



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
GATE 2, KARANGALAN VILLAGE
1900 CAINTA, RIZAL



08 January 2021

Regional Memorandum

**SECOND SERIES OF THE NATIONAL VIRTUAL ORIENTATION ON THE USE OF DEPED
SPORTS MANUAL**

To **Schools Division Superintendents**

1. The Department of Education through the Bureau of Learner Support Services – School Sports Division (BLSS-SSD) shall conduct the **Second Series of the National Virtual Orientation on the Use of DepEd Sports Manual** from January 12 to February 6, 2021 via Zoom.
2. Participants to this activity are Physical Education teachers and school sports officers/coordinators. Enclosure 1 & 2 presents the Schedule of Orientation per Sport and Resource Persons and list of participants respectively.
3. All concerned are enjoined to authorize the resource persons and participants to attend the virtual activity. Moreover, the resource persons and participants must secure authority from their respective heads of office/supervisors and if necessary arrange for a substitute to take over the school chores in their absence.
4. For reference and guidance, the electronic copies of the DepEd Sports Manual may be accessed at www.bit.ly/DepEdSportsManual. For questions and other concerns, please contact Mr. James Julius Liquigan, Project Development Officer III of BLSS-SSD through (02) 8632-0260 or email at blss.ssd@deped.gov.ph.
5. Immediate dissemination of this Memorandum is desired.


WILFREDO E. CABRAL
Regional Director

QAD/pql/mlh



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Office of the Regional Director

Enclosure 2

NATIONAL VIRTUAL ORIENTATION ON THE USE OF DEPED SPORTS MANUAL PARTICIPANTS

Billiards

Name	School	Division	Contact Numbers	Email Ad
1. Celso B. Dela Peña	Lecheria Integrated School	Calamba City	09090713927	celso.delapena@deped.gov.ph
2. Michael D. Mandapat	Nereo R. Joaquin NHS	Biñan City	09297670361	michael.mandapat002@deped.gov.ph
3. Bob C. Belocura Jr	Gen Emilio Aguinaldo NHS	Imus City	09171168859	bobir.belocura@deped.gov.ph
4. Darryl H. Francia	Agdangan CES	Quezon	09284042600	darryl.francia@deped.gov.ph
5. Romar Laguna	Felix Amante SHS	San Pablo City	09988836536	romar.laguna@deped.gov.ph

Chess

Name	School	Division	Contact Numbers	Email Ad
1. Gregorio G. Constantino	Luis Palad Integrated High School	Taybas City	09282633183	gregorio.constantino@deped.gov.ph
2. Wendell L. Perez	Lucena West 1 Elementary School	Lucena City	09435455646	wendell.perez001@deped.gov.ph
3. Alvin C. Sioson	Pag-asa National High School	Dasmariñas City	09151171872	alvin.csioson@deped.gov.ph
4. Lemuel Lorenzo John L. Bermas	Pantay Integrated High School	Tanauan City	09566975122	lemuel.bermas@deped.gov.ph
5. Ada S. Palopalo	Dila Elementary School	Santa Rosa City	09971723306	ada.palopalo@deped.gov.ph

Men's Artistic Gymnastics (MAG)

Name	School	Division	Contact Numbers	Email Ad
1. Eleonor L. Busime	North Marinig Elementary Sch.	Cabuyao City	09777533973	eleonor.busime@deped.gov.ph
2. Rocel San Buenaventura	San Isidro Elementary School	Rizal	09171340093	rocel.sanbuenaventura@deped.gov.ph
3. Fely Rose Española	Cavite National High School	Cavite City	09165429219	felyrose.espanola@deped.gov.ph
4. Benjamin C. Yasona	Concepcion Elementary School	Laguna	09368961153	benjamin.yasona001@deped.gov.ph
5. Salvador Castañeda	Southville 4 Elementary School	Santa Rosa City	09210706383	salvador.castaneda@deped.gov.ph

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Women's Artistic Gymnastics (WAG)

