



Children and Youth
Wellness Technical and
Advocacy Center
(CYWTAC)

Received: Joseph
10/20/14
6124

7 October 2014

THE REGIONAL DIRECTOR
Department of Education (DepEd)

Dear **Hon. Director**:

Greetings of Peace!

Schools can play a powerful role in preventing any forms of abuse in children, their teachers as well as the whole community. Researches clearly shows that attachment to school and student participation in conventional activities and institutions help protect people of all ages. Research also shows that certain types of classroom-based prevention programs can produce at least modest reductions in student alcohol, tobacco and other drug use and abuse. Experts in prevention agree that prevention strategies should be comprehensive and encompassing to all stakeholders.

After numerous requests from teachers to conduct an abuse-prevention workshops, two of the most active community-based DSWD licensed child-advocate organizations, Bantay-Bata 163 Bicol in partnership with the Children and Youth Wellness Technical & Advocacy Center (CYWTAC), Inc, organized the 1st ever **NATIONAL SEMINAR-WORKSHOP ON COMPREHENSIVE ABUSE PREVENTION PLANNING FOR SCHOOLS & INSTITUTIONS** this coming December 4-6, 2014 at The ADC Hotel, Naga City, Camarines Sur.

The main workshop theme for this learning journey will be:

- Theme 1: *The Why's of Comprehensive Abuse Prevention Plans in Schools*
- Theme 2: *Abuse Prevention Strategies for Children*
- Theme 3: *Anger Management for Teachers*
- Theme 4: *Emotion Management for Administrators*

In this connection, may we once again request for your support by endorsing this workshop to **public school elementary and secondary teachers, counselors, principals, supervisors, school heads, administrators and student coordinators**. The organizer will limit the number of participants for the total interactive climate of this academic learning endeavour.

A registration fee of Four Thousand Pesos (P4, 000.00) will be collected to include the meals, kits, lectures notes, workshop materials and certificate.

First payment, first reservation scheme will be applied. Confirmation of attendance should only be made until November 28, 2014. Participants are encouraged to pay their registration fee via


bank deposit at any Banco de Oro (BDO) Branches, Account Name: Children & Youth Wellness Technical & Advocacy Center (CYWTAC), Inc., Account Number: **4250-1491-56**.

Scanned Deposit forms may be sent for confirmation via **(telefax)** 052-480-0353/472-7667 or **(text)** 0906-4084-960 (Globe)/0922-8670-941 (Sun) or **email** at: **cywtac_legazpi@yahoo.com.ph**

Hoping for your support.

Respectfully yours,


MS. MAE E. CAMPOSANO
Program Manager
Bantay Bata 163 Bicol


MS. MAE-ANN B. BONAFE
Workshop Secretariat Head
CYWTAC, Inc

COMPREHENSIVE ABUSE PREVENTION PLANNING FOR SCHOOLS & INSTITUTIONS

December 4-6, 2014

Eight Secret Spices, The ADC Hotel
Magsaysay Avenue corner Cotmon II, Naga City

PROGRAM

Day 1 (December 4, 2014)

| | | |
|---------------|---|--|
| 8:00 - 9:00 | - | Registration Socialization |
| 9:00 - 9:30 | - | Opening Program |
| 9:30 - 11:30 | - | Theme 1: <i>The Why's of Comprehensive Abuse Prevention Plans in Schools</i> |
| 11:30 - 12:30 | - | Lunch Break |
| 1:00 - 3:00 | | Continuation of Theme 1 |
| 3:00 - 4:00 | | Workshop & Plenary |

Day 2 (December 5, 2014)

| | |
|--------------|--|
| 8:00 - 11:30 | Theme 2: <i>Abuse Prevention Strategies for Children</i> |
| 11:30 - 1:00 | lunch Break |
| 1:00 - 4:00 | Theme 3: <i>Anger Management for Teachers</i> |

Day 3 (December 6, 2014)

| | |
|---------------|---|
| 8:00 - 11:00 | Theme 4: <i>Emotion Management for Administrators</i> |
| 11:00 - 12:00 | Plenary |
| 12:00 - 1:00 | Closing Program |



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THE REGIONAL DIRECTOR

Department of Education (DepEd)

Dear Hon. Director;

Greetings!

Many Psychosocial Professionals will agree that children, teens and adults need more innovative ways to express rather than "talk therapy" alone. What our clients need now are caring professionals, with non-threatening helping-strategies, to empower emotional literacy and in turn allow guided-healing. Expressive therapy is a perfect way to allow people to communicate difficult thoughts and feelings through various artistic mediums.

Expressive Arts Therapy is a non-invasive, participatory approach to wellness by using various "art making" modalities. Expressive arts therapy uses the expressive arts—movement, art, music, writing, sound, and improvisation—in a supportive setting to facilitate growth and healing. It is a process of discovering the self through any art form that comes from an emotional depth.

The *Children and Youth Wellness Technical and Advocacy Center (CYWTAC), Inc.*, the first non-government organization to advocate for the integration of Expressive Arts in the Philippines organized a special **5 days live-in workshop** on expressive arts therapy entitled: "**Heart-to HeART 5: Expressive Arts as a Psychosocial Intervention**" showcasing four (4) sensory-based and aesthetic focused therapeutic modalities namely: ***Art Therapy, Therapeutic Dancing, Therapeutic Photography and Bibliotherapy*** this coming DECEMBER 15 - 19, 2014 (5 days) at **SOS Childrens Village- Hermann Gmeiner National Training Center, Brgy. San Carlos, Lipa City**. This very rare workshop is open to Social Workers, Counselors and other psychosocial professionals working with children, teens and adults.

The following registration rate applies for this workshop (inclusive of **accommodation and meals for the 5 days workshop, kits, workshop materials and training certificate**)

Early Bird Registration: P 7,000.00 (October - November 2014)

On Site: P 8,000.00 (December 1-12)

To maximize the seminar workshop, we will limit the number of participants to only **fifty (50), so first payment; first reservation slot policy will be applied.**

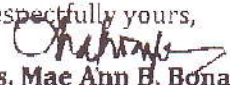
In this connection, may we once again request for your support by endorsing this workshop to **Public and Private Guidance Counselors.**

Participants are encouraged to pay their registration fee via bank deposit at any Banco de Oro (BDO) Branches, Account Name: Children & Youth Wellness Technical & Advocacy Center (CYWTAC), INC., Account Number: 00-4250-1491-56.

Should you have queries Sir/Madam, please feel free to contact us in any of the following contact details:
052-4800353 (telex)/ 0906.4084.960 (Globe)/ 0922.8670.941 (Sun) ; Email:
cywtac_legazpi@yahoo.com.ph.

Thank you and more power to DepEd!

Respectfully yours,


Ms. Mae Ann B. Bonafe
Workshop Secretariat Head

PROGRAM

Day 1 (Dec. 15, 2014)

- 8:00-10:00 - Registration
Assignments of Accomodation
- 10:00-12:00 - Settling Down
- 1:00-4:00 - Introduction to Expressive Arts

- Day 2 (Dec. 16)** - Art Therapy
(Dr. Marylendra A. Penetrante)

- Day 3 (Dec 17)** - Therapeutic Dancing
(Mr. Raymund Marcaida)

- Day 4 (Dec 18)** - Therapeutic Photography
(Charism Z. Sayat)

- Day 5 (Dec 19)** - Bibliotherapy
(Dr. Marcia Corazon P. Rico)
Closing Program