators and educators to engage with the youth on their reproductive health issues. This aims to deepen the understanding about adolescents and the underlying causes of teenage pregnancy, early sexual debut, HIV/AIDS, maternal deaths, through watching the films and run a focus group discussion.	<ul style="list-style-type: none"> - Presentation of Teenage Pregnancy Incidence in the Region - Film Showing - Focus Group Discussion - Lecture 	Adolescents and Advisers (Grades 8 – 10) Minimum of 100 per SDO	2 Hours	For Grade 8 maximum of 2 hours per session online	October – November 2021	Quarterly

Welfareville Compound, Acacia Lane, Barangay Addition Hills, Mandaluyong City, Philippines, 1550

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PILOT OF ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM ACTIVITIES IN CALABARZON TIMELINE

Activity	Timeline
Endorsement to SDOs	February 2021
Coordination of Local Population Officer with SDOs	March 2021
Endorsement to Schools by the SDOs	March 2021
Implementation of Teenage Pregnancy Symposium	April to May 2021
Submission of Quarterly Report of POPCOM CALABARZON to DepEd CALABARZON	June 2021
Implementation of AHD Film Dissemination	October to November 2021
Submission of Quarterly Report of POPCOM CALABARZON to DepEd CALABARZON	December 2021
Evaluation, Assessment of 2021 Implementation and Planning for 2022	January 27, 2022 (Thursday)

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