	Name	School	Division	Contact Numbers	Email Ad
1.	Mary-Ann C. Daraquay	Malagagasang 2 ES	Imus City	09352893448	maryann.daraquay@deped.gov.ph
2.	Mary Holiday H. Quidaleg	Dasmariñas East HIS	Dasmariñas City	09054030057	maryholiday.quidaleg@deped.gov.ph
3.	Doreza A. Mandanas	Tiaong East Elementary School	Quezon	09192404923	doreza.mandanas@deped.gov.ph
4.	Rowena C. Catindig	Mojon Elementary School	Laguna	09171146189	rowena.catindig@deped.gov.ph
5.	Maria Madonna Ramos	Santiago 1 Elementary School	San Pablo City	09277860363	mariamadonna.ramos@deped.gov.ph

Rhythmic Gymnastics (RG)

	Name	School	Division	Contact Numbers	Email Ad
1.	Sambay G. Nabor	Eduardo Barretto Sr. NHS	Calamba City	09353341882	sambay.nabor@deped.gov.ph
2.	Shara Rose R. Extra	Pagkakaissa Elementary School	Biñan City	09507107104	shararose.extra001@deped.gov.ph
3.	Michelle Mei T. Maglinao	Tanauan City HIS	Tanauan City	09192400337	michellemei.maglinao@deped.gov.ph
4.	Amihan R. Fenis	Muzon National High School	Rizal	09753772078	amihan.fenis001@deped.gov.ph
5.	Mary Ann M. Daccasin	Gov. Ferrer MNHS – Main	General Trias City	09084623351	maryann.daccasin@deped.gov.ph

Swimming

	Name	School	Division	Contact Numbers	Email Ad
1.	Mercedi Cabaral	Imus Pilot ES	Imus City	09088606244	mercedi.cabaral@deped.gov.ph
2.	Avelinda T. Medrano	Rizal Elementary School	Lipa City	09273438326	avelinda.medrano001@deped.gov.ph
3.	Ma. Ruby C. Dalisay	Sampaga Elementary School	Batangas City	09186938047	maruby.dalisay@deped.gov.ph
4.	Christopher Escondo	San Pablo City Science IHS	San Pablo City	09213805260	christopher.escondo@deped.gov.ph
5.	Jonalyn B. Zolleta	Lucena Dalahican NHS	Lucena City	09289542025	jonalyn.zolleta@deped.gov.ph

Bocce

	Name	School	Division	Contact Numbers	Email Ad
1.	Irish Anne Meneses	San Jose NHS	Antipolo City	09672850899	irishanne.meneses@deped.gov.ph
2.	Nelma Olivia A. Tolentino	Tanauan South SPED Center	Tanauan City	09612699968	nelmaolivia.tolentino@deped.gov.ph
3.	Vilma Dimalsip	Paaralang Pag-Ibig at Pag-asa	San Pablo City	09151253853	vilma.dimalsip@deped.gov.ph
4.	Gian Valerie A. Toledo	Ladislao Diwa ES	Cavite City	09354864161	gianvalerie.arangale@deped.gov.ph
5.	Kristiti Grace Lianne P. Tan	Bay Central Elementary School	Laguna	09329147168	kristitigraceliannetan@deped.gov.ph

Goalball

	Name	School	Division	Contact Numbers	Email Ad
1.	Krystine B. Promentilla	Senator Claro M. Recto MIS	Lipa City	09399368950	krystine.promentilla@deped.gov.ph
2.	Michelle M. Isondato	Lucena East VII Elementary School	Lucena City	09494764930	michelle.lesondato@deped.gov.ph
3.	Julietta D. De Leus	Sto. Tomas North Central School	Batangas	09338611992	julieta.deleus@deped.gov.ph
4.	Arnel Gayeta	Paaralang Pag-Ibig at Pag-asa	San Pablo City	09369492208	arnel.gayeta@deped.gov.ph
5.	Shiela Cabisidan	Quinale Elementary School	Laguna	09102624728	shiela.cabisidan001@deped.gov.ph

Badminton

	Name	School	Division	Contact Numbers	Email Ad
1.	Hilda C. Caagbay	Luis Palad Integrated HS	Tayabas City	09128780080	hilda.caagbay@deped.gov.ph
2.	Michelle Sandra L. Maghirang	Kumintang Elementary School	Batangas City	09175370473	michelle.maghirang@deped.gov.ph
3.	Rodanilo Taboran	Lucena East VI ES	Lucena City	09205201047	rodanilo.taboran@deped.gov.ph
4.	June Nancy Rosete	Zapote Elementary School	Bacoar City	09399358059	junenancy.rosete@deped.gov.ph
5.	Maria Jasmine A. Almazan	Sangle Point NHS	Cavite City	09064517182	mariajasmine.almazan@deped.gov.ph

Basketball

	Name	School	Division	Contact Numbers	Email Ad
1.	Laureano R. Guinolong Jr.	Pasong Buaya 2 ES	Imus City	09672392117	laureano.guinolong001@deped.gov.ph
2.	Abner Ligsa	Queenstrow Elementary School	Bacoar City	09555442574	abner.ligsa001@deped.gov.ph
3.	Carlos M. Baral	Lucsuhin National High School	Batangas	09396579754	carlos.baral@deped.gov.ph
4.	Michael L. Valdez	Atimonan CES	Quezon	09501499790	michael.valdez001@deped.gov.ph
5.	Erwin Asugui	Luis Y. Ferrer Jr. North NHS	General Trias City	09173282991	erwin.asugui@deped.gov.ph

Sepak Takraw

	Name	School	Division	Contact Numbers	Email Ad
1.	Jomaper G. Aguilera	San Salvador Loob ES	Lipa City	09480701009	jomaper.aguilera@deped.gov.ph
2.	Pedro Talosig	BN IV Elementary School	Antipolo City	09269312853	pedro.talosig@deped.gov.ph
3.	Edwin Catangay	Southville INHS	Cabuyao City	09088638081	edwin.catangay@deped.gov.ph
4.	Joel B. Buiza	Congressional HIS	Dasmariñas City	09107363992	joel.buiza001@deped.gov.ph
5.	Riza D. Baldeo	Gov. Luis A. Ferrer Jr. East NHS	General Trias City	09267077234	riza.delacruz001@deped.gov.ph

Softball

	Name	School	Division	Contact Numbers	Email Ad
1.	Joy Jimenez	Bacoor NHS Villa Maria	Bacoor City	09434729697	joy.jimenez005@deped.gov.ph
2.	Ruben Golla	Baras National High School	Rizal	09275709395	ruben.golla001@deped.gov.ph
3.	Mercy B. Amparo	Paliparan III Elementary School	Dasmariñas City	09171207314	merc.y.amparo001@deped.gov.ph
4.	Noel Diaz	Baras Elementary School	Rizal	09276784547	nolldiaz@depe.gov.ph
5.	Anthony M. Barrion	Agoncillo National High School	Batangas	09275325650	mark.barrion@deped.gov.ph

Volleyball

	Name	School	Division	Contact Numbers	Email Ad
1.	Marisol P. Valdeavilla	Luis Palad Integrated HS	Tayabas City	09670063078	marisol.valdeavilla@deped.gov.ph
2.	Adrian R. Landicho	San Sebastian Elementary Sch.	Lipa City	09563776756	adrian.landicho@deped.gov.ph
3.	Jephthe E. Mercado	Mayapa Elementary School	Calamba City	09958960257	jephthe.mercado@deped.gov.ph
4.	Mylen B. Macatangay	Pinamucan Integrated School	Batangas City	09081764282	mylen.macatangay@deped.gov.ph
5.	Mary Jane C. Flores	Ladislao Diwa Elementary School	Cavite City	09093317903	maryjane.flores@deped.gov.ph

Boxing

	Name	School	Division	Contact Numbers	Email Ad
1.	Jerwin D. Arpia	Buenaventura Alandy NHS	Tayabas City	09095607757	jerwin.arpia@deped.gov.ph
2.	Gerald B. Tacujan	Jacobo Z. Gonzales MNHS	Bifan City	09516642646	gerald.tacujan001@deped.gov.ph
3.	Orlando C. Bautista	Tala National High School	Batangas	09062567135	orlando.bautista003@deped.gov.ph
4.	Ronald N. Ibardeola	Paliparan III Senior High School	Dasmariñas City	09953689613	ronald.ibardeola@deped.gov.ph
5.	Meryann V. Flores	Rosario Quezada MNHS	Tayabas City	09089077758	meryann.flores@deped.gov.ph

Pencak Silat

	Name	School	Division	Contact Numbers	Email Ad
1.	Judy Ann D. Layog	Pulo National High School	Cabuyao City	092224140879	judyann.dimafelis@deped.gov.ph
2.	Michael Angoluan	Pulo National High School	Cabuyao City	09062576329	michael.angoluan@deped.gov.ph
3.	Gwen S. Plaza	Gov. Felicisimo T. San Luis ISHS	Laguna	09264132599	gwen.plaza@deped.gov.ph

Wrestling

	Name	School	Division	Contact Numbers	Email Ad
1.	Renato Dapena	San Roque NHS	Antipolo City	09125062378	renato.dapena@deped.gov.ph
2.	Divine Grace A. Alipala	Southville 4 NHS	Santa Rosa City	09177859993	divine.alipala@deped.gov.ph
3.	John Carlo D. Isaac	Los Baños NHS	Laguna	09168273142	johncharlo.isaac@deped.gov.ph
4.	Edvie Diaz	Southville INHS	Cabuyao City	09461154173	edvie.diaz@deped.gov.ph

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RS No. <u>DMOI-21-1</u>	Route Date _____	Route Time _____ (mm/dd/yy) (hh/mm)
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☐ ARD R.L. Fuentes 01A-OARD To: The Chiefs ☐ Mr. J. S. Zape, Jr. 02-CLMD ☐ Ms. E. M. Zapanta 03-ESSD ☐ Mr. M. R. Alba 04-FTAD ☐ Engr. E. O. Libranda 05-QAD ☐ Dr. L.E. Osmeña 06-HRDD ☐ Dr. V. M. Nama 07-PPRD ☐ Ms. A. T. Pelias 08-AD ☐ Ms. M. L. Gloria 09-FD ☐ _____	<u>Please:</u> ☐ RUSH/Expedite Action ☐ Appropriate Action ☐ Disseminate ☐ Comment/s Recommendation ☐ Review ☐ Verify ☐ Confer with me ☐ Draft Reply/Memo/Endorsement ☐ Attend/ Comply ☐ Handle/ Information
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Remarks: _____

Thank You!
Mabuhay!
God Bless!

WILFREDO E. CABRAL
Regional Director



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OUA MEMO 00-1220-0215

MEMORANDUM

11 December 2020

**For: Regional Directors
Minister of Basic, Higher, and Technical Education, BARMM
Schools Division Superintendents
Regional Sports Officer
All Others Concerned**

**Subject: SECOND SERIES OF THE NATIONAL VIRTUAL ORIENTATION
ON THE USE OF DEPED SPORTS MANUAL**

The Office of the Undersecretary for Administration (OUA) and the Bureau of Learner Support Services-School Sports Division (BLSS-SSD) developed and produced the **DepEd Sports Manual** for each of the 27 sports in **Palarong Pambansa**. As an initial phase of its rollout, the first series of the **National Virtual Orientation on the Use of the DepEd Sports Manual** was conducted on 17 November – 03 December 2020 through OUA Memo 00-1120-0105.

In this connection, the second series of the said **orientation shall be conducted from 12 January to 06 February 2021 via Zoom** (Kindly refer to the attached schedule of the orientation per sport). The target participants are Physical Education (PE) teachers and school sports officers/coordinators. **Only five (5) participants per sport from each of the 17 regions shall be accommodated.**

All concerned are enjoined to authorize the resource persons listed in the attachment and the participants to be identified by the regional sports officers (RSOs) to attend the virtual activity. Moreover, the resource persons and participants must secure authority from their respective supervisors/heads of office, and if necessary, arrange for a substitute to take over the school chores in their absence. For reference and guidance, the electronic copies of the DepEd Sports Manual may be accessed at www.bit.ly/DepEdSportsManual.

For questions and concerns, please contact **Mr. James Julius Liquigan**, Project Development Officer III of BLSS-SSD, through **(02) 8632-0260** or email at blss.ssd@deped.gov.ph.

ALAIN DEL B. PASCUA
Undersecretary



Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

**NATIONAL VIRTUAL ORIENTATION ON THE USE OF THE
DEPED SPORTS MANUAL (BATCH 2)**
Schedule of the Orientation per Sport

EVENT	Date/ Time	Resource Persons	Office/School
Billiards	Jan 12, 9-11 a.m.	Paul Gamaliel R. Aguilar	Pedro E. Diaz HS, SDO-Muntinlupa
		Hermes C. Dela Cruz	Payao NHS, SDO-Negros Occ.
Chess	Jan 13, 9-11 a.m.	Herardo F. Manahan	Dalagan ES, Oriental Mindoro
		Emmanuel Galanza	San Isidro Village ES SDO- Laguna
Gymnastics (Men's Artistic)	Jan 14, 9-11 a.m.	Jose Luna	Agusan Pequeno NHS Pagatpatan Campus, Butuan City
		Celso Mayol	Paknaan NHS
Gymnastics (Women's Artistic)	Jan 16, 9-11 a.m.	Amelia B. Bergonia	San Andres ES, Santiago City
		Maite H. Adolfo	Cataingan NHS, Cataingan West, Schools Division of Masbate
Gymnastics (Rhythmic)	Jan 19, 9-11 a.m.	Russel John M. Ronquillo	Diosdado Macapagal Memorial HS Schools Division of Pampanga
		Kris Joy J. Leeping	Negros Occidental HS
Swimming	Jan 20, 9-11 a.m.	Rosalie G. Roxas	Victorias National HS
		Leo Sanchez	Division of Jolo, Sulu
Bocce	Jan 21, 9-11 a.m.	Ma. Josella D. Velasco	Paaralang Pag-Ibig At Pag-Asa Int. SPED Center, San Pablo City
Goalball	Jan 23, 9-11 a.m.	Corazon Salvador	Phil. National School for the Blind, Pasay
Badminton	Jan 26, 9-11 a.m.	Rolando M. Selga	San Bartolome HS SDO-Quezon City
		Rafael Nicolas P. Dionisio	Marcelo H. Del Pilar NHS City of Malolos
Basketball	Jan 27, 9-11 a.m.	Michael Franc SD. Fresnoza	Academic SHS of the City of Meycauayan, City of Meycauayan
		Donald T. Academia	Manuel A. Roxas HS, SDO-Quezon City
Sepak Takraw	Jan 28, 9-11 a.m.	Ma. Teresa S. Hallegado	SDO-South Cotabato
		Joel G. Sabado	Bartolome Sangalang NHS SDO-Nueva Ecija
Softball	Jan 30, 9-11 a.m.	Emily O. Careon	Casimiro A. Ynares Sr. Memorial NHS, SDO-Rizal
		Delia P. Acuña	San Isidro NHS, SDO-Rizal
Volleyball	Feb 02, 9-11 a.m.	Penelope May D. Atip	Flora A. Ylagan High School SDO-Quezon City
		Mark Lee C. Sarmiento	Talbak HS, SDO-Bulacan
Boxing	Feb 03, 9-11 a.m.	Alex bertillo	Rawis NHS, SDO-Albay
		Francis Sinadjan	Macasandig NHS
Pencak Silat	Feb 04, 9-11 a.m.	Emmar Z. Progelia	San Roque NHS, SDO-Navotas
		Ar-jay L. Guzman	Tangos NHS, SDO-Navotas
Wrestling	Feb 06, 9-11 a.m.	Nesmar John S. Arizala	Granada NHS-Ballesteros Extension, SDO-Iloilo
		Julius C. Dadizon	J.D. Garcia ES, SDO-Biliran